

Experience

Parks & Recreation Winter Spring 2026



Hilton-Parma

January - May



Recreation Department Info

Contact Info & Registration

Visit Us:

www.hprecreation.org
59 Henry St., Hilton, NY

Call Us:

585-392-9030
Mon.-Fri., 8:00 a.m. - 4:30 p.m.

Program Refund Policy

If Hilton-Parma Recreation cancels a class; a full refund, credit or make-up class will be offered. All other refund requests must come directly to the Hilton-Parma Recreation Office in writing at least five days prior to the program start date. Refunds are subject to approval by the Director and a service charge of 10% on transactions of \$300 or less and 5% on transactions over \$300. Any issued refund checks may take up to 3-5 weeks to process. Programs requiring advanced purchase of tickets or services may not be refundable unless your space is filled.

Experience Team

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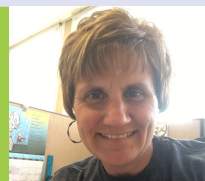
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Sources of Strength 5K Color Run/Walk - See Page 16 for Details

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A Message from the Director

Dear Friends and Neighbors,

Happy New Year! Also, is it summer yet? It feels like winter came early this year and it's far from over. To all our snowmobiling, skiing, snowboarding, and snow-loving friends... my apologies, but unlike Elsa (from a loving dad of a Disney Princess), the cold does bother me.

As we kick off a new year, I hope you were able to join us for some of the great moments we shared this past fall. We were thrilled to take part in Apple Fest with the addition of a rock-climbing wall, host our Halloween Celebration on Halloween (and turn terrible weather into a fun and safe indoor spook-tacular), and once again light up the season with Hilton's Holiday on Main Street. I also want to send a heartfelt thank you to the many community members who helped make the holidays brighter for so many local youth by supporting our Angel Tree in partnership with the Hilton Emergency Food Shelf. In just 16 days, our community came together to provide gifts for 112 children, serving 36 families. Your generosity continues to remind us why Parma is so special.

This fall, we were also proud to celebrate some of the incredible people who make our department and community shine, which the entire team does. Assistant Recreation Director Ryan Rockefeller was named Hilton High School's Friend of Education, recognizing his tireless support of students and educators and his ongoing commitment to strengthening connections between our schools and recreation programs. In addition, Phil Smith, Parks Foreman, was honored with the NYSRPS Good Guy Award, a prestigious statewide recognition following his earlier regional award. Phil's dedication, reliability, and selfless service to our community embody the very best of our profession.

2025 was also a year of major milestones. We officially opened The Bark Yard, our new dog park, and it has been nothing short of a hit, full of wagging tails and smiling owners every day. We also spent part of the year working through the development of the Parma Town Park Site Master Plan, and we are incredibly grateful to everyone who took time to complete the community survey and share their vision.

Looking ahead, this Winter-Spring Experience Guide is filled with opportunities for all ages to stay active, connect with neighbors, and make memories. We are also counting down to the opening of our highly anticipated Sprayground at Parma Town Park, with a target opening date to be announced later this winter. Also, our nation will celebrate its 250th Anniversary this year, and we're hard at work planning something truly special. From an extra-memorable Summer Smash to partnerships with community organizations, we're committed to honoring our past with you all.

With that I urge you to bundle up, flip through the guide, and join us for another season of fun. Here's to a great start to 2026 and warmer days ahead... eventually!

Thomas Venniro, Director of Parks and Recreation



Parma's Summer Smash



FOOD TRUCKS

FROM AROUND
THE COUNTY



📍 **WHERE**

PARMA TOWN
PARK

GRAND FINALE!

LIVE MUSIC



Pre-School & Early School-Age

PEE WEE SPORTS -HP REC COACHING TEAM

FILLS
FAST

Introduce your child to sports in a fun, supportive setting! Our Pee Wee programs, led by Coach Ryan and staff, focus on building motor skills through age appropriate games, activities, and instruction. With teamwork and confidence at the center, not competition, kids stay active, learn fundamentals, and have fun. Parental involvement is required.

WHO: Ages 3-5 (must be accompanied by an actively participating responsible adult)

WHERE: Village Elementary School, HJ Gymnasium

WHEN: Tennis: Tuesdays, March 3 – March 17
(3 Classes)

Baseball: Tuesdays, April 14 – May 5
(4 Classes)

TIME: 6:15 p.m. – 7:00 p.m.

COST: Tennis: \$50 per participant

Baseball: \$60 per participant

NOTE: Each participant will receive a t-shirt and starter equipment. This is not a drop off program and attending adult participation is required.

HORSEBACK RIDING LESSONS

-MANITOU HILL FARMS

FILLS
FAST

Western-style lessons. Please bring a carrot or apple each week. Proper footwear and pants are required. Helmets are provided. **Please refrain from bringing siblings to class due to safety precautions.

WHO: Ages 3-8: An introductory class. Parental assistance is needed to lead the horse; consistency with the adult preferred.

WHERE: Manitou Hill Farms, 662 Manitou Road

WHEN: Tuesdays, May 5 - 26

TIME: 6:00 p.m. – 6:30 p.m. OR
6:30 p.m. – 7:00 p.m.

COST: \$150 per participant, per session

NOTE: Classes are limited to 4 participants and a minimum of 3 is needed.



TODDLER TIME PLAYROOM

FREE

Come enjoy our play room set up with tumbling mats, shapes, gliders, table games, and books where kids can come together and socialize. See flyer on page 7!

WHO: Ages 6 months-4 years with an adult

WHERE: Village Community Center, Room 203

WHEN: Tuesdays & Thursdays

TIMES: 9:00 a.m. – 11:00 a.m.

COST: FREE-Please sign in daily

NOTE: Children must be supervised. Please call to confirm the room is open. Admission will be granted on a first come, first serve basis. Should our room reach capacity, attendees will be granted 30 minutes of play based on order of arrival.

PARTY TIME FACILITY RENTALS

HP Rec is excited to offer Saturday party time options from 11:00 a.m.-1:30 p.m., 2:00 p.m.-4:30 p.m., or 11:00 a.m.-4:30 p.m. Schedule your next party with us at the Community Center!

COST: Basic Party Time Package
\$110 for 2 ½ hour rental
\$185 for 5 ½ hour rental
Plus \$80 cash security deposit

For an additional rental cost, we can provide access to our Toddler Play Room and equipment such as gym balls, sports equipment, etc.

NOTE: Payment is due upon confirmation of rental date and deposits are due two days prior to rental date.

REGISTER EARLY!

Nothing prevents a program from running more than late registrations. Please register early to assure a class runs and you have a space.



Come Out and Play!

H.P REC. Presents

TODDLER TIME PLAY ROOM

Established
March 2023

FREE
Ages
1-4



Tues. & Thurs.
9:00 - 11:00 a.m.

Bring your toddler, ages 1-4 to our
newly renovated playroom!



COMMUNITY CENTER

59 Henry Street, Hilton, N.Y

Drop In Anytime!

Attendee Notes:

Shoes Must be Removed

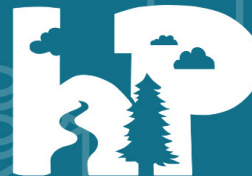
Socks are Required

Food is Prohibited

Play Space Capacity Limited

- **PLAY MATS**
- **TABLE TOYS**

- **TUNNEL**
- **GLIDERS**



Out of School Recreation



FULL DAY RECESS ACTIVITY DAY CAMPS

Join our Hilton-Parma Recreation staff as we engage kids with fun activities during school vacation days. Please bring lunch, two snacks, and a water bottle. Each day may include gym time, group activities, trips, or crafts. Before camps start, you will receive an e-mail with more details for each day. Space is limited.

WHO: Children grades K-6 (To be divided into age appropriate groups)
WHERE: Village Community Center, Room 204
TIME: 8:00 a.m. - 5:30 p.m.

**FILLS
FAST**

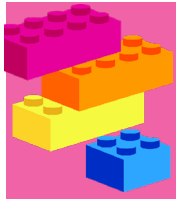
FEBRUARY RECESS CAMP

WHEN: Monday, February 16 – Rochester Museum and Science Center Trip
Tuesday, February 17 – USTA Tennis (Home Day)
Wednesday, February 18 – Sledding at Mendon Ponds Trip
Thursday, February 19 – LEGO Fun (Home Day)
Friday, February 20 – Memorial Art Gallery & Strasenburgh Planetarium Trip
COST: \$245/resident or \$270/non-resident all five days discounted rate
\$45/resident or \$50/non-resident per home day
\$60/resident or \$65/ non-resident per trip day

SPRING RECESS CAMP

WHEN: Monday, March 30 – Kitchen Creations (Home Day)
Tuesday, March 31 – Money Mastery with the Summit Federal Credit Union (Home Day)
Wednesday, April 1 – Parma Public Library & Jose Joe's Trip
Thursday, April 2 – Horizon Fun FX Trip
Friday, April 3 – Seneca Park Zoo Trip
COST: \$245/resident or \$270/non-resident all five days discounted rate
\$45/resident or \$50/non-resident per home day
\$60/resident or \$65/ non-resident per trip day

2025-26 Before & After School



Kid's Zone

BEFORE & AFTER SCHOOL

RECESS DAYS

BEFORE AND AFTER SCHOOL PROGRAM

Similar to HP Rec Recess and Summer Camps, the Before and After School Resource (B&AR) program offers a safe and fun environment for Hilton students before and after school. It is the program's mission to provide affordable, enriching, fun and safe out of school options for families. The program features and promotes positive supervision, socialization, crafts, enrichment programming and physical activity. Space is very limited and registration for this program is separate and independent from our recess activity camp programs. Call our office registration details.

