

Experience

Parks & Recreation *Fall 2026*



Hilton-Parma

September - December



Recreation Department Info

Contact Info & Registration

Visit Us:

www.hprecreation.org

59 Henry St., Hilton, NY

Call Us:

585-392-9030

Mon.-Fri., 8:00 a.m. - 4:30 p.m.

Program Refund Policy

If Hilton-Parma Recreation cancels a class; a full refund, credit or make-up class will be offered. All other refund requests must come directly to the Hilton-Parma Recreation Office in writing at least five days prior to the program start date. Refunds are subject to approval by the Director and a service charge of 10% on transactions of \$300 or less and 5% on transactions over \$300. Any issued refund checks may take up to 3-5 weeks to process. Programs requiring advanced purchase of tickets or services may not be refundable unless your space is filled.

Experience Team

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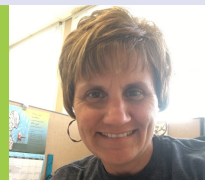
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2026 Summer Smash

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A Message from the Director

Dear Friends and Neighbors,

Welcome to fall! After a summer that seemed to bring plenty of heat, humidity, and more than its fair share of rain, the change of seasons may be welcomed. Cooler temperatures are on the way, along with football Sundays, comfort foods, farm season, changing leaves, and all of those things that make fall such a great time of year in our community.

Before we get too far into the season ahead, I want to take a moment to look back at what was an incredibly busy summer. We hope you were able to experience some of it with us through our many sports and enrichment camps, Summer Camp, Senior Trips, and so much more. One particular highlight was Northwest Care Day featuring the Flex Your Strength Mental Health and Wellness 5K Color Run, which welcomed more than 200 participants. This incredible partnership with the Hilton Central School District, Community Council of Churches, and Monroe County brought our community together around an important cause while creating a morning filled with activity, color, connection, and fun.

Summer also brought the new Summer Concert Series at the Gazebo, presented by the Village of Hilton, as well as our Movie Under the Stars featuring The Super Mario Galaxy Movie. And, of course, thousands of you joined us for our annual Parma Summer Smash and Food Truck Rodeo. We could not have asked for a more beautiful evening as our community came together for food, activities, live music, and plenty of summer fun, capped off by a patriotic pyro drone show honoring America 250 and our nation's 250th birthday.

Now it is time for some fall favorites! We cannot wait to welcome you back for our Halloween Celebration, featuring an incredible Trunk or Treat made possible by organizations and members throughout our community, and our Hilton Holiday Celebration on Main Street as we transition into the holiday season. We are also excited to introduce something brand new for our K9 friends. Bark in the Park Wellness Fest comes to the Bark Yard on Sunday, September 13, bringing together dogs, their people, and our community for a new experience centered around fun and wellness. More information can be found on pages 15 and 18.

Finally, thank you for your patience and excitement as we worked to complete our new Sprayground at Parma Town Park. This project has truly been a labor of love, with much of the site work completed by our very own Parks team. We are incredibly proud to see it come to life and excited for families to enjoy it for as long as the weather allows this year. We are looking forward to celebrating it officially with all of you at a grand opening in 2027.

As you explore this Experience Guide and everything the season has to offer, I want to close with a sincere thank you to our amazing Parks and Recreation team, our volunteers, our elected officials, our many community partners, and most importantly, all of you. Your participation, support, and enthusiasm are what make these experiences possible.

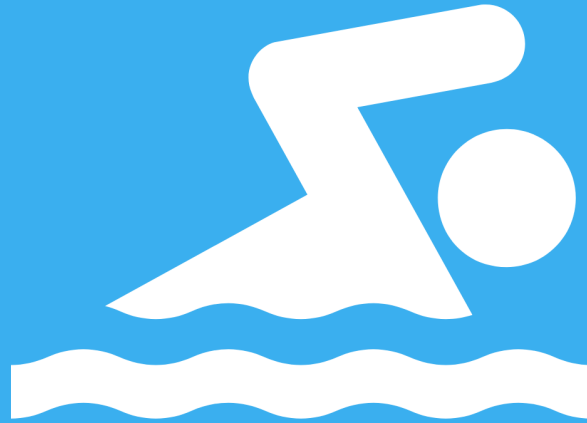
So, grab the hoodie, find something pumpkin flavored, and get out there and experience Parks and Recreation with us this fall. We cannot wait to see you!

Sincerely,

Thomas Venniro, Director of Parks and Recreation



Get Your Swim On this Fall!



ADULT OPEN LAP SWIM & WATER WALKING

\$4 PER PERSON, PER DATE
DROP-IN FEE PAID AT THE DOOR

MERTON WILLIAMS MIDDLE SCHOOL AQUATIC CENTER

TUESDAYS, ONGOING - 7:30-8:45 P.M.

THURSDAYS, ONGOING - 7:30 OR 8:00-8:50 P.M.

PLEASE VISIT WWW.HPRECREATION.ORG TO CONFIRM TIMES AND SWIM DATES

Pre-School & Early School-Age

PEE WEE SPORTS -HP REC COACHING TEAM

FILLS
FAST

This introductory program is designed to teach youth the basics of a specified sport along with the motor skills necessary to play. Each week the kids will learn through fun activities, parental involvement, and age-appropriate equipment. The program focuses on the fun of the game without the threat of competition or fear of failure. It is also geared towards our younger participants who are just starting out with sports. The program focuses on very basic skills and learning to master those skills through fun activities and instruction.

WHO: Ages 3-5 (must be accompanied by an actively participating responsible adult)
WHERE: Village Elementary School, HJ Gymnasium
WHEN: Football: Tuesdays, Sept. 22 – October 13
Tennis: Tuesdays, Nov. 10 – Nov. 24
Floor Hockey: Tuesdays, Dec. 1 – Dec. 15
TIME: Football: 6:15 p.m. – 7:00 p.m.
Tennis & Floor Hockey: 6:30 p.m. – 7:15 p.m.
COST: Football: \$60 per participant
Tennis & Floor Hockey: \$45 per participant
NOTE: Each participant will receive a t-shirt and starter equipment. This is not a drop-off program and attending adult participation is required.

TALKING TOTS CLUB -ALLI COLEMAN BURGER

NEW

Join us for an inclusive parent-child play group led by a licensed speech-language pathologist! This engaging program is designed to support early language development through evidence-based strategies, including music, sensory experiences, interactive book readings, structured play, and caregiver coaching. Each session provides families with practical techniques to encourage communication and language growth during everyday interactions. To conclude each session families will have time to share play in our toddler playroom!

WHO: Ages 6 months-4 years with an adult
WHERE: Village Community Center, Room 203
WHEN: Session I: Thursdays, September 17 – Oct. 8
(No Class 10/1)
Session II: Thursdays, October 22 – Nov. 12
Session III: Thursdays, Nov. 19 – Dec. 17
(No Class 11/26)
TIME: 5:00 p.m. – 6:00 p.m.
COST: \$18 per date or \$60 per session
NOTE: Sibling discount available

BUMPER BOWLING -PLEASURE LANES

Have a ball with this bumper bowling program. Pleasure Lanes has fun and animated scoring. Includes one game each week for 6 weeks with bowling shoes provided. Light instruction included with glow bowling and pizza party on the last week.

WHO: Ages 3-7
WHERE: Pleasure Lanes, 144 South Avenue
WHEN: Fridays, October 9 – November 13
TIME: 4:30 p.m. – 5:30 p.m.
COST: \$67 per participant
NOTE: If you want to bowl with a friend, please note this when you register. Lanes limited to three bowlers – no exceptions.

TODDLER TIME PLAYROOM

FREE

Come enjoy our playroom set up with tumbling mats, shapes, gliders, table games, and books where kids can come together and socialize. See flyer on page 7!

WHO: Ages 6 months-4 years with an adult
WHERE: Village Community Center, Room 203
WHEN: Tuesdays & Thursdays
TIMES: 9:00 a.m. – 11:00 a.m.
COST: FREE-Please sign in daily
NOTE: Children must be supervised. Please call to confirm that the room is open. Admission will be granted on a first come, first serve basis. Should our room reach capacity, attendees will be granted 30 minutes of play based on order of arrival.