WHO: Elementary Grade Children in the Hilton Central School District

WHERE: Village Community Center, 59 Henry Street

WHEN: Monthly during the 2025-2026 school year

TIME: Before Care: 7:00 a.m. - 8:30 a.m.

After Care: 3:00 p.m. - 6:00 p.m.

COST: Before Care: \$150/month

After Care: \$285/month

NOTES:

- There will be no pro-rating based on the amount of days per week care is needed.
- Registration will be taken on a first come first serve basis as space is limited.
- Program follows District's calendar for days off, most half-days are covered with extended hours.

SESSIONS MAY BE
FULL. REGISTRATION
FOR 2026-2027 WILL OPEN
THIS SPRING

UPK B&AR (BEFORE & AFTER SCHOOL RESOURCE) PROGRAM:

Hilton-Parma Recreation is once again offering a wrap-around recreational program housed at Village Elementary, for students enrolled in a Village Elementary UPK sessions, between the hours of 7:30 am and 5:00 pm. This program will be in its 8th successful school year, it is the program's mission to provide an affordable, enriching, fun, and safe before, during & after school option for families. The program features amazing staff, structured open-play curriculum, positive socialization, crafts, enrichment, and physical activities. If space is available, students from non-Village Elementary UPK sessions are welcome; however, there is no transportation provided to and from their UPK class site and Village Elementary.

WHO: Children enrolled in UPK at Village Elementary School (With Mrs. Ladue, Mrs. Crane, or Mrs. Kirsch)

WHERE: Village Elementary School, 100 School Lane

WHEN: Monthly during the 2025-2026 school year

TIME: Before School Care: 7:30 a.m. - 8:30 or 8:45 a.m.

During School Care (AM): 8:30 a.m. - 12:00 p.m.

During School Care (PM): 11:00 a.m. - 2:30 p.m.

After School Care Option 1: 2:15 or 2:30 p.m. - 3:45 p.m.

After School Care Option 2: 3:45 p.m. - 5:00 p.m.

COST: Before School Care: \$150/month

During School Care (AM and PM): \$475/month

After School Care Option 1: \$180/month

After School Care Option 2: \$180/month

NOTES:

- Families can choose any or all options based on their needs, and must provide lunch if applicable.
- There will be no pro-rating based on the amount of days per week care is needed.
- Sign up as soon as possible; no later than the session minimum registration deadline of April 30.
- Sessions will run only if minimum enrollment is met.
- Registration will be taken on a first come first serve basis as space is limited.
- Children MUST be potty trained.

SESSIONS MAY BE
FULL. REGISTRATION
FOR 2026-2027 WILL OPEN
EARLY THIS SPRING

Youth Programs & Leagues

HILTON-PARMA PARKS & RECREATION

SUMMER CAMP 2026

INFO COMING SOON!



YOUTH FLOOR HOCKEY LEAGUE

Looking for some exciting, fast-paced fun!? Come Join HP Rec for another great season of indoor floor hockey. Teams will play a 6-game season with all games and practices scheduled on Saturday mornings. Volunteer coaches will coordinate the teams and games. Please register early; team size and divisions are dependent on registration numbers and available space.

WHO: Rookie Division: Grades K-2
Sophomore Division: Grades 3-4
Varsity Division: Grades 5-8
WHERE: Merton Williams School, Gymnasiums
Locations are Subject to Change
WHEN: Saturdays, April 11 - May 16
TIME: Rookie Division: 8:30 a.m. - 9:30 a.m.
Sophomore Division: 9:40 a.m. - 10:40 a.m.
Varsity Division: 10:50 a.m. - 11:50 a.m.
Times are Subject to Change
COST: \$90/resident, \$95/non-resident
NOTE: Teams are coached by volunteers. Parental involvement as coaches and officials is crucial for these leagues to operate. Please indicate if you're willing to coach upon registration.

SPRING FISHING DERBY

- ROCHESTER BASSMASTERS

**FILLS
FAST**

As winter fades away and the snow melts, it's time to grab your fishing gear and welcome the start of a new season with the 10th Annual Fish Derby, hosted by Rochester's Bassmasters! Bring the whole family out for an afternoon of fun! You'll not only reel in great catches but maybe even a few tips from the pros themselves. Prizes will be awarded as stated in the notes below.

WHO: Age Groups 3-6, 7-10, 11-16
WHERE: Parma Town Park, Hess Pavilion/Pond
WHEN: Saturday, May 16
TIME: 10:00 a.m. - 12:00 p.m.
COST: \$10 per participant
NOTE: Pre-registration is required. Bait will be provided. Please bring your own pole. Prizes will be awarded to the winner of each age group and the overall winner for the largest fish or "Lunker."

**FILLS
FAST**

Program fills up
quickly, don't wait
to register

FREE

Free to take part:
registration may
still be required

NEW

A new program
or event for this
season

Get in the Game!

ROCHESTER AMERICANS HOCKEY NIGHT WITH HP REC

Join Hilton-Parma Recreation for an exciting hockey night out as the Rochester Americans take on the Toronto Marlies! The first 15 kids registered will have the exclusive opportunity to stand on the Amerks bench during warm-ups! Tickets will be emailed to those who purchase them, so please ensure your email address is up to date when registering.

WHO: All Ages
WHERE: Blue Cross Arena, 100 Exchange Boulevard, One War Memorial Square
WHEN: Friday, March 13
TIME: Game-time 7:05 p.m.
Gates Open 1-Hour Prior to Game-time
COST: \$19 per ticket, per person
Digital Tickets Will be Emailed
NOTE: ****A minimum of 50 registrants is required for this promotion to be activated.**



KARATE FOR YOUNG BEGINNERS -STEVE OZMINKOWSKI AND JASON KNAPP

Come join us to learn the basics of Karate in a friendly, family-oriented setting. Classes include physical conditioning, basic movements (blocks and strikes) and real world applications for the self-control that comes with training. Wear loose-fitting clothing.

WHO: Ages 5 & older
WHERE: Village Community Center, Room 208
WHEN: Tuesdays & Thursdays,
February 3 - March 12 (12 Classes)
TIME: 4:30 p.m. - 5:15 p.m.
COST: \$105 per participant
NOTES: Sensei Steve holds a 6th Degree Black Belt, and Sensei Jason holds a 3rd Degree Black Belt in Isshin Ryu. We ask that students wear comfortable clothes they can move around in, along with having a clean pair of sneakers. Parents are not required to stay and watch but are encouraged to do so. Parents are required to be present at the first class to sign additional waivers.

HP REC YOUTH BASEBALL AND SOFTBALL NIGHT WITH THE RED WINGS

Join your teammates on Friday, June 12 for a special night at Innovative Field as we celebrate our Little League Baseball and Softball programs with the Rochester Red Wings. This exciting event includes a pregame on field parade featuring all league teams. Two hundred level tickets are purchased through the Recreation Office and will be emailed to you prior to game day. First pitch is at 6:45 pm, and fireworks will follow the game. Additional details about the on field parade will be emailed to all registered participants during the week of the event.

WHO: All - Baseball and Softball Players are invited for a pre-game on field parade
WHERE: Innovative Field, One Morrie Silver Way
WHEN: Friday, June 12
TIME: Game-time 6:45 p.m. - Parade Time TBD
COST: \$12 per ticket, per person (200 Level)
NOTE: Deadline to purchase tickets is June 8

REGISTER EARLY!

Nothing prevents a program from running more than late registrations. Please register early to assure a class runs and you have a space.



Youth Programs

JUMPING GYMNASTICS

-ANDREA BALDWIN, HEATHER ANTOLICK,
NATE MORDENGA

NEW

This program teaches Gymnastics for students at all skill levels, beginner through intermediate! The class focuses on building coordination, motor skills, and body awareness, as well as strength and confidence!

WHO: Ages 2-12
WHERE: Village Elementary School, JU Gymnasium
WHEN: Session I: Mondays, Jan. 26 - February 23
(No Class 2/16)
Session II: Mondays, March 2 - March 23
Session III: Mondays, April 6 - April 27
TIME: Based on Age Range Below:
Ages 2-5: 4:00 p.m. - 5:00 p.m.
Ages 5-7: 5:00 p.m. - 6:00 p.m.
Ages 8-12: 6:00 p.m. - 7:00 p.m.
COST: \$57 per participant, per session

JUMPING GYMNASTICS

PRIVATE LESSONS

-ANDREA BALDWIN, HEATHER ANTOLICK,
NATE MORDENGA

NEW

This program is designed to accompany standard Jumping Gymnastics Classes on Monday evenings. Our instructors have reserved time each week to provide additional support for our students who may need it. Additional times may be available on Monday evenings, contact your instructor for more details. Private lessons are available as individual sessions.

WHO: Existing Jumping Gymnastics Participants
WHERE: Village Elementary School, JU Gymnasium
WHEN: Mondays, Jan. 26 - April 27
(No Lessons 2/16 & 3/30)
TIME: 7:00 p.m. - 8:00 p.m.
COST: \$43 per participant, per 30-minute session
\$64 per participant, per 45-minute session
\$86 per participant, per 60-minute session

REGISTER EARLY!

Nothing prevents a program from running more than late registrations. Please register early to assure a class runs and you have a space.



JUMPING GYMNASTICS

HOMESCHOOL PROGRAM

-ANDREA BALDWIN, HEATHER ANTOLICK,
NATE MORDENGA

NEW

This program teaches Gymnastics for Homeschool students. The class focuses on building coordination, motor skills, and body awareness, as well as strength and confidence!

WHO: Homeschool Students Ages 5-12
WHERE: Village Elementary School, JU Gymnasium
WHEN: Session I: Mondays, Jan. 26 - February 23
(No class 2/16)
Session II: Mondays, March 2 - March 23
Session III: Mondays, April 6 - April 27
TIME: 2:00 p.m. - 3:00 p.m.
COST: \$72 per participant, per session



HP REC ELEMENTARY

BOOK CLUB

-HP REC & PARMA PUBLIC LIBRARY

NEW

Join HP Rec in fostering a love of reading for your elementary school students. Participants will choose a themed book to check out at each monthly meeting. They will then read the book throughout the month and come to the next meeting ready to share their thoughts and exchange the book for one in the next theme.

WHO: Grades K-6
WHERE: Village Community Center, Room 204
WHEN: Book Pick-Up: January 15 - January 28
Club Meeting Dates:
Thursday, January 29
Thursday, February 26
Thursday, March 26
Thursday, April 23
TIME: 6:00 p.m. - 7:00 p.m.
COST: FREE

FREE

Let's Learn Together!

RED CROSS BABYSITTER TRAINING

-READY TO RESPOND, LLC

This course is designed for students ages 11-16 to learn about the business of babysitting. Topics will include how to care for infants and toddlers in addition to first aid skills. Upon completing the course, students will receive a Red Cross Certificate. Each student is required to bring a bag lunch and provide an individual email on the day of the program.

WHO: Ages 11-16
WHERE: Village Community Center, Room 102
WHEN: Session I: Wednesday, February 18
Session II: Tuesday, March 31
TIME: 9:00 a.m. - 1:30 p.m.
COST: \$90 per participant, per session

SAFETY 1ST FOR CHILDREN

-READY TO RESPOND, LLC

This course is designed for students ages 7-13 years old. Topics covered will include: Phone safety, internet safety, home alone safety, house rules and emergency procedures. Upon completion the course each student will receive a certificate and a bag of resources.

WHO: Ages 7-13
WHERE: Village Community Center, Room 102
WHEN: Session I: Wednesday, February 18
Session II: Tuesday, March 31
TIME: 2:30 p.m. - 4:00 p.m.
COST: \$40 per participant, per session

GIRLS FLAG FOOTBALL PRESEASON CAMP

This is a 3 day camp run by the Hilton Girls Varsity Flag Football Staff designed to work on the defensive and offensive skills used to be successful in the game of flag football. This camp will also work on training for speed, quickness, agility and strength during fun competitive activities. This camp will also be an opportunity to install our offensive and defensive system, while also developing team work through team bonding activities.

WHO: Girls grades 7-12
WHERE: Hilton High School, Gymnasium
WHEN: Monday, March 2 - Wednesday, March 4
TIME: Grades 7-9: 5:30 p.m. - 7:00 p.m.
Grades 10-12: 7:30 p.m. - 9:00 p.m.
COST: \$50 per participant, per session
NOTE: Each camper will receive a t-shirt.



HORSEBACK RIDING LESSONS

FILLS
FAST

Western-style lessons. Please bring a carrot or apple each week. Proper footwear and pants are required. Helmets are provided. **Please refrain from bringing siblings to class due to safety precautions.

WHO: Ages 3-8: An introductory class. Parental assistance is needed to lead the horse; consistency with the adult preferred.
WHERE: Manitou Hill Farms, 662 Manitou Road
WHEN: Tuesdays, May 5 - 26
TIME: 6:00 p.m. - 6:30 p.m. OR
6:30 p.m. - 7:00 p.m.
COST: \$150 per participant, per session
NOTE: Classes are limited to 4 participants and a minimum of 3 is needed.

WHO: Ages 8-17: Learn about grooming and tacking, in addition to riding.
WHERE: Manitou Hill Farms, 662 Manitou Road
WHEN: Tuesdays, May 5 - 26
TIME: 7:15 p.m. - 8:15 p.m.
COST: \$200 per participant, per session
NOTE: Classes are limited to 4 participants and a minimum of 3 is needed.

HORSEBACK RIDING MINI CAMP

Mini camp is fun for both beginner and intermediate riders. Give your child a horse-riding experience without a long commitment. Come and enjoy the opportunity to learn about horses and properly care for them. No experience is necessary.

WHO: Youth ages 8 and older
WHERE: Manitou Hill Farms, 662 Manitou Road
WHEN: Monday, March 30
TIME: 9:00 a.m. - 12:00 p.m.
COST: \$60 per participant, per session
NOTE: Classes are limited to 10 participants and a minimum of 5 is needed.

Family Programs/ Special Events



Creating Community Experiences



SAVE-THE-DATE

Annual Community-Wide

GARAGE SALE

9am-5pm • June 5 & 6 • All Around Town!



6TH ANNUAL

CLAMS & BANDS

SATURDAY, JUNE 6

4:00 P.M. - 8:00 P.M.



LIVE PERFORMANCE:

TBA

Family Programs/ Special Events

FAMILY SWEETHEART BALL

FILLS
FAST

Get ready to create unforgettable memories at the Annual Hilton-Parma Rec Sweetheart Ball! Dress to impress and enjoy an evening packed with excitement, including a live DJ spinning your favorite tunes, tasty snacks and refreshments, a fun craft activity hosted by Parma Public Library, and plenty of photo opportunities. The fun doesn't stop there—join the ultimate dance-off with Peanut the Puppy and see who will take home the crown as we name our King, Queen, Prince, and Princess of the Ball! Pre-registration is required, so don't wait—secure your spot today!

WHO: All ages (Children 2 and under are FREE)
WHERE: Village Community Center
WHEN: Friday, February 13
TIME: 6:00 p.m. - 8:00 p.m.
COST: \$10 per person (adults and children)
NOTES: Space is limited so register fast.



DINNER WITH THE EASTER BUNNY

AND CHECKERS THE INVENTOR
EGG-STRAORDINARY SHOW

FILLS
FAST

Get ready to hop, laugh, and celebrate—because the Community Center will be bursting with Easter excitement on April 2nd! Join the Easter Bunny, his friends, and the high-energy “Checkers the Inventor” for a one-of-a-kind Easter celebration packed with fun and surprises. Families and kids of all ages will be delighted by Checkers’ fast-paced, interactive performance featuring comedy, magic, wacky inventions, and plenty of audience participation. The evening also includes a delicious dinner, a hands-on craft with the Parma Public Library, and unforgettable photo opportunities with our special guests. Space is limited, so be sure to reserve your table and select your meal early. Pre-registration is required—don't miss the hoppin'est party of the season!

WHO: All ages (Children 2 and under are FREE)
WHERE: Village Community Center, Room 114
WHEN: Thursday, April 2
TIME: 6:00 p.m. - 7:45 p.m.
COST: \$10 per person (adults and children)
NOTES: Space is limited to only 90 people, so register fast. When registering for the event please register everyone attending and be sure to make a food selection. If you would like to sit with another family, please make sure to note it upon registration.



HILTON ROTARY EASTER EGG HUNT

FREE

Get ready for an egg-citing adventure! This Easter Egg Hunt kicks off right at 9:00 a.m. sharp, so be sure to arrive at least 15 minutes early. You don't want to miss out on the fun! But wait, there's more! A Petting Zoo will be on-site as well, so come snuggle some adorable animals before the hunt begins and then again after! Need a morning boost? A Coffee Truck will be serving up delicious drinks because parents need fuel, too!