PARTY TIME FACILITY RENTALS

HP Rec is excited to offer Saturday party time options from 11:00 a.m.-1:30 p.m., 2:00 p.m.-4:30 p.m., or 11:00 a.m.-4:30 p.m. Schedule your next party with us at the Community Center!

COST: Basic Party Time Package
\$110 for 2 ½ hour rental
\$185 for 5 ½ hour rental
Plus \$80 cash security deposit

For an additional rental cost, we can provide access to our Toddler Playroom and equipment such as gym balls, sports equipment, etc.

NOTE: Payment is due upon confirmation of rental date, and a deposit is due two days prior to rental date.

Come Out and Play!

H.P REC. Presents

TODDLER TIME PLAY ROOM

Established
March 2023

FREE
Ages
1-4



Tues. & Thurs.
9:00 - 11:00 a.m.

Bring your toddler, ages 1-4 to our
newly renovated playroom!



COMMUNITY CENTER

59 Henry Street, Hilton, N.Y

Drop In Anytime!

Attendee Notes:

Shoes Must be Removed

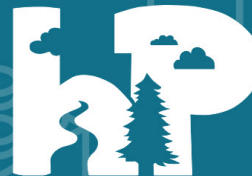
Socks are Required

Food is Prohibited

Play Space Capacity Limited

- **PLAY MATS**
- **TABLE TOYS**

- **TUNNEL**
- **GLIDERS**



Out of School Recreation



FULL DAY RECESS ACTIVITY DAY CAMPS

Join our Hilton-Parma Recreation staff as we engage kids with fun activities during school vacation days. Please bring lunch, two snacks, and a water bottle. Each day may include gym time, group activities, trips, or crafts. Before camps start, you will receive an e-mail with more details for each day. Space is limited.

WHO: Children grades K-6
WHERE: Village Community Center, Room 204
TIME: 8:00 a.m. - 5:30 p.m.

FALL RECESS DAYS

WHEN: Friday, October 9 – Stokoe Farms Trip
Wednesday, November 25 – Fun with Flag Football! (Home Day)
COST: \$100/resident or \$110/non-resident both days discounted rate
\$48/resident or \$53/non-resident per home day
\$65/resident or \$70/ non-resident per trip day

**FILLS
FAST**

WINTER WONDERLAND WEEK

WHEN: Monday, December 28 – Nova Trampoline Park Trip
Tuesday, December 29 – Sledding at Black Creek Park Trip
Wednesday, December 30 – Pleasure Lanes Bowling Trip
Thursday, December 31 – New Years Party! (Home Day)
COST: \$215/resident or \$235/non-resident all 4 days discounted rate
\$48/resident or \$53/non-resident per home day
\$65/resident or \$70/ non-resident per trip day

2026-27 Before & After School



Kid's Zone

BEFORE & AFTER SCHOOL RECESS DAYS

BEFORE AND AFTER SCHOOL PROGRAM

Similar to HP Recess and Summer Camps, the B&AR program provides supervised before and after school recreation services/resources. It is the program's mission to provide affordable, enriching, fun, and safe before and after school care options for families. The program features and promotes positive supervision, socialization, crafts, enrichment programming, daily healthy snack, and physical activity. Space is very limited and registration for this program is separate and independent from our recess activity camp programs. Call our office for registration details.

WHO: Elementary Grade Children in the Hilton Central School District

WHERE: Village Community Center, 59 Henry Street

WHEN: Monthly during the 2026-2027 school year

TIME: Before Care: 7:00 a.m. - 8:30 a.m.

After Care: 3:00 p.m. - 6:00 p.m.

COST: Before Care: \$155/month

After Care: \$300/month

NOTES:

- There will be no pro-rating based on the amount of days per week care is needed.
- Monthly fees will be the same amount each month regardless of any monthly days off/breaks.
- Registration will be taken on a first come first serve basis as space is limited.
- Program follows District's calendar for days off. Select half-days are covered with extended hours.
- All required participant information is required at the time of registration.

REGISTRATION
FOR 2026-2027 IS OPEN

SPACE IS LIMITED

UPK B&AR (BEFORE & AFTER SCHOOL RESOURCE) PROGRAM:

Hilton-Parma Recreation is once again offering a wrap-around recreational program housed at Village Elementary, for students enrolled in a Village Elementary UPK session. It is the program's mission to provide an affordable, enriching, fun, and safe before, during & after school experience for families. The program features amazing staff, structured curriculum, positive socialization, enrichment, and physical activities. If space is available, students from non-Village Elementary UPK sessions are welcome; however, there is no transportation provided to and from their UPK class site and Village Elementary School.

WHO: Children enrolled in UPK at Village Elementary School

WHERE: Village Elementary School, 100 School Lane

WHEN: Monthly during the 2026-2027 school year

TIME: Before School Care: 7:30 a.m. - 8:30 or 8:45 a.m.

During School Care (AM): 8:30 a.m. - 12:00 p.m.

During School Care (PM): 11:00 a.m. - 2:30 p.m. (currently closed)

After School Care Option 1: 2:15 or 2:30 p.m. - 3:45 p.m.

After School Care Option 2: 3:45 p.m. - 5:00 p.m.

COST: Before School Care: \$170/month

During School Care (AM and PM): \$550/month

After School Care Option 1: \$200/month

After School Care Option 2: \$200/month

NOTES:

- There will be no pro-rating based on the amount of days per week care is needed.
- Monthly fees will be the same amount each month regardless of any monthly days off/breaks.
- Sessions will run only if minimum enrollment is met.
- Registration will be taken on a first come first serve basis as space is limited.
- Program follows District's calendar for days off. Select half-days are covered with extended hours.
- All required participant information is required at the time of registration.
- Children MUST be potty trained.

REGISTRATION
FOR 2026-2027 IS OPEN

SPACE IS LIMITED

Youth Programs

YOUTH FLAG FOOTBALL LEAGUE

We are excited for another great season of non-contact, non-competitive, FUN football. Games will take place on Saturday mornings, and practice time will occur before each game. Each team will need a volunteer coach who will act as all-time quarterback and referee. Registration includes an official NFL Flag Football team jersey and belt!

- WHO:** Levels reflect grades entering in the fall
Rookie Division: Grades K-1
Sophomore Division: Grades 2-3
Junior Division: Grades 4-5
Senior Division: Grades 6-8
- WHERE:** Parma Town Hall Park Multi-Purpose Fields
- WHEN:** Saturdays, September 12 - October 24
7 weeks
- TIME:** Rookie Division: 9:30 a.m. - 10:30 a.m.
Sophomore Division: 9:30 a.m. - 10:30 a.m.
Junior Division: 10:50 a.m. - 11:50 a.m.
Senior Division: 10:50 a.m. - 11:50 a.m.
- COST:** \$100 per resident participant,
\$105 per non-resident participant
Includes an Official NFL team jersey & belt!
- NOTE:** Please dress your child appropriately as games will be played in most weather conditions (including rain). In the event of cancellation, games will be made up. Teams are coached by volunteers. Parental involvement as coaches and officials is crucial for these leagues to operate.



YOUTH BASKETBALL LEAGUE

Join HP Recreation for an eight-week league where we introduce fundamentals and discover the fun of basketball. Each team will need a volunteer coach. If any parent is willing to volunteer as a coach or referee, please make a note upon registration. Please register early; team size and divisions are dependent on registration numbers.

- WHO:** Rookie Division: Grades K-1
Sophomore Division: Grades 2-3
Junior Division: Grades 4-5
Senior Division: Grades 6-8
- WHERE:** Village Elementary School, HJ/JU
Gymnasiums
- WHEN:** Saturdays, January 16 - March 13
(8 weeks - No Basketball 2/20)
- TIME:** Rookie Division: 8:30 a.m. - 9:30 a.m.
Sophomore Division: 8:30 a.m. - 9:30 a.m.
Junior Division: 9:40 a.m. - 10:40 a.m.
Senior Division: 9:40 a.m. - 10:40 a.m.
- COST:** \$105 per resident participant
\$110 per non-resident participant
Includes an official NBA team jersey!
- NOTE:** Times and locations are subject to change based on registration numbers. Teams are coached by volunteers. Parental involvement as coaches and officials is crucial for these leagues to operate.