WHO: Children up to age 10
WHERE: Parma Town Park
WHEN: Saturday, April 4
TIME: 8:45 a.m. suggested arrival time
COST: FREE - beverages available for purchase

Celebrate Together!



SOURCES OF STRENGTH FLEX YOUR STRENGTH MENTAL HEALTH AND WELLNESS 5K COLOR RUN/WALK

SOURCES OF STRENGTH 5K COLOR RUN/WALK

Celebrate Mental Health Awareness Month as HP Rec teams up with the Sources of Strength 5K Color Run—a vibrant, uplifting event designed to promote positive mental health, physical activity, and community connection. Join us on Saturday, May 30, as we hit the trail with all ages and abilities. Check-in begins at 9:00 a.m., with the official run kicking off at 10:00 a.m. Starting and finishing at the Community Center, participants will follow Old Hojack Trail to the High School and back. After the race, enjoy vendors, prizes, and activities back at the Community Center. With its festive bursts of color, this run symbolizes positivity, resilience, and unity—bringing together residents, local organizations, and surrounding school districts to shine a light on mental well-being. Come be part of a meaningful, memorable, and joy-filled event!

WHO: All ages
WHERE: Check-in at Village Community Center
WHEN: Saturday, May 30
TIME: Check-in at 9:00 a.m.
Race Starts at 10:00 a.m.
COST: TBA - Registration through RunSignup

CLAMS AND BANDS

-CLAMBAKE AND CONCERT WITH THE ROTARY CLUB

FREE

To kick-off Summer we are inviting you all to enjoy a clambake and double feature concert. In addition to steamed clam dinners, hot dogs, hamburgers, sausage, fries, nachos, ice cream, and beverages will be available for purchase! Experience this fun and FREE event in partnership with the Hilton Rotary Club. Clams will be sold until supplies last.

WHO: All members of the community are invited
WHERE: Parma Town Park
WHEN: Saturday, June 6
TIME: 4:00 p.m. - 8:00 p.m.
BAND 1: 4:00 p.m. - 6:00 p.m. - TBA
BAND 2: 6:00 p.m. - 8:00 p.m. - The Kid Kurry Band
COST: FREE - food/beverage available for purchase
Cash only for clams and Rotary vending

ANNUAL COMMUNITY-WIDE GARAGE SALE

Be a part of our annual Community Garage Sale as a seller or shopper this year on Friday, June 5 and Saturday, June 6. To be included as a seller you must submit your name, phone number, and sale property address to our office via phone at 392-9030 or email at mwilliams@parmany.org. Ads with an interactive Google Map including all participating addresses will go out via email, Town websites, HP Rec social media pages, and local area garage sale Facebook groups during the weeks leading up to the sale. Don't miss out on this great opportunity to sell or buy some unwanted treasures!

WHO: All members of the community are invited
WHERE: Community-Wide
WHEN: Friday & Saturday, June 5 & 6
TIME: 9:00 a.m. - 5:00 p.m. each day
COST: FREE
TO SELL: Sellers must submit their name, e-mail address, phone number, and sale property address to our office via phone at 392-9030 or email at mwilliams@parmany.org by June 1.
MAP: A link to a Google map with sale addresses will be available the week prior to the sale to help shoppers plan their shopping experience!

**FILLS
FAST**

Program fills up quickly, don't wait to register

FREE

Free to take part: registration may still be required

NEW

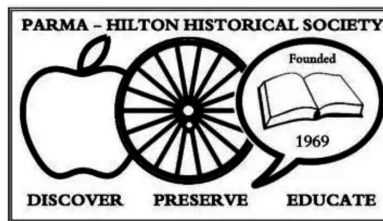
A new program or event for this season



2025 Sponsors & Partners



Post 788



Hilton Applefest
Auto Show



Thank You!

Wegmans

MICHAEL LEE 🏠 WCI REALTY



Michael Lee
Licensed Real Estate Salesperson
Cell: (585) 749-2165 | Fax: (585) 723-8197
Michael@wcirealty.com

WCI
Realty
A DIVISION OF WEGMANS COMPANY, INC.

2450 W. Ridge Road
Suite 308 | Rochester, NY 14626
WCirealty.com

SPICE OF LIFE

PRODUCTIONS LLC.



2026 Summer Smash

Parma's Summer Smash & Food Truck Rodeo

Parma's Summer Smash is the most vibrant celebration in Parma! This signature event brings our community together for an unforgettable evening of outdoor fun, promising a dynamic blend of entertainment, delicious food, and community spirit. With a HUGE Food Truck Rodeo, live music performances, an activity zone for all ages, community vendors, and the largest FIREWORKS/DRONE SHOW in Parma, this event is the highlight of the summer – and it's all free for our community to enjoy, thanks to the generous support of local businesses.

As a valued partner, your business will not only enhance the quality and reach of our event but also play a meaningful role in promoting a higher quality of life for our community. By sponsoring Parma Summer Smash, you will enjoy exclusive visibility and engagement opportunities, reaching thousands of attendees and demonstrating your commitment to making a difference in our community.

Event Title Sponsor

* \$10,000 (Exclusive)

Top Billing as Our Main Event Sponsor

- Your business or organization name will headline the event, ensuring your brand stands out to thousands of attendees.

Prominent Banner Placement on the Center Stage

- Showcase your business or organization with a large, front-and-center banner on the main stage, ensuring maximum visibility throughout the event.

Exclusive Drone Show Branding (NEW!)

- Elevate your brand to new heights! Your logo will be prominently featured during the highly anticipated drone show, capturing the attention of the crowd in a dazzling, unforgettable display.

Feature Placement on All Event Advertising & Marketing

- Gain brand visibility on all event flyers, posters, banners, digital advertising, and promotional materials distributed across our community and online.

Social Media Shout-Outs

- Benefit from our active social media presence with dedicated posts recognizing your business or organization, reaching an extended audience both locally and beyond.

On-Stage Verbal Recognition

- Our hosts will highlight your brand throughout the event, giving you direct recognition in front of all attendees.

Opportunity for On-Site Engagement

- Set up a booth or showcase a display to engage directly with event-goers, distribute samples, or offer special promotions.



Sponsorship Opportunities!

Parma's Summer Smash & Food Truck Rodeo



✱
\$3,000

PREMIER Community Partner

- Top-Tier Logo Placement on all event advertising, marketing materials, and digital promotions
- Prominent Signage Placement near the main stage or high-traffic event area
- Multiple Social Media Spotlights leading up to and following the event
- On-Stage Verbal Recognition during peak event moments
- Dedicated Pre-Event Email Feature highlighting your business to our subscriber list
- Opportunity for On-Site Engagement (table, activation, or giveaway)
- Post-Event Thank-You Promotion across social media and digital platforms

✱
\$1,500

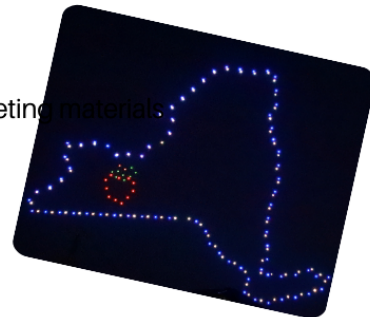
SUPPORTING Partner

- Logo Placement on event advertising, marketing materials, and digital promotions
- Signage Placement near the stage or another visible event location
- Social Media Shout-Outs before and after the event
- On-Stage Verbal Recognition
- Opportunity for On-Site Engagement (space permitting)
- Post-Event Thank-You Promotion

✱
\$500

COMMUNITY Friend

- Logo Placement on select event advertising and marketing materials
- Social Media Shout-Out
- On-Stage Verbal Recognition
- Post-Event Thank-You Promotion



Reach out to Ryan Rockefeller at rockefeller@parmany.gov for more information!

The Bark Yard Dog Park

THE BARK YARD AT PARMA TOWN PARK

Get ready to unleash the fun! The Bark Yard at Parma Town Park is a brand-new, off-leash dog park designed to provide a safe, playful, and enriching space for dogs and their owners to enjoy the outdoors together. Whether you're tossing a ball, training your pup, or just enjoying the company of other community members, The Bark Yard is a tail-wagging good time for all.

Location: 1300 Hilton Parma Corners Rd. - Best accessed via the South Park Entrance off Route 259

This fully fenced-in, 1-acre dog park is thoughtfully designed with two separate play areas:

Large Dog Area: ~¾ acre

Small Dog Area: ~¼ acre

Features & Amenities:

- Expansive open space with mature shade trees
- Eight dog-friendly play equipment obstacles
- Seven dog waste stations
- Water station
- Four benches for owners to relax
- A lighted pavilion with tables, perfect for personal items, taking a break, or socializing with fellow dog lovers

Registration and Access:

- The Bark Yard is proudly operated in partnership with the [Monroe County Dog Park System](#).
- To use the facility, you must be registered through the Monroe County Dog Park program.
- [Click here for more information or to complete your registration](#)
- Registration requires proof of vaccinations and a nominal \$24 annual fee. Once registered, you'll receive an access control badge, giving you entry to The Bark Yard and all other [Monroe County Dog Parks](#). Please complete [registration](#) before visiting with your dog(s).

Rules & Regulations:

- Hours of operation: 7:00 a.m. to dusk (this changes with the season)
- Each dog visiting must be a registered member of the Monroe County Dog Parks.
- Entrance will only be allowed to those in possession of a valid Monroe County Dog Parks swipe card, tag for each dog and paper copy of their permit(s).
- Dogs must wear their up-to-date Monroe County Dog Parks tag.
- All people entering the dog park must have completed an acknowledgment of the Rules.
- If you feel you, your dog(s), or others are in any danger or are injured while using the dog park, contact law enforcement and emergency services.
- [Click here to view a full list of Dog Park Rules & Regulations](#)

Community-Built, Community-Proud

This park was built primarily through the efforts of our internal team, with tremendous support from our community. We gratefully acknowledge New York State and NYS Assembly Member Josh Jensen (134th District) for providing \$50,000 in member item funding to support this project.



Fun for Our Four-Legged Friends



Adult Programs

LAP SWIM & WATER WALKING

Take advantage of this opportunity to enjoy one of the world's greatest exercises; swimming and water walking. Lane lines will be put into the water to accommodate all swimmers.

WHO: Ages 18 & older
WHERE: Merton Williams School, Aquatic Center
WHEN: Tuesdays and Thursdays - ongoing
Closed on school recess days & swim meets
TIME: Please visit our website for times as they may fluctuate slightly.
COST: \$4 cash/check per person paid at the door

LINE DANCING

-DAVID INTERLICCHIA

Join us for a fun instructional line dance class. Country and other styles of music will be played. It doesn't matter if you have been dancing for a long time or are a beginner, this will be a fun dance class for all.

WHO: Ages 16 & older
WHERE: Village Community Center, Gymnasium
WHEN: Mondays, March 2 - April 20
TIME: 6:15 p.m. - 7:15 p.m.
COST: \$45 per participant
NOTE: David Interlicchia is an Instructor/Director at Dance Biz and instructs all styles of dance. He has been teaching line dance in the area for over 30 years.

FIREARMS SAFETY

-ROGER JESTEL

FREE

Firearm safety is important and to ensure your safety as well as your loved ones if they ever come in contact with a firearm, then this class is the one you will want to attend. The object of this course is to teach the basic knowledge, skills, and attitude necessary for the safe handling and storage of firearms and ammunition in the home.

WHO: Ages 10 & older
WHERE: VFW Lodge, 550 Peck Road
WHEN: Thursday, March 12
TIME: 6:30 p.m. - 8:00 p.m.
COST: FREE - pre-registration is required
NOTE: Roger is a certified NRA instructor and range safety officer.

OVER 30 ADULT BASKETBALL

Less intense, open men's basketball pick-up games. Our site supervisor is there every night to ensure quality play. Pre-registration is required! Non-registered participants will not be allowed to play.

WHO: Ages 30 & older
WHERE: Merton Williams School, Gymnasium
WHEN: Tuesdays, January 20 - April 7
(No Basketball 2/17 & 3/31)
TIME: 7:30 p.m. - 9:00 p.m.
COST: \$50 per player
PRE-REGISTRATION IS A MUST

NOTE: There are no changing or shower facilities, so come dressed and ready to play. Throughout the session time and location of play may fluctuate due to facility availability.



MONEY MADE SIMPLE:

INVESTING 101

-BRENDAN EVANS

NEW

Financial Advisor Brendan Evans and his team serve a diverse clientele of more than 150 client households across 12 states. Brendan believes money should be a tool that supports the life you want—not something that controls it. His mission is to help individuals use their finances intentionally, creating peace of mind today and confidence for the future.

WHO: Ages 18 & older
WHERE: Village Community Center, Room 102
WHEN: Tuesday, February 10
TIME: 6:00 p.m. - 7:00 p.m.
COST: FREE - pre-registration is required

FREE

Enjoy A Hobby with HP Rec

LEARN TO CROCHET

- SARAH KURUCZ

Learn the basics of crocheting. We'll talk about how to start and finish projects. Students will walk away with a "swatch" and a level of confidence to branch off on their own.

WHO: Ages 16 & older
WHERE: Village Community Center, Room 102
WHEN: Tuesday, February 10
TIME: 6:00 p.m. – 8:00 p.m.
COST: \$35 per participant, includes starter kit
NOTE: Do you have a goal or dream project? Bring a photo along to share and we can discuss the skills needed to make it a reality.

CROCHET 102

- SARAH KURUCZ

NEW

Learn to increase, decrease, and work in "rounds." Basic knowledge of crocheting is appreciated but not required.

WHO: Ages 16 & older (confident beginners)
WHERE: Village Community Center, Room 114
WHEN: Thursday, March 12
TIME: 6:00 p.m. – 8:00 p.m.
COST: \$40 per participant, includes all supplies
NOTE: Do you have a goal or inspiration? Bring it to class and we can discuss the skills needed to achieve your dream! If you have a particular hook you like working with, please feel free to bring it with you.

CROCHET WITH BEADS

BEADED BRACELET

- SARAH KURUCZ

NEW

Come learn to crochet a bracelet with wire and beads. All supplies are provided.

WHO: Ages 16 & older (confident beginners)
WHERE: Village Community Center, Room 114
WHEN: Tuesday, April 14
TIME: 6:00 p.m. – 8:00 p.m.
COST: \$50 per participant, includes all supplies



SCRAPFEST

- HOLLY McNAIR, CREATIVE MEMORIES

Scrapbookers, Crafters, Cardmakers, etc! Come work on your photo projects, paper crafting or card making by having this full day to yourself. A door prize opportunity will be available for everyone who attends and one grand prize will be given out. Bottled water, coffee, soda and light snacks will be provided. Please feel free to bring your own lunch or order take-out.

WHO: Ages 16 & older
WHERE: VFW Lodge, 550 Peck Road
WHEN: Session I: Saturday, February 7
Session II: Saturday, May 30
TIME: 9:00 a.m. – 4:00 p.m.
COST: \$20 per participant, per session



Adult Programs

CELEBRATE YOUR SPECIAL OCCASSION
AT THE COMMUNITY CENTER

PARTY TIME! FACILITY RENTALS

Saturdays Time Slots Perfect For:

- Birthday Parties
- Showers
- Family Celebrations
- More!

NEW: Ask about Toddler Play Room Parties!



PARTY TIME FACILITY RENTALS

HP Rec is excited to offer Saturday party time options from 11:00 a.m.-1:30 p.m., 2:00 p.m.-4:30 p.m., or 11:00 a.m.-4:30 p.m. Schedule your next party with us at the Community Center!

COST: Basic Party Time Package
\$110 for 2 ½ hour rental
\$185 for 5 ½ hour rental
Plus \$80 cash security deposit

For an additional rental cost, we can provide access to our Toddler Play Room and equipment such as gym balls, sports equipment, etc.

NOTE: Payment is due upon confirmation of rental date and deposits are due two days prior to rental date.

AARP SMART DRIVER'S COURSE

-DAVID COON

This is a refresher course designed to meet the needs of motorists over 50 years of age. Participants do not need to be a member of AARP to register.

WHO: Ages 50+
WHERE: Village Community Center, Room 114
WHEN: Wednesday, May 6 & Friday, May 8
1:00 p.m. - 4:00 p.m.

COST: \$25 for AARP members
\$30 for non-members

NOTE: Payment by money order or check only made payable to AARP on the day of class. Please bring your driver's license along with your AARP membership card to the class.

FRIENDS OF HILTON-PARMA PARKS & RECREATION

The Friends of Hilton-Parma Parks & Recreation engage the public to advocate for and advance the preservation, conservation, improvement and development of the Hilton-Parma Parks & Recreation system to enhance the community's well-being and enjoyment of recreational programs, services, and facilities. The Friends strive for the development and improvement of Town of Parma Parks & Recreation programs, services, and facilities; to engage in fund raising activities; to purchase or otherwise acquire objects, equipment and supplies for the benefit of Hilton-Parma Parks & Recreation; and to otherwise support the Department for the benefit of the public. If you are interested in becoming a 'Friend', please message us on www.facebook.com/FriendsofHPParksandRec.



Hit the Yoga Mat!

GENTLE HATHA YOGA FLOW FOR EVERY BODY, EVERY AGE

-CARRIE MACRILLO

This All-levels class offers a nurturing blend of Hatha, Yin, Restorative yoga, meditation, and breathwork to help you connect deeply with your mind, body, and spirit. With a focus on mindful movement and inner awareness, you'll explore gentle poses and longer-held stretches that release tension, calm the nervous system, and promote balance.