FILLS
FAST

Program fills up
quickly, don't wait
to register

FREE

Free to take part:
registration may
still be required

NEW

A new program
or event for this
season

Get in the Game!

SCHOLASTIC FALL BASEBALL CAMP

-KEVIN WHELEHAN

Varsity Baseball Coach, Kevin Whelehan, and his staff have designed a program that will focus on the fundamentals of the game, along with individual instruction on the appropriate skills of baseball in a safe, positive, and fun environment. Participants will learn and develop the skills necessary to be successful at the scholastic level.

WHO: Grades 7-12 (Hilton District Students)
WHERE: Parma Town Park, Baseball Fields 2
WHEN: Tuesdays & Thursdays, Sept. 10 - Oct. 15
TIME: 3:30 p.m. - 5:30 p.m.
COST: \$150 per participant
NOTE: **REQUIRED:** Sneakers/turfs, molded baseball cleats, baseball glove, baseball bat, baseball hat, protective cup, baseball pants, baseball helmet, catcher's equipment (catchers only), and water bottle.



BASKETBALL PRE-SEASON PREP CAMP

-DAVE HEISE

Hilton Girls Varsity Basketball Coach Dave Heise and his staff have designed a program to introduce and review some fundamental concepts in preparation for the winter season. Conditioning will be intertwined with individual skill development and team play.

WHO: Girls Grades 7-12
WHERE: Hilton High School, Gymnasium
WHEN: Monday-Friday, November 9-13
(4 Dates - No Camp 11/11)
TIME: Grades 7-8: 3:00 p.m. - 4:30 p.m.
Grades 9-12: 4:00 p.m. - 5:45 p.m.
COST: \$35 per participant, per session

YOUTH FALL SOFTBALL CAMP

-JOEL ZASTROW

Join Coach Joel Zastrow for the Fall Softball Clinic, designed to keep players active and sharp throughout the offseason. Participants of all skill levels will develop their throwing, fielding, hitting, and base running through a combination of individual instruction, high repetition drills, positional work, and live scrimmages. Whether your child is new to the game or looking to refine their skills, this program provides a fun, supportive environment to build confidence and stay prepared for future seasons.

WHO: Ages 10-16
WHERE: Parma Town Park, Fowler Field (Field 4)
WHEN: Saturdays, September 12 - October 3
TIME: 11:00 a.m. - 1:00 p.m.
COST: \$50 per participant
NOTE: Please bring cleats, a glove, water bottle, bat, and helmet. Bats and Helmets will be available if you do not have one.

KARATE FOR YOUNG BEGINNERS

-STEVE OZMINKOWSKI AND JASON KNAPP

Come join us to learn the basics of Karate in a friendly, family-oriented setting. Classes include physical conditioning, basic movements (blocks and strikes) and real-world applications for the self-control that comes with training. Wear loose-fitting clothing.

WHO: Ages 5 & older
WHERE: Village Community Center, Room 208
WHEN: Tuesdays & Thursdays,
September 29 - November 19
TIME: 4:30 p.m. - 5:15 p.m.
COST: \$140 per participant
NOTES: Sensei Steve holds a 6th Degree Black Belt, and Sensei Jason holds a 3rd Degree Black Belt in Isshin Ryu. We ask that students wear comfortable clothes they can move around in, along with having a clean pair of sneakers. Parents are not required to stay and watch but are encouraged to do so. Parents are required to be present at the first class to sign additional waivers.

REGISTER EARLY!

Nothing prevents a program from running more than late registrations. Please register early to assure a class runs and you have a space.



Youth Programs

BOWLING FOR YOUTH

-PLEASURE LANES

Have a ball with this youth bowling program. Pleasure Lanes has fun and animated scoring. Includes two games each week for 6 weeks with bowling shoes provided. Light instruction included with glow bowling and pizza party on the last week.

WHO: Ages 7 and older
WHERE: Pleasure Lanes, 144 South Avenue
WHEN: Fridays, October 9 - November 13
TIME: 4:30 p.m. - 6:00 p.m.
COST: \$94 per participant
NOTE: If you want to bowl with a friend, please note this when you register. Lanes limited to three bowlers - no exceptions. The snack bar will be available; no outside food or beverages allowed (including water bottles and mugs).



HP REC MAGICAL MAILBOX

Here at HP Rec, we have a special connection with the North Pole! Starting in November, you can mail in or drop off your letter to Santa to our office, and we will deliver them through our magical mailbox! Make sure to include your name and address so Santa can be sure to send back a personalized message just for you!

WHO: All ages!
WHERE: Village Community Center, Room 106
Mailing Address:
Hilton-Parma Parks and Recreation
C/O The North Pole
59 Henry St.
Hilton, NY 14468
WHEN: Letters accepted November 16-December 18
COST: FREE

HORSEBACK RIDING LESSONS

-MANITOU HILL FARMS

FILLS
FAST

Western-style lessons. Please bring a carrot or apple each week. Proper footwear and pants are required. Helmets are provided. **Please refrain from bringing siblings to class due to safety precautions.

WHO: Ages 3-8: An introductory class. Parental assistance is needed to lead the horse; consistency with the adult preferred.
WHERE: Manitou Hill Farms, 662 Manitou Road
WHEN: Session I: Tuesdays, September 15 - Oct. 6
Session II: Tuesdays, October 13 - Nov. 3
TIME: 6:00 p.m. - 6:30 p.m.
COST: \$140 per participant, per session
NOTE: Classes are limited to 4 participants and a minimum of 3 is needed.

WHO: Ages 8 and older: Learn about grooming and tacking, in addition to riding.
WHERE: Manitou Hill Farms, 662 Manitou Road
WHEN: Session I: Tuesdays, September 15 - Oct. 6
Session II: Tuesdays, October 13 - Nov. 3
TIME: 6:30 p.m. - 7:30 p.m.
COST: \$190 per participant, per session
NOTE: Classes are limited to 4 participants and a minimum of 3 is needed.

REGISTER EARLY!

Nothing prevents a program from running more than late registrations. Please register early to assure a class runs and you have a space.



HORSEBACK RIDING MINI CAMP

Come and enjoy the opportunity to learn about horses and properly care for them. No experience is necessary. All ability levels welcome.

WHO: Ages 8 and older
WHERE: Manitou Hill Farms, 662 Manitou Road
WHEN: Monday, October 12
TIME: 9:00 a.m. - 12:00 p.m.
COST: \$60 per participant
NOTE: Classes are limited to 10 participants and a minimum of 5 is needed. An apple or carrot may be brought to feed the horse. Pants and sneakers or boots should be worn.

Let's Learn Together!

JUMPING GYMNASTICS

-ANDREA BALDWIN, HEATHER ANTOLICK,
NATE MORDENGA

This program teaches Gymnastics for students at all skill levels, beginner through intermediate! The class focuses on building coordination, motor skills, and body awareness, as well as strength and confidence!

WHO: Ages 2-12
WHERE: Village Elementary School, JU Gymnasium
WHEN: Session I: Mondays, August 31 - Sept. 28
(No Class 9/7)
Session II: Mondays, October 5 - Nov. 2
(No Class 10/12)
Session III: Mondays, November 9 - Nov. 30
Session IV: Mondays, December 7 - Jan. 4
(No Class 12/28)
TIME: Based on Age Range Below:
Ages 2-5: 4:00 p.m. - 5:00 p.m.
Ages 5-7: 5:00 p.m. - 6:00 p.m.
Ages 8-12: 6:00 p.m. - 7:00 p.m.
COST: \$65 per participant, per session

SKI CLUB

-BRISTOL MOUNTAIN

We offer Ski Club for students in grades 7-12 in the Hilton School District. The club typically runs for six weeks starting in January. Lifts, lessons, rentals and transportation are offered, along with HCS D teacher chaperones. Once information is solidified, we will post it on our website at www.hprecreation.org.



RED CROSS BABYSITTER TRAINING

-READY TO RESPOND, LLC

This course is designed for students to learn about the business of babysitting. Topics will include how to care for infants and toddlers in addition to first aid skills. Upon completing the course, students will receive a red cross certificate upon completion of the program. Each student is required to bring a bag lunch and individual email on the day of the program.

WHO: Ages 11-16
WHERE: Session I: Village Com. Center, Room 114
Session II: VFW Lodge, 550 Peck Rd.
WHEN: Session I: Friday, October 9
Session II: Tuesday, November 24
TIME: Session I: 9:00 a.m. - 1:30 p.m.
Session II: 11:30 a.m. - 4:00 p.m.
COST: \$90 per participant

SAFETY 1ST FOR CHILDREN

-READY TO RESPOND, LLC

This course is designed for students ages 7-13 years old. Topics covered will include: Phone safety, internet safety, home alone safety, house rules and emergency procedures. Upon completion of the course each student will receive a certificate and a bag of resources.

WHO: Ages 7-13
WHERE: Session I: Village Com. Center, Room 114
Session II: VFW Lodge, 550 Peck Rd.
WHEN: Session I: Friday, October 9
Session II: Tuesday, November 24
TIME: Session I: 2:30 p.m. - 4:00 p.m.
Session II: 5:00 p.m. - 6:30 p.m.
COST: \$30 per participant

Family Programs/ Special Events

HALLOWEEN CELEBRATION

-TRUNK OR TREAT, GHOST HAUNT, KIDS ZONE, LIVE DJ!

Get ready for one of Hilton-Parma's favorite spooktacular traditions! While you're out trick-or-treating, swing by the Village Community Center lawn along Henry Street and join HP Rec for a night full of frightful fun. Families can enjoy Trunk or Treat down Henry Street, a kid's zone packed with themed games and activities, a live DJ to keep the monster mash going, delicious treats, a costume contest, and even a spooky graveyard ghost haunt for the brave at heart. Stop by to say "BOO," grab some treats, or stay the whole night—plus, the first 200 guests will receive a special surprise giveaway! All activities are completely free, providing a safe and exciting alternative to traditional trick-or-treating.

WHO: All members of the community are invited

WHERE: Village Community Center

WHEN: Saturday, October 31

TIME: 5:00 p.m. – 7:00 p.m.

COST: FREE

NOTE: Want to join the fun as a trunk? Email rockefeller@parmany.gov to sign up. Participants will vote on their favorite trunk, and the winner will receive a \$100 gift card!

FREE

FAMILY BINGO NIGHT:

THE BEAKED BANDITO RETURNS!

-FRIENDS OF HILTON-PARMA PARKS AND RECREATION

Who says Friday the 13th has to be unlucky? For the second time this year, we're flipping the script and bringing the luck to Family Bingo Night, but this time, there may be some fowl play afoot! Rumor has it that the notorious Beaked Bandito has returned from hiding just in time for Thanksgiving, and this feathered fugitive may have his sights set on more than just the turkey!

Round up the family and join us for a festive fall evening packed with BINGO, pizza, prizes, laughs, and a little Thanksgiving mischief! Test your luck, chase BINGO glory, and keep your eyes peeled for clues that our infamous turkey thief may be up to his old tricks again. Will you leave a BINGO champion...or will the Beaked Bandito gobble up your good luck before you can yell BINGO?! Pre-registration is required.

WHO: All ages (Children 5 and under are FREE)

WHERE: Village Community Center

WHEN: Friday, November 13

TIME: 6:00 p.m. – 7:30 p.m.

COST: \$7 per person (adults and children)

NOTE: Space is limited so register fast.

HILTON HOLIDAY CELEBRATION ON MAIN

& COMMUNITY TREE LIGHTING

SATURDAY, DECEMBER 12TH
3:00-6:00 PM



Celebrate Together!

NEW

BARK IN THE PARK WELLNESS FEST

-PRESENTED IN PARTNERSHIP WITH PAW-FECT GROOMING

Calling all dog lovers! Grab the family, leash up your four-legged friends, and join us for an afternoon dedicated to pets, wellness, family fun, and community at the Bark in the Park Wellness Fest!

Spend the afternoon exploring dog and pet vendors, local rescue organizations, pet wellness resources, and dog first aid demonstrations. Enjoy music from a live DJ, family-friendly fun in the Kids Zone, and plenty of opportunities to connect with fellow dog lovers and local pet professionals. Come hungry, too! Macarollin' will be serving up delicious eats, with adult beverages available from Firefly Nectar.

Whether you're a proud dog owner, looking to add a four-legged member to your family, or simply love animals, there's something for everyone.

WHO: All members of the community are invited

WHERE: Parma Town Park, Bark Yard Dog Park Area

WHEN: Sunday, September 13

TIME: 12:00 p.m. - 4:00 p.m.

COST: FREE

NOTE: In order to enter the Bark Yard Dog Park, dogs must be registered users through the Monroe County Dog Park System (page 18). Dogs who are not registered to use the dog park are welcome to attend the event but will not be permitted in the dog park area, and must remain on a leash at all times.

HILTON HOLIDAY CELEBRATION ON MAIN

& TREE LIGHTING

Get ready to jingle and mingle as we welcome you to the most festive event of the season - the 5th Annual Hilton Holiday Celebration on Main Street! Mark your calendars because holiday magic is about to take over the Village of Hilton.

Main Street will be transformed into a winter wonderland, bustling with holiday cheer and activities for everyone in the family. Here's a sneak peek into the merriment: live DJ, dance recital, visits with Santa, holiday scavenger hunt, games, crafts, caroling, giveaways, vendors, food, FREE hot cocoa, popcorn, wagon rides and more!

The grand finale awaits at the Community Center gazebo on 59 Henry Street, where the Annual Tree Lighting ceremony will cast a warm glow over the entire village. Join us in making this Hilton Holiday Celebration a tradition to remember, spreading joy and creating cherished memories for years to come. Best of all, all activities are FREE, thanks to the support of our community. Don't forget to bring your holiday spirit!

WHO: All members of the community are invited

WHERE: Village of Hilton Main St.

WHEN: Saturday, December 12

TIME: 3:00 p.m. - 6:00 p.m.

Tree Lighting at 6:05 p.m.

COST: FREE

FREE



2026 Sponsors & Partners



APPLE COUNTRY
VETERINARY HOSPITAL AND BOARDING



**Hilton
Applefest
Auto Show**

Thank You!

Wegmans

MICHAEL LEE 🏠 WCI REALTY



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Licensed Real Estate Salesperson
Cell: (585) 749-2165 | Fax: (585) 723-8197
Michael@wcirealty.com

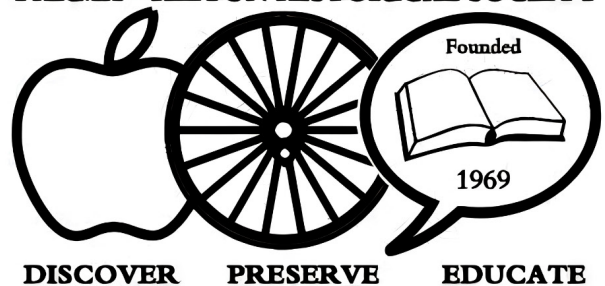
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SUMMIT
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PARMA - HILTON HISTORICAL SOCIETY



The Bark Yard Dog Park

THE BARK YARD AT PARMA TOWN PARK

Get ready to unleash the fun! The Bark Yard at Parma Town Park is an award-winning, off-leash dog park designed to provide a safe, playful, and enriching space for dogs and their owners to enjoy the outdoors together. Whether you're tossing a ball, training your pup, or just enjoying the company of other community members, The Bark Yard is a tail-wagging good time for all.