This program is perfect for beginners, seniors, or anyone seeking a slower, more grounding practice. This class provides options and modifications for every body. Props will be available to support and enhance your experience, allowing you to move with ease and comfort. You'll leave feeling centered, restored, and renewed.

WHO: Ages 18 & older

WHERE: Village Community Center, Room 208

WHEN: Monday Options

Session I: Mondays, January 5 - February 9
(No Class 1/19)

Session II: Mondays, February 23 - March 23
(No Class 2/16)

WHEN: Thursday Options

Session I: Thursdays, Jan. 8 - February 19
(No Class 1/15 & 1/22)

Session II: Thursdays, Feb. 26 - March 26

WHEN: Friday Options

Session I: Fridays, January 9 - February 20
(No Class 1/16 & 1/23)

Session II: Fridays, February 27 - March 27

TIME: 9:30 a.m. - 10:30 a.m.

COST: \$70 per participant, per session
\$15 per participant, per single drop in class

MIND OVER MAT VINYASA FLOW YOGA

-AMANDA OKOLOWICZ

Join Amanda from Mind over Mat for a 60 minute Vinyasa yoga class. During class, you will focus on your breath as a way to move through the different poses. Vinyasa Yoga is a light-intensity cardiovascular workout. It is a great way to build strength, flexibility, and mindfulness. All levels, including beginners are welcome. Walk-ins are available upon request.

WHO: Ages 14 & older

WHERE: Village Community Center, Room Below

WHEN: Monday Options, Gymnasium

Session II: Mondays, Feb. 2 - February 23
(No Class 2/16)

Session III: Mondays, March 2 - March 23

Session IV: Mondays, March 30 - April 20

TIME: 7:30 p.m. - 8:30 p.m.

WHEN: Friday Options, Room 208

Session II: Fridays, Feb. 6 - February 27
(No Class 2/13 & 2/20)

Session III: Fridays, March 6 - March 27

Session IV: Fridays, April 3 - April 24

TIME: 6:30 p.m. - 7:30 p.m.

COST: \$20 per participant, per class

Full session or drop in registration available

NOTE: It is recommended that you bring your own yoga mat, water, sweat/hand towel and dress in comfortable layers. Essential oils may be used in class.

CHAIR YOGA

-CARRIE MACRILLO

Chair Yoga Stretch, Strength and Balance are a safe and fun way to incorporate yoga practices using both seated and optional standing postures. It gives you the same benefits of traditional yoga, while providing additional support and stability from the chair. A foundational, therapeutic practice that promotes balance, strength and flexibility. We will incorporate breath and posture awareness along with relaxation techniques.

WHO: Ages 18 & older

WHERE: Village Community Center, Room 208

WHEN: Session II: Thursdays, Jan. 29 - March 5

Session III: Tuesdays, Feb. 17 - March 17

TIME: Session II: 10:45 a.m. - 11:45 a.m.

Session III: 9:30 a.m. - 10:30 a.m.

COST: Session II: \$38 per participant, per session

Session III: \$30 per participant, per session

NOTE: Late registrations are accepted & pro-rated.



Hilton-Parma Senior Center

The Town of Parma provides a variety of programs for the Senior Citizen population. To be eligible to take part in most senior programs, individuals should be at least age 55.

LUNCH CLUB 60

AT THE HILTON-PARMA SENIOR CENTER

Are you looking to enjoy nutritious meals, good company and a friendly atmosphere? Then come dine at "The Hilton"! See our monthly calendar or newsletter for a schedule of activities and menu available at the Recreation Office. Each Tuesday, lunch is followed by Bingo at approximately 1 p.m.

WHO: Ages 60+
WHERE: Village Community Center, Room 114
WHEN: Nutritious meals served through Monroe County Office of the Aging every Tuesday
TIME: Meals served at 12:00 p.m.
COST: Suggested contribution of \$3.50 for meals no one is refused a meal if unable to pay.
NOTE: Pre-registration required as meals are ordered 10-14 days in advance. Call 392-9030 to register or for menu information.

SENIOR CITIZEN EXPRESS

Take advantage of our transportation service for seniors residing within the Town of Parma.

CENTER TRANSPORTATION - Town drivers are available to transport seniors to and from select Senior Center functions. (\$2 round-trip)

SHOPPING TRANSPORTATION - Wednesdays are set aside for transporting seniors to pre-determined destinations. Destinations have included Walmart, Kohl's, Tops, Dollar Tree, Aldi, etc. (\$2 round-trip).

NOTE: Reservations are necessary as we have a limited number of available seats. Call 392-9030 to register or for information including schedule.

JOIN OUR OTHER FUN GROUPS!

For information regarding other popular programs such as Euchre, Bridge, Pinochle, and Penny Poker, be sure to call our office or check our website.

MEALS AND A SHOW

Come join us for a fun evening of good food, good entertainment, and good friends! These are gatherings you truly do not want to miss. Meals are catered by the Arlington Restaurant in Hilton.

WHO: Ages 55+
WHERE: Village Community Center, Room 114
WHEN & TIME: Wednesdays as follows:
January 28: Chicken French Meal
Entertainment by The Reverend Mother
Meal served at 1:00 p.m.
February 25: Shepherd's Pie Meal
Entertainment by Rick & Bob
Meal served at 2:00 p.m.
March 11: Irish Meal
Entertainment by Dave North
Meal served at 2:00 p.m.
April 22: FREE Hilton Rotary Ham Dinner
Food Shelf donation item is required
Meal served at 4:00 p.m.
COST: \$13 per person, includes meal, dessert and entertainment.
NOTE: Door open 30 minutes prior to meal start time. Reservations are required. Transportation is available for \$2 round trip.

BINGO

Join us weekly with no supplies needed. Sit with your friends and enjoy snacks and drinks, all while listening to Bingo numbers being called. B-2; N-31; I-17; O-66...Bingo! Boards will be sold between 12:30 - 12:50 p.m. A regular board contains three games for \$0.15 each and Jackpot games are \$0.25. At times, soda & bottled water and coffee are offered for \$0.25, while complimentary snacks are offered by bingo participants. If you would like to bring in a snack, pre-packaged snacks are encouraged!

WHO: Ages 55+
WHERE: Village Community Center, Room 114
WHEN: Tuesdays
TIME: 1:00 p.m. - 3:30 p.m.
COST: \$0.15 per board, per game (up to 3)
\$0.25 per jackpot board (up to 3)

Let US Entertain You!



PRESENTING WITH PIZZA

Join us on this monthly program where we have a local presenter speak about an interesting topic or history followed by a full pizza lunch. All presentations include lunch consisting of one piece of pizza, tossed salad, fruit and drink.

WHO: Ages 55+
WHERE: Village Community Center, Room 114
WHEN: Mondays as follows:
January 26: From Flight Deck to Senior Center with Gene Benson
February 23: Crime Victim Specialist
March 9: Ground Truth with Dan Caster
April 13: Travelogue of Holland
May 18: Songs and Stories of the Civil War
TIME: 10:30 a.m. – 12:30 p.m.
COST: \$5 per person speaker fee, per date
NOTE: Pre-registration is required. The fee collected is put towards our presenter fees, while a suggested contribution of \$3.50 towards lunch can be accepted on the day of the lunch.

2026 SENIOR DAY TRIPS

FILLS
FAST

Hilton-Parma Recreation will be offering a number of day trip opportunities in 2026 for those ages 55 and older. These trips are subsidized by the Town of Parma; therefore, only Town of Parma residents are eligible for a subsidized rate, however, non-residents may attend and pay a non-resident fee if space is available after a resident only registration period. Call 392-9030 or visit us online for additional trip information, registration procedures, or to register online. The full 2026 schedule and registration procedures will be available in April.

NUTRITION CLASSES

-ALYSSA VANVALKENBURG

FREE

Join Cornell Cooperative Extensions Nutrition Educator, Allyssa VanValkenburg, for monthly nutrition classes. Classes cover the unique needs of older adults. Topics will focus on important subjects like eating healthy on a budget, how nutrition affects bones and joints, heart health, and the importance of physical activity and more. Many times, a food demo is presented.

WHO: Ages 55+
WHERE: Village Community Center, Room 114
WHEN: Thursdays, April 23, May 14, June 4
TIME: 11:00 a.m. – 12:00 p.m.
COST: FREE
NOTE: Pre-registration required for each session.

CHAIR VOLLEYBALL

Sit, Serve, and Have a Ball! Looking for a fun way to stay active, socialize, and share a few laughs? Join us for Chair Volleyball, a seated spin on a classic favorite! This exciting, low-impact game is played with a beach ball and plenty of enthusiasm, making it perfect for all mobility levels.

WHO: Ages 55+
WHERE: Village Community Center, Gymnasium
WHEN: Session I: Mondays, Jan. 12 – March 30
Session II: Thursdays, Jan. 15 – March 26
Session III: Mondays, April 16 – May 18
TIME: 1:30 p.m. – 3:00 p.m.
COST: Session I: \$10 per participant, per session
Session II: \$11 per participant, per session
Session III: \$7 per participant, per session
NOTE: Pre-registration required for each session.



Hilton-Parma Senior Center

**FILLS
FAST**

AARP TAX SERVICE

FREE

AARP trained tax preparers will be on hand once again to prepare State and Federal income taxes for senior citizens. There is NO CHARGE for this valuable service, and all preparers are IRS trained. Confidentiality is assured, and returns are electronically filed.

WHERE: Village Community Center, Room 114

WHEN: Wednesdays & Fridays, by appointment
ONLY beginning February 4

TIME: Appointment times vary

COST: FREE - pre-registration is required

NOTE: LIMITED DATES REMAIN. Please call 392-9030 to schedule your appointment. Other details will be supplied upon scheduling your appointment.

COMPUTER SEMINARS

-DANIEL JONES

FREE

Whether you are brand new to technology or have been using it for years, you're sure to find a seminar that's right for you. Join us monthly for this chat!

WHO: Ages 55+

WHERE: Village Community Center, Room 114

WHEN: February 12: Understanding the Internet
March 12: Internet Security, Privacy, Safety
April 9: Digital Money Seminar
May 14: TV Today

TIME: 9:00 a.m. - 10:00 a.m.

COST: FREE - pre-registration is required

NOTE: Daniel Jones is an independent instructor providing older adults with computer, internet and social networking skills to enhance their lives and keep them connected. His computer courses and seminars break down the barriers of fear and intimidation often associated with learning new technology, providing elders with a greater understanding of the options and tools available through a patient, fun and easy-to-learn approach.



AARP SMART DRIVER'S COURSE

-DAVID COON

This is a refresher course designed to meet the needs of motorists over 50 years of age. Participants do not need to be a member of AARP to register.

WHO: Ages 50+

WHERE: Village Community Center, Room 114

WHEN: Wednesday, May 6 & Friday, May 8

TIME: 1:00 p.m. - 4:00 p.m.

COST: \$25 for AARP members
\$30 for non-members

NOTE: Payment by money order or check only made payable to AARP on the day of class. Please bring your driver's license along with your AARP membership card to the class.

DISH WITH A DEPUTY

-DEPUTY CLARKE

FREE

Join Deputy Nate Clark from Zone C of the Monroe County Sheriff's Office to sit and chat about anything and everything. This is a casual meet and greet session to ask questions - so get your list ready! This will be a monthly meeting to catch up on anything relevant that is happening in the community. Many good questions are asked - come join the interesting chat.

WHO: Ages 55+

WHERE: Village Community Center, Room 114

WHEN: Mondays, February 2, March 2, April 6

TIME: 10:30 a.m. - 11:30 a.m.

COST: FREE

NOTE: Pre-registration requested.

JIGSAW PUZZLES

Feel like doing a puzzle? Jigsaw puzzles are a great way to keep a mind active and strong and a great family-time project. Feel free to explore our puzzle collection in room 114. Return puzzles back to our office.

WHERE: Village Community Center

WHEN: Weekdays, visit our office upon arrival

TIME: 8:00 a.m. - 4:00 p.m.

COST: FREE

NOTE: Puzzle options can be offered to fit your desired size and image needs.

Keep Your Brain and Body Active!

JOIN OUR OTHER FUN GROUPS!

For information regarding other popular programs such as Euchre, Bridge, Pinochle, and Penny Poker, be sure to call our office or check our website.

FEATURE FILM WEDNESDAYS

FREE

Come enjoy a few hours of escape in our "Hilton Community Center Theater" as we show both classic and modern films. Bring a friend and enjoy a FREE monthly movie. Light refreshments and snacks will be provided. Bring a seat cushion if you would like.

WHO: Ages 55+
WHERE: Village Community Center, Room 114
WHEN: Wednesday as follows:
February 4: Nyad
March 4: Julia
April 8: TBA
TIME: 2:00 p.m.
COST: FREE
NOTE: Pre-registration is requested for planning. Films are subject to change.

CASEWORKER SERVICE

-STACIE, LIFESPAN

FREE

Schedule a visit with an Eldersource Care Manager from Lifespan, who comes with a vast amount of knowledge to help with many services such as: medical coverage, insurance, SNAP and many other areas of concern. Hours are 10:00 a.m. - 1:00 p.m. and appointments are preferred. Please call our office to make an appointment 585-392-9030.

WHO: Ages 55+
WHERE: Village Community Center, Room 102
WHEN: 1st Tuesdays of the Month
TIME: 10:00 a.m. - 1:00 p.m.
COST: FREE
NOTE: Please call to schedule an appointment.

REGISTER EARLY!

Nothing prevents a program from running more than late registrations. Please register early to assure a class runs and you have a space.



CHAIR YOGA

-CARRIE MACRILLO

Chair Yoga Stretch, Strength and Balance are a safe and fun way to incorporate yoga practices using both seated and optional standing postures. It gives you the same benefits of traditional yoga, while providing additional support and stability from the chair. A foundational, therapeutic practice that promotes balance, strength and flexibility. We will incorporate breath and posture awareness along with relaxation techniques.

WHO: Ages 18 & older
WHERE: Village Community Center, Room 208
WHEN: Session II: Thursdays, Jan. 29 - March 5
Session III: Tuesdays, Feb. 17 - March 17
TIME: Session II: 10:45 a.m. - 11:45 a.m.
Session III: 9:30 a.m. - 10:30 a.m.
COST: Session II: \$38 per participant, per session
Session III: \$30 per participant, per session
NOTE: Late registrations are accepted & pro-rated.



BALL DRUMMING

NEW

Cardio drumming is a rhythmic workout that combines drumming with cardiovascular exercise. Participants use large stability balls and drumsticks to beat along with music. This 30-minute workout (done sitting or standing) enhances cardiovascular health, coordination and balance while having fun. Check our website for more information, pricing, dates and times. Classes will be offered on Fridays.

Experience Parks & Recreation

ABOUT OUR DEPARTMENT

The administrative staff of the Parma Parks and Recreation Department is made up of full and part-time staff. They watch over the department operations with a support staff consisting of part-time year round employees, and roughly 50 seasonal employees. The department coordinates over 300 volunteers who provide roughly 8,000 hours of service yearly. The full-time staff are members of the NY State Recreation & Park Society, the Genesee Valley Recreation & Parks Society, the National Recreation & Parks Association, and Monroe County Office for the Aging.

In recent years, the Department was recognized by the Monroe County School System and HCSD as the 2025 Community Champion for Public Education, the HCSD as a 2024 and 2025 Friend of Education, and by the NY State and/or Genesee Valley Recreation and Park Societies receiving individual awards for 2025 Distinguished Professional (Ryan Rockefeller), 2025 Steven Fowler Good Guy (Phil Smith), 2025 Distinguished Citizen (Arthur Cosgrove), 2022 Outstanding Service (Tom Venniuro), 2021-2022 Young Professional (Kathleen Laskey), 2021 Distinguished Service (Tom Venniuro), 2020 ABCD (Sheila Steinorth), 2018-2019 Young Professional (Ryan Rockefeller), 2018-2019 Good Gal (Sherry Farrell), 2024 Outstanding Corporate Sponsor (Mike Lee, WCI), 2022-2023 Outstanding Corporate Sponsor (Pettinari's), and 2017-2018 Outstanding Corporate Sponsor (Caraglio's Pizza). Over the past decade, the Department has also been recognized for having an Exceptional Programs, Special Events, Park Amenities, Facility Designs, Multi-Media Efforts, and Marketing.



A SPECIAL THANKS

The Town of Parma would like to offer a special thanks to the Hilton Central School District, Administration, Transportation, and Buildings and Grounds for the use of their fine facilities and support services; the Village of Hilton for their efforts; the New York State Office of Children and Family Services; the Monroe County Office for the Aging for their financial support; hundreds of volunteers; and our local civic organizations, sport organizations and businesses for all of their support.



PARMA TOWN PARK

Located on Route 259 and sitting on 200+ acres of town property, the Parma Town Park offers year-round recreational opportunities. Facilities include: 8 baseball/softball diamonds (one with field lights), 2 sand volleyball courts, 4 lighted tennis courts, 2 lighted pickleball courts, 2 lighted basketball courts, 4 open air picnic pavilions with tables, 6 soccer fields, 2 multi-sport fields (one with lights), flush facilities, a 3/4-acre stocked pond with fishing dock, a 1-mile nature interpretive trail, a 1-acre Dog Park, a cross-country running course, a championship 18-hole disc golf course, one enclosed lodge, several other recreational venues, and plenty of parking. The park is maintained by the Town and is open to the public daily throughout the year. Parma Town Park is very popular and many families enjoy our vast facilities. Please drive slowly and cautiously. ENJOY YOUR PARK!