Location: 1300 Hilton Parma Corners Rd. - Best accessed using Parma Town Park's South Entrance on Route 259

This fully fenced-in, 1-acre dog park is thoughtfully designed with two separate play areas:

Large Dog Area: ~¾ acre

Small Dog Area: ~¼ acre

Features & Amenities:

- Expansive open space with mature shade trees
- Eight dog-friendly play equipment obstacles
- Seven dog waste stations
- Water station
- Four benches for owners to relax
- A lighted pavilion with tables, perfect for personal items, taking a break, or socializing with fellow dog lovers

Registration and Access:

- The Bark Yard is proudly operated in partnership with the [Monroe County Dog Park System](#).
- To use the facility, you must be registered through the Monroe County Dog Park program.
- [Click here for more information or to complete your registration](#)
- Registration requires proof of vaccinations and a nominal annual fee. Once registered, you'll receive an access control badge, giving you entry to The Bark Yard and all other [Monroe County Dog Parks](#). Please complete [registration](#) before visiting with your dog(s).

Rules & Regulations:

- Hours of operation: 7:00 a.m. to dusk (this changes with the season)
- Each dog visiting must be a registered member of the Monroe County Dog Parks.
- Entrance will only be allowed to those in possession of a valid Monroe County Dog Parks swipe card, tag for each dog and paper copy of their permit(s).
- Dogs must wear their up-to-date Monroe County Dog Parks tag.
- All people entering the dog park must have completed an acknowledgment of the Rules.
- If you feel you, your dog(s), or others are in any danger or are injured while using the dog park, contact law enforcement and emergency services.
- [Click here to view a full list of Dog Park Rules & Regulations](#)

Community-Built, Community-Proud

This park was built primarily through the efforts of our internal team, with tremendous support from our community. We gratefully acknowledge New York State and NYS Assembly Member Josh Jensen (134th District) for providing \$50,000 in member item funding to support this project.



Fun for Our Four-Legged Friends

BARK IN THE PARK WELLNESS FEST

With Paw-Fect Grooming

Live Music

Dog Vendors

Kids Zone

Food Trucks

Dog CPR



Sunday, September 13th | 12PM - 4PM

The Bark Yard at Parma Town Park



Adult Programs

HILTON - PARMA NFL PICK'EM PLAYOFFS

FREE

Ready to test your football smarts? Join our 2026-27 NFL Playoff Pick 'Em Challenge! Each week, you'll call the winners and tackle some fun football trivia using our virtual pick 'em sheet. You don't have to play every week—but the more you play, the more points you score, and the closer you are to victory. After the Super Bowl, the top three gridiron gurus will each score a \$20 gift card to a local favorite spot. Think you've got what it takes to out pick the competition? Game on!

WHO: All ages
WHERE: Facebook & Email
WHEN: The NFL Playoffs Starting January 16 Ending on February 14 (Super Bowl Sunday!)
TIME: Picks must be submitted prior to kickoff of each week's first game.
COST: FREE
NOTE: Play along every week during the NFL Playoffs!

CHAIR YOGA -SUE VANSLYKE

Chair Yoga stretch, strength, and balance is a safe and fun way to incorporate yoga practices using both seated and optional standing postures. It gives you the same benefits of traditional yoga, while providing additional support and stability from the chair. A foundational, therapeutic practice that promotes balance, strength and flexibility. We will incorporate breath and posture awareness along with relaxation techniques.

WHO: Ages 18 & older
WHERE: Village Community Center, Room 208
WHEN: Session I: Tuesdays, September 29 - Nov. 10 (No Class 10/27)
Session II: Tuesdays, November 17 - Dec. 22
TIME: 9:30 a.m. - 10:30 a.m.
COST: \$40 per participant, per session
NOTE: Late registrations are accepted and pro-rated! Sue Van Slyke has been involved with yoga for over 20 years and is accredited with the Yoga Alliance.

FILLS
FAST

Program fills up quickly, don't wait to register

FREE

Free to take part: registration may still be required

NEW

A new program or event for this season

LINE DANCING -DAVID INTERLICCHIA

Join us for a fun instructional line dance class. Country and other styles of music will be played. It doesn't matter if you have been dancing for a long time or are a beginner, this will be a fun dance class for all.

WHO: Ages 14 & older
WHERE: Village Community Center, Gymnasium
WHEN: Session I: Mondays, September 14 - Nov. 2
Session II: Mondays, November 9 - Jan. 4
No Class 12/28
TIME: 6:15 p.m. - 7:15 p.m.
COST: \$56 per participant, per session
NOTE: David Interlicchia is an Instructor/Director at Dance Biz and instructs all styles of dance. He has been teaching line dance in the area for over 30 years.

REGISTER EARLY!

Nothing prevents a program from running more than late registrations. Please register early to assure a class runs and you have a space.



MIND OVER MAT VINYASA FLOW YOGA -AMANDA OKOLOWICZ

Join Amanda from Mind over Mat for a 60-minute Vinyasa yoga class. During class, you will focus on your breathing as a way to move through the different poses. Vinyasa Yoga is a light-intensity cardiovascular workout. It is a great way to build strength, flexibility, and mindfulness. All levels, including beginners, are welcome. Walk-ins are available upon request.

WHO: Ages 14 & older
WHERE: Village Community Center, Gymnasium
WHEN: Session I: Mondays, September 21 - 28
Session II: Mondays, October 5 - 26
Session III: Mondays, November 2 - 30
Session IV: Mondays, December 7 - 28
Session V: Mondays, January 4 - 25
(No Class 1/18)

TIME: 7:30 p.m. - 8:30 p.m.
COST: \$20 per participant, per class
Full session or drop in registration available
NOTE: It is recommended that you bring your own yoga mat, water, sweat/hand towel and dress in comfortable layers. Essential oils may be used in class.

Enjoy A Hobby with HP Rec

OVER 30 ADULT BASKETBALL

Less intense, open men's basketball pick-up games. A site supervisor is present every night to ensure quality play. Pre-registration is required! Non-registered participants will not be allowed to play.

WHO: Ages 30 & older
WHERE: Merton Williams School, Gymnasium
WHEN: Tuesdays, September 15 – November 17
TIME: 7:30 p.m. – 9:00 p.m.
COST: \$50 per participant
PRE-REGISTRATION IS A MUST

NOTE: There are no changing or shower facilities, so come dressed and ready to play. Throughout the session time and location of play may fluctuate due to facility availability.



MIND OVER MAT MINDFULNESS HAPPY HOUR

–AMANDA OKOLOWICZ

Join Amanda of Mind Over Mat LLC for a 60-minute open level Yin yoga and meditation class. Yin yoga is a slow-paced style where you will be seated or lying on the floor for longer periods of time. Meditation offers both mental and physical benefits. All levels including beginners are welcomed. This yoga class is not heated.

WHO: Ages 14 & older
WHERE: Village Community Center, Room 208
WHEN: Session I: Fridays, September 18 – 25
Session II: Fridays, October 9 – 16
Session III: Fridays, November 6 – 20
Session IV: Fridays, December 4 – 18
Session V: Fridays, January 8 – 29

TIME: 6:30 p.m. – 7:30 p.m.
COST: \$20 per participant, per class
Full session or drop in registration available

NOTE: It is recommended that you bring your own yoga mat, water, sweat/hand towel and dress in comfortable layers.

18-40 ADULT BASKETBALL

Open basketball pick-up games. A site supervisor is present every night to ensure quality play. Pre-registration is required! Non-registered participants will not be allowed to play.

WHO: Ages 18-40
WHERE: Village Community Center, Gymnasium
WHEN: Session I: Tuesdays, Sept. 15 – Oct. 27 (7 Dates)
Session II: Tuesdays, Nov. 3 – Dec. 22 (8 Dates)

TIME: 7:30 p.m. – 9:00 p.m.
COST: Session I: \$35 per participant
Session II: \$40 per participant
PRE-REGISTRATION IS A MUST

NOTE: There are no changing or shower facilities, so come dressed and ready to play.

LAP SWIM & WATER WALKING

Take advantage of this opportunity to enjoy one of the world's greatest exercises; swimming and water walking. Lane lines will be put into the water to accommodate all swimmers.

WHO: Ages 18 & older
WHERE: Merton Williams School, Aquatic Center
WHEN: Tuesdays and Thursdays – ongoing
Closed on school recess days & swim meets
TIME: Please visit our website for times as they may fluctuate slightly.
COST: \$4 cash/check per person paid at the door

FIREARMS SAFETY

–ROGER JESTEL

FREE

Firearm safety is important. To ensure your safety as well as your loved ones if they ever come in contact with a firearm, this class is one you will want to attend. The object of this course is to teach the basic knowledge, skills, and attitude necessary for the safe handling and storage of firearms and ammunition in the home.

WHO: Ages 10 & older
WHERE: VFW Lodge, 550 Peck Road
WHEN: Thursday, November 12
TIME: 6:30 p.m. – 8:00 p.m.
COST: FREE – pre-registration is required
NOTE: Roger is a certified NRA instructor and range safety officer.

Adult Programs

CELEBRATE YOUR SPECIAL OCCASSION
AT THE COMMUNITY CENTER

PARTY TIME! FACILITY RENTALS

Saturdays Time Slots Perfect For:

- Birthday Parties
- Showers
- Family Celebrations
- More!

NEW: Ask about Toddler Play Room Parties!



PARTY TIME FACILITY RENTALS

HP Rec is excited to offer Saturday party time options from 11:00 a.m.-1:30 p.m., 2:00 p.m.-4:30 p.m., or 11:00 a.m.-4:30 p.m. Schedule your next party with us at the Community Center!

COST: Basic Party Time Package
\$110 for 2 ½ hour rental
\$185 for 5 ½ hour rental
Plus \$80 cash security deposit

For an additional rental cost, we can provide access to our Toddler Playroom and equipment such as gym balls, sports equipment, etc.

NOTE: Payment is due upon confirmation of rental date and deposits are due two days prior to rental date.



FRIENDS OF HILTON-PARMA PARKS & RECREATION

The Friends of Hilton-Parma Parks & Recreation engage the public to advocate for and advance the preservation, conservation, improvement and development of the Hilton-Parma Parks & Recreation system to enhance the community's well-being and enjoyment of recreational programs, services, and facilities. The Friends strive for the development and improvement of Town of Parma Parks & Recreation programs, services, and facilities; to engage in fund raising activities; to purchase or otherwise acquire objects, equipment and supplies for the benefit of Hilton-Parma Parks & Recreation; and to otherwise support the Department for the benefit of the public. If you are interested in becoming a 'Friend', please message us on www.facebook.com/FriendsofHPParksandRec.



It's the Holiday Season!

AARP SMART DRIVER'S COURSE

-DAVID COON

This is a refresher course designed to meet the needs of motorists over 50 years of age. Participants do not need to be a member of AARP to register.

WHO: Ages 55+
WHERE: Village Community Center, Room 114
WHEN: Wednesday, Nov. 18 & Friday, Nov. 20
TIME: 1:00 p.m. - 4:00 p.m. (must attend both)
COST: \$25 for AARP members
\$30 for non-members

NOTE: Payment by money order or check only made payable to AARP on the day of class. Please bring your driver's license along with your AARP membership card to the class.

SCRAPFEST

-HOLLY McNAIR, CREATIVE MEMORIES

Scrapbookers, crafters, card makers, etc! Come work on your photo projects, paper crafting or card making by having this full day to yourself. A door prize opportunity will be available for everyone who attends, and one grand prize will be given out. Bottled water, coffee, soda and light snacks will be provided. Please feel free to bring your own lunch or order take-out.

WHO: Ages 16 & older
WHERE: VFW Lodge, 550 Peck Road
WHEN: [Session I:](#) Saturday, October 10
[Session I:](#) Saturday, December 5
TIME: 9:00 a.m. - 6:00 p.m.
COST: \$20 per participant, per session

SHOP & SIP

Get geared up now for holiday shopping with this trip to the Fashion Outlets of Niagara for some shopping deals. Shop till you drop, while we supply the ride! The trip includes bus transportation, bottled water, soda, time to shop at the outlets and a stop (location TBD) on the way home for tastings or a drink.

WHO: Adults who love to shop!
WHERE: Fashion Outlets of Niagara Falls, NY
WHEN: Friday, December 4
TIME: 8:00 a.m. - 7:00 p.m.
COST: \$30 per participant
NOTE: Limited to 12 participants and then a waitlist will be taken. If we do have the opportunity to add a 2nd bus, those on the waitlist will be contacted.

FILLS
FAST



HILTON HOLIDAY ANGEL TREE

Spread cheer with the Hilton-Parma Recreation Angel Tree. We need your help to make the holiday magic happen with toys and gifts! HP Rec and Hilton-Parma Emergency Food Shelf are partnering to bring joy and warmth to local families in need. If you want to participate, please grab a name ornament from the Recreation Office at 59 Henry St. suite 106.

The Recreation Department will be the main drop-off site for gifts, between the hours of 8:00 a.m. - 4:00 p.m. All gifts will need to be dropped off on, or before the end of the day, December 14. Each gift you provide will help brighten the holidays for a child or family member right here in our community!

Together, let's ensure that every family in Hilton-Parma experiences the joy of Christmas. Your generosity will light up hearts and spread the spirit of giving this season. With your help, we can make this a truly merry and memorable Christmas for everyone!

If your family needs assistance to help with gifts this year, please contact rrockefeller@parmany.gov on how to register. Applications to enroll are available at the Recreation Office and The Hilton Food shelf.

Important Dates:

10/19 - Enrollment Applications Available
11/2 - Enrollment Applications Due
11/9 - Names Available for Pick-up (Recreation Office)
12/14 - Angel Tree Gifts Due in the Recreation Office

Hilton-Parma Senior Center

The Town of Parma provides a variety of programs for the Senior Citizen population. To be eligible to take part in most senior programs, individuals should be at least 55 years of age.

LUNCH CLUB 60

AT THE HILTON-PARMA SENIOR CENTER

Are you looking to enjoy nutritious meals, good company and a friendly atmosphere? Then come dine at "The Hilton"! See our monthly calendar or newsletter for a schedule of activities and menu available at the Recreation Office. Each Tuesday, lunch is followed by Bingo at approximately 1 p.m. Meals are served in partnership with the Monroe County Office of the Aging and Foodlink.

WHO: Ages 60+
WHERE: Village Community Center, Room 114
WHEN: Nutritious meals served every Tuesday
TIME: Meals served at 12:00 p.m.
COST: Suggested contribution of \$3.50 for meals no one is refused a meal if unable to pay.
NOTE: Pre-registration is required as meals are ordered up to 14 days in advance. Call 585-392-9030 to register or for menu information.

BINGO

Join us weekly with no supplies needed. Sit with your friends and enjoy snacks and drinks, all while playing Bingo. B-2; N-31; I-17; O-66...Bingo! Boards will be sold between 12:30 - 12:50 p.m. A regular board contains three games for \$0.15 each and Jackpot games are \$0.25. At times, soda, bottled water, and coffee are offered for \$0.25, while complimentary pre-packaged snacks are provided by bingo participants.

WHO: Ages 55+
WHERE: Village Community Center, Room 114
WHEN: Tuesdays
TIME: 1:00 p.m. - 3:30 p.m.
COST: \$0.15 per board, per game (up to 3)
\$0.25 per jackpot board (up to 3)

JOIN OUR OTHER FUN GROUPS!

For information regarding other popular programs such as Euchre, Bridge, Pinochle, and Penny Poker, be sure to call our office or check our website.

MEAL & A SHOW

Come join us for some good food, good entertainment, and good friends! These are gatherings you truly do not want to miss. Meals are catered by the Arlington Restaurant in Hilton.

WHO: Ages 55+
WHERE: Village Community Center, Room 114
WHEN: Wednesdays as follows:
September 23: Oktoberfest
Entertainment by Roxy's Accordion Club
Meal served at 4:00 p.m.
October 7: Chicken Pot Pie
Entertainment by Gary Simboli
Meal served at 1:00 p.m.
November 18*: \$10 Thanksgiving Dinner
*Location: Milling Station
Entertainment TBA
Meal served at 1:00 p.m.
December 16: Roast Beef Bourdelaise
Entertainment by Fred DiCesare
Meal served at 1:00 p.m.
TIME: Meal times listed per date above
COST: \$13 per person, includes meal, dessert and entertainment unless noted.