Town Park Hours are as Follows:

November - March	7:00 a.m. - Dusk
April - May	7:00 a.m. - 9:00 p.m.
June - August	7:00 a.m. - 10:00 p.m.
September - October	7:00 a.m. - 9:00 p.m.

PARKS & RECREATION COMMISSION

Linda Fowler - Chairperson	
Giuseppe Pettinari - Vice Chairperson	
Jamie Attoma	Kyle Menges
Arthur Cosgrove	Mary Ann Smith
Elaine DelVecchio	Larry Speer

TOWN BOARD

David Ciudo, Supervisor
Tod Ferguson
Daryl Maslanka
Michael Zillioux

VILLAGE BOARD

Joe Lee, Mayor
Sherry Farrell
Andrew Fowler
Larry Speer
Shannon Zabelny

Information

MISSION STATEMENT

The department's mission is to provide accessible, affordable, and quality leisure programs, activities, services, and facilities to all residents of our community regardless of race, gender, income, physical disabilities, creed or other barriers that would preclude participation, and to actively inform and educate residents about the role of the Hilton-Parma Parks Recreation Department. Furthermore, Hilton-Parma Parks and Recreation promotes the concept of fun, healthy and safe lifestyles and environments with the expectation there will be no use of illegal substances at our programs, events or facilities.

REGISTRATION PROCEDURES

Registration begins as soon as our brochure is released or when made available online. Non-residents may register for most programs, although non-resident dates and fees may apply. Registration may be completed by mail, drop-box, over the phone or online at www.hprecreation.org. Pre-registration is required unless otherwise noted. All fees are due and payable at the time of registration. We accept [Cash](#), [check](#), [Visa](#), [MasterCard](#) or [Discover](#). [Checks made payable to the "Town of Parma"](#).

REFUND POLICY

If Hilton-Parma Recreation cancels a class; a full refund, credit or make-up class will be offered. All other refund requests must come directly to the Hilton-Parma Recreation office in writing at least five days prior to the program start date. Refunds are subject to approval by the Director and a service charge of 10% on transactions of \$300 or less and 5% on transactions over \$300. Issued refund checks may take up to 3-5 weeks to process. Programs requiring advanced purchase of tickets or services may not be refundable unless your space is filled.

PARMA PAVILION AND VFW RENTALS

All persons/groups wishing to reserve use of the park picnic pavilions or VFW Lodge may obtain a permit from the Town Clerk's Office at the Parma Town Hall from 8:00 a.m. to 4:00 p.m., Monday-Friday. Rentals are handled on a first-come basis and subject to date change fee. Please see pricing details below. To inquire about availability or more information, please contact the Parma Town Clerk's Office at 392-9461.

<u>PAVILIONS:</u>	4 pavilions to choose from located at Parma Town Park
<u>PAVILION FEE:</u>	3 - 19 'x 36' and seats approximately 65 patrons \$75/resident \$150/non-resident 1 - 15 'x 25' and seats approximately 25 patrons \$50/resident \$75/non-resident
<u>VFW RENTAL RATES:</u>	\$285 + \$100 deposit occupancy is 99 patrons

PARTICIPATION WAIVER AND PHOTO RELEASE

I, the Participant and/or the undersigned parent/guardian of "the Participant" (a minor), do hereby consent to mine and my child's participation in the specified program(s), event(s) or reservation(s) held at the specified location [if applicable], on the specified dates [if applicable].

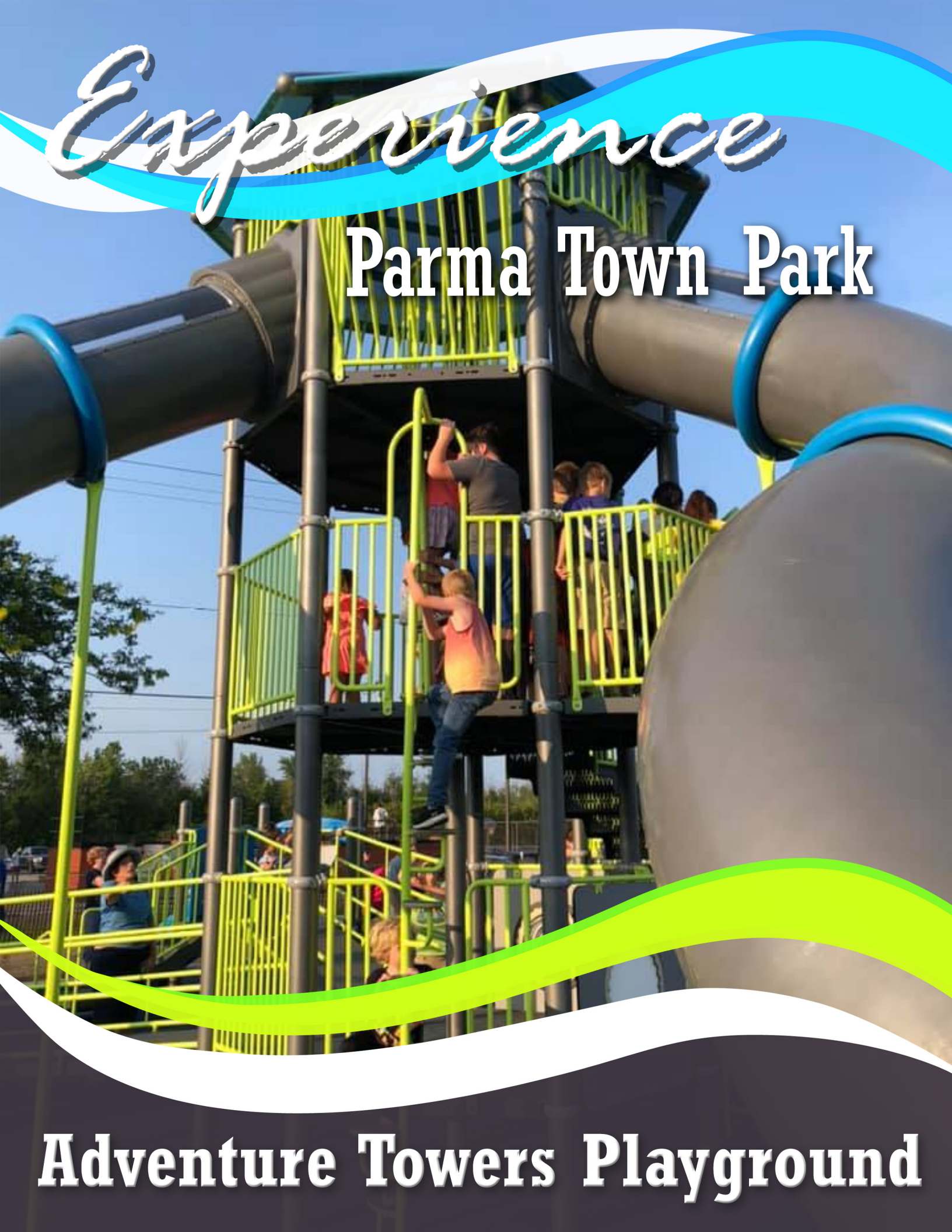
I understand that some of the activities in this program may involve rigorous physical activity and risks of injury or death. I also recognize mine and/or my child's participation in a program may result in the transfer of an illness or disease, including but not limited to COVID-19, which could result in severe illness, personal injury, permanent disability and/or death. In the event of an injury, I/We hereby give consent for emergency transportation and treatment for the participant. I hereby accept responsibility for the payment of any emergency transportation or treatment on behalf of the Participant. I further certify the Participant is in good physical condition and has no medical or physical conditions that would restrict his/her/my participation in the specified program(s), event(s) or reservation(s).

I agree to forever release the Town of Parma, Hilton-Parma Recreation Commission, Village of Hilton, Hilton Central School District, Employees thereof, supervisors, organizers, sponsors, volunteers and any other individuals assisting with the activities associated with this program ("the Releasees") from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries or illness to the Participant or property damage resulting from the Participant's participation in the specified program(s), event(s) or reservation(s).

I also promise, to indemnify, defend, and hold harmless the Releasees against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries or illness to the Participant or property damage resulting from the Participant's participation in the specified program(s), event(s) or reservation(s).

I further affirm that I have read this Consent and Release Form and that I understand the contents of this Form. I understand that the Participant's participation in this program is voluntary and that the Participant and I are free to choose not to participate in said program. By signing this Form, I affirm that I have decided to participate in and/or allow my child to participate in the specified program(s), event(s) or reservation(s) with full knowledge that the Releasees will not be liable to anyone for personal injuries, illness and/or property damage the Participant or I may suffer in the course of this program.

Occasionally, photos may be taken of participants in the programs, classes and activities, or of people in the town's parks. Please note these photos may be used in future brochures, websites, social media websites, pamphlets, flyers or news releases.



Experience

Parma Town Park

Adventure Towers Playground