NOTE: Reservations are required by the Monday before the meal date. Transportation is available for \$2 round trip.

SENIOR CITIZEN EXPRESS

Take advantage of our transportation service for seniors residing within the Town of Parma.

CENTER TRANSPORTATION - Town drivers are available to transport seniors to and from select Senior Center functions. (\$2 round-trip)

SHOPPING TRANSPORTATION - Wednesdays are set aside for transporting seniors to pre-determined destinations. Destinations have included Walmart, Kohl's, Tops, Dollar Tree, Aldi, etc. (\$2 round-trip).

NOTE: Reservations are necessary as we have a limited number of available seats. Call 585-392-9030 to register or for information including schedule.

Let US Entertain You!

FLU SHOTS

-URMC & LIFESPAN

On Tuesday, September 29 from 10:30 a.m. – 1:00 p.m., this clinic will be staffed by an URM pharmacist with a technician to assist with registration. URM will be providing both the regular and high dose flu vaccine. Participants should bring their insurance cards with them. Covid shots can also be administered. This is in conjunction with Lifespan.

**Pre-registration is appreciated so that we can have enough vaccine.*

PRESENTING WITH PIZZA

Join us on this monthly program where we have a local presenter speak about an interesting topic or history followed by a pizza lunch that includes one piece of pizza along with a salad, fruit and a drink.

WHO: Ages 55+

WHERE: Village Community Center, Room 114

WHEN: Mondays as follows:

September 14: Morgan Manning House with Paul Kimball

October 5: Songs and Stories of the American Civil War with Don Dwyer

November 9: The End of the Line: The Rochester Subway 2.0

December 14: The Ground Truth with Dan Caster, former CIA (2-hour talk)

TIME: 10:30 a.m. – 12:30 p.m.

COST: \$5 per person speaker fee, per date

NOTE: Pre-registration is required. The fee collected is put towards our presenter fees, while a suggested contribution of \$3.50 towards lunch can be accepted on the day of the program.

2026 SENIOR DAY TRIPS

FILLS FAST

Hilton-Parma Recreation is offering a variety of day trip opportunities in 2026 for those ages 55 and older. These trips are subsidized by the Town of Parma; therefore, only Town of Parma residents are eligible for a subsidized rate, however, non-residents may attend and pay a non-resident fee if space is available after a resident only registration period. Call 585-392-9030 or visit us online for additional trip information, registration procedures, or to register online.

NUTRITION CLASSES

-ALYSSA VANVALKENBURG

FREE

Join Cornell Cooperative Extension Nutrition Educator, Alyssa VanValkenburg, for monthly nutrition classes. Lessons cover the unique needs of older adults. Topics will focus on important subjects like eating healthy on a budget, how nutrition affects bones and joints, heart health, and the importance of physical activity along with many other interesting topics. You are sure to have fun and leave with very useful information.

WHO: Ages 55+

WHERE: Village Community Center, Room 114

WHEN: Thursdays as follows:

Sept. 10: Storing Produce Properly (Demo)

Oct. 8: Shake the Habit and Herbs in Meals

Nov. 12: How to Enjoy the Holidays (Demo)

Dec. 10: Citrus Garland: How to Dehydrate Food

TIME: 11:00 a.m. – 12:00 p.m.

COST: FREE

NOTE: Pre-registration highly suggested.

FEATURE FILM WEDNESDAYS

FREE

Come enjoy a few hours of escape in our “Hilton Community Center Theater” as we show both classic and modern films. Bring a friend and enjoy a FREE monthly movie. Light refreshments and snacks will be provided. Bring a seat cushion if you would like.

WHO: Ages 55+

WHERE: Village Community Center, Room 114

WHEN: Wednesdays, September 9 & December 2
Fridays, October 9 & November 6

MOVIE: Movie titles can be found online

TIME: Times will vary and can be found online

COST: FREE

NOTE: Movie information can be found online or by calling into our office. Pre-registration is requested for planning. Films are subject to change.

FILLS FAST

Program fills up quickly, don't wait to register

FREE

Free to take part: registration may still be required

NEW

A new program or event for this season

Hilton-Parma Senior Center

REGISTER EARLY!

Nothing prevents a program from running more than late registrations. Please register early to assure a class runs and you have a space.



COMPUTER SEMINARS

-DANIEL JONES

FREE

Whether you are brand new to technology or have been using it for years, you're sure to find a seminar that's right for you. Join us monthly for this chat!

WHO: Ages 55+
WHERE: Village Community Center, Room 114
WHEN: September 10: Talk to Your Tech
October 8: The Digital Music Seminar
November 12: What is The Cloud?
December 10: The World of Podcasts

TIME: 9:00 a.m. – 10:00 a.m.

COST: FREE – pre-registration is required

NOTE: Daniel Jones is an independent instructor providing older adults with computer, internet and social networking skills to enhance their lives and keep them connected. His computer courses and seminars break down the barriers of fear and intimidation often associated with learning new technology, providing elders with a greater understanding of the options and tools available through a patient, fun and easy-to-learn approach.

DISH WITH A DEPUTY

-DEPUTY CLARKE

FREE

Join Deputy Nathan Clarke from Zone-C of the Monroe County Sheriff's Office to sit and chat about anything and everything. This is a casual meet and greet session to ask questions, so get your list ready! This will be a monthly meeting to catch up on anything relevant happening in the community. Many good questions are asked - come join the interesting chat.

WHO: Ages 55+ (all adults are welcomed)
WHERE: Village Community Center, Room 114
WHEN: Mondays, September 21, October 19, November 23, and December 7
TIME: 10:30 a.m. – 11:30 a.m.
COST: FREE – pre-registration is requested

AARP SMART DRIVER'S COURSE

-DAVID COON

This is a refresher course designed to meet the needs of motorists over 50 years of age. Participants do not need to be a member of AARP to register.

WHO: Ages 55+
WHERE: Village Community Center, Room 114
WHEN: Wednesday, Nov. 18 & Friday, Nov. 20
TIME: 1:00 p.m. – 4:00 p.m. (must attend both)
COST: \$25 for AARP members
\$30 for non-members

NOTE: Payment by money order or check only made payable to AARP on the day of class. Please bring your driver's license along with your AARP membership card to the class.

CHAIR VOLLEYBALL

Sit, Serve, and Have a Ball! Looking for a fun way to stay active, socialize, and share a few laughs? Join us for Chair Volleyball, a seated spin on a classic favorite! This exciting, low-impact game is played with a beach ball and plenty of enthusiasm, making it perfect for all mobility levels.

WHO: Ages 55+
WHERE: Village Community Center, Gymnasium
WHEN: Session I: Mondays, Sept. 14 – Oct. 26
(No Volleyball 10/12)
Session II: Mondays, Nov. 2 – Dec. 21

TIME: 1:30 p.m. – 3:00 p.m.

COST: Session I: \$6 per participant
Session II: \$8 per participant

NOTE: Pre-registration required for each session.

JIGSAW PUZZLES

Have a puzzle? Jigsaw puzzles are a great way to keep a mind active and strong and a great family-time project. Feel free to explore our puzzle collection in room 114. Return puzzles back to our office.

WHERE: Village Community Center, Room 106
WHEN: Weekdays
TIME: 8:00 a.m. – 4:00 p.m.
COST: FREE
NOTE: Puzzle options can be offered to fit your desired size and image needs.

Keep Your Brain and Body Active!

FREE

SCAMS & FRAUD -LIFESPAN

NEW

Financial exploitation is one of the fastest-growing threats facing older adults. The most effective way to fight back is through education. When people understand how scams work, they gain the confidence to question suspicious offers, recognize warning signs and protect themselves and their loved ones. This presentation will also cover scams with the use of AI.

WHO: Ages 55+
WHERE: Village Community Center, Room 114
WHEN: Monday, November 16
TIME: 10:00 a.m. - 11:30 a.m.
COST: FREE
NOTE: Pre-registration is required.



CASEWORKER SERVICE -STACIE, LIFESPAN

FREE

Schedule a visit with an Eldersource Care Manager from Lifespan, who comes with a vast amount of knowledge to help with many services such as medical coverage, insurance, SNAP and many other areas of concern. Please call our office to make an appointment 585-392-9030.

WHO: Ages 55+
WHERE: Village Community Center, Room 105
WHEN: 1st Tuesday of the Month
TIME: 10:00 a.m. - 1:00 p.m.
COST: FREE
NOTE: Please call to schedule an appointment.

CHAIR YOGA -SUE VANSLYKE

Chair Yoga stretch, strength, and balance is a safe and fun way to incorporate yoga practices using both seated and optional standing postures. It gives you the same benefits of traditional yoga, while providing additional support and stability from the chair. A foundational, therapeutic practice that promotes balance, strength and flexibility. We will incorporate breath and posture awareness along with relaxation techniques.

WHO: Ages 18 & older
WHERE: Village Community Center, Room 208
WHEN: Session I: Tuesdays, September 29 - Nov. 10 (No Class 10/27)
Session II: Tuesdays, November 17 - Dec. 22
TIME: 9:30 a.m. - 10:30 a.m.
COST: \$40 per participant, per session
NOTE: Late registrations are accepted and pro-rated! Sue Van Slyke has been involved with yoga for over 20 years and is accredited with the Yoga Alliance.

BALANCE AND STABILITY -SUE VANSLYKE

NEW

Are you interested in improving your balance? Want better overall control of your body and movements? This 3-week workshop includes an educational component along with a circuit of exercises focused on balance and stability. Participants will practice recovering from loss of balance, improving standing balance, building single-leg stability along with muscle strengthening exercises.

WHO: Ages 55+
WHERE: Village Community Center, Room 208
WHEN: Thursdays, November 5-19 (3 Classes)
TIME: 9:30 a.m. - 10:30 a.m.
COST: \$27 per participant
NOTE: Late registrations are accepted and pro-rated! Sue Van Slyke has been involved with yoga for over 20 years and is accredited with the Yoga Alliance.



Experience Parks & Recreation

ABOUT OUR DEPARTMENT

The administrative staff of the Parma Parks and Recreation Department is made up of full and part-time staff. They watch over the department operations with a support staff consisting of part-time year-round employees, and roughly 50 seasonal employees. The department coordinates over 300 volunteers who provide roughly 8,000 hours of service yearly. Staff are members of the NY State Recreation & Park Society, the Genesee Valley Recreation & Parks Society, the National Recreation & Parks Association, and Monroe County Office for the Aging.

In recent years, the Department was recognized by the Monroe County School System and HCSD as the 2025 Community Champion for Public Education, the HCSD as a 2024 and 2025 Friend of Education, and by the NY State and/or Genesee Valley Recreation and Park Societies receiving individual awards for 2026 Outstanding Service (Sherry Farrell), 2025 Distinguished Professional (Ryan Rockefeller), 2025 Steven Fowler Good Guy (Phil Smith), 2025 Distinguished Citizen (Arthur Cosgrove), 2022 Outstanding Service (Tom Venni), 2021-2022 Young Professional (Kathleen Laskey), 2021 Distinguished Service (Tom Venni), 2020 ABCD (Sheila Steinorth), 2018-2019 Young Professional (Ryan Rockefeller), 2018-2019 Good Gal (Sherry Farrell), 2024 Outstanding Corporate Sponsor (Mike Lee, WCI), 2022-2023 Outstanding Corporate Sponsor (Pettinari's), and 2017-2018 Outstanding Corporate Sponsor (Caraglio's Pizza). Over the past decade, the Department has also been recognized for having exceptional programs, special events, park amenities, facility designs, multi-media efforts, and marketing.

PARKS & RECREATION COMMISSION

Giuseppe Pettinari, Chairperson

Kyle Menges, Vice Chairperson

Jamie Attoma

Arthur Cosgrove

Elaine DelVecchio

Linda Fowler

Mary Ann Smith

TOWN BOARD

David Ciuffo, Supervisor

Tod Ferguson

Daryl Maslanka

Stephanie Michalowski

Michael Zillioux

VILLAGE BOARD

Andrew Fowler, Mayor

Jamie Attoma

Christine Brower

Sherry Farrell

Shannon Zabelny



PARMA TOWN PARK

Located on Route 259 and sitting on 200+ acres of town property, the Parma Town Park offers year-round recreational opportunities. Facilities include: 8 baseball/softball diamonds (one with field lights), 2 sand volleyball courts, 4 lighted tennis courts, 2 lighted pickleball courts, 2 lighted basketball courts, 4 open air picnic pavilions with tables, 6 soccer fields, 2 multi-sport fields (one with lights), flush facilities, a 3/4-acre stocked pond with fishing dock, a 1-mile nature interpretive trail, a 1-acre Dog Park, a cross-country running course, a championship 18-hole disc golf course, one enclosed lodge, several other recreational venues, and plenty of parking. The park is maintained by the Town and is open to the public daily throughout the year. Parma Town Park is very popular and many families enjoy our vast facilities. Please drive slowly and cautiously. ENJOY YOUR PARK!

Town Park Hours are as Follows:

November - March

7:00 a.m. - Dusk

April - May

7:00 a.m. - 9:00 p.m.

June - August

7:00 a.m. - 10:00 p.m.

September - October

7:00 a.m. - 9:00 p.m.

PARMA PAVILION AND VFW RENTALS

All persons/groups wishing to reserve use of the park picnic pavilions or VFW Lodge may obtain a permit from the Town Clerk's Office at the Parma Town Hall from 8:00 a.m. to 4:00 p.m., Monday-Friday. Rentals are handled on a first-come basis and subject to date change fee. Please see pricing details below. For availability or more information, please 585-392-9461.

PAVILIONS:

3 pavilions to choose from located at Parma Town Park

PAVILION FEE:

2 - 19' x 36' and seats approximately 65 patrons
\$75/resident \$150/non-resident
1 - 15' x 25' and seats approximately 25 patrons
\$50/resident \$75/non-resident

VFW RENTAL RATES:

\$285 + \$100 deposit
occupancy is 99 patrons

Information

MISSION STATEMENT

The department's mission is to provide accessible, affordable, and quality leisure programs, activities, services, and facilities to all residents of our community regardless of race, gender, income, physical disabilities, creed or other barriers that would preclude participation, and to actively inform and educate residents about the role of the Hilton-Parma Parks Recreation Department. Furthermore, Hilton-Parma Parks and Recreation promotes the concept of fun, healthy and safe lifestyles and environments with the expectation there will be no use of illegal substances at our programs, events or facilities.

REGISTRATION PROCEDURES

Registration begins as soon as our brochure is released or when made available online. Non-residents may register for most programs, although non-resident dates and fees may apply. Registration may be completed by mail, drop-box, over the phone or online at www.hprecreation.org. Pre-registration is required unless otherwise noted. All fees are due and payable at the time of registration. We accept [Cash](#), [check](#), [Visa](#), [MasterCard](#) or [Discover](#). [Checks made payable to the "Town of Parma"](#).

REFUND POLICY

If Hilton-Parma Recreation cancels a class; a full refund, credit or make-up class will be offered. All other refund requests must come directly to the Hilton-Parma Recreation office in writing at least five days prior to the program start date. Refunds are subject to approval by the Director and a service charge of 10% on transactions of \$300 or less and 5% on transactions over \$300. Issued refund checks may take up to 3-5 weeks to process. Programs requiring advanced purchase of tickets or services may not be refundable unless your space is filled.



A SPECIAL THANKS

The Town of Parma would like to offer a special thanks to the Hilton Central School District, Administration, Transportation, and Buildings and Grounds for the use of their fine facilities and support services; the Village of Hilton for their efforts; the New York State Office of Children and Family Services; the Monroe County Office for the Aging for their financial support; hundreds of volunteers; and our local civic organizations, sport organizations, and businesses for all of their support.

PARTICIPATION WAIVER AND PHOTO RELEASE

I, the Participant and/or the undersigned parent/guardian of "the Participant" (a minor), do hereby consent to mine and my child's participation in the specified program(s), event(s) or reservation(s) held at the specified location [if applicable], on the specified dates [if applicable].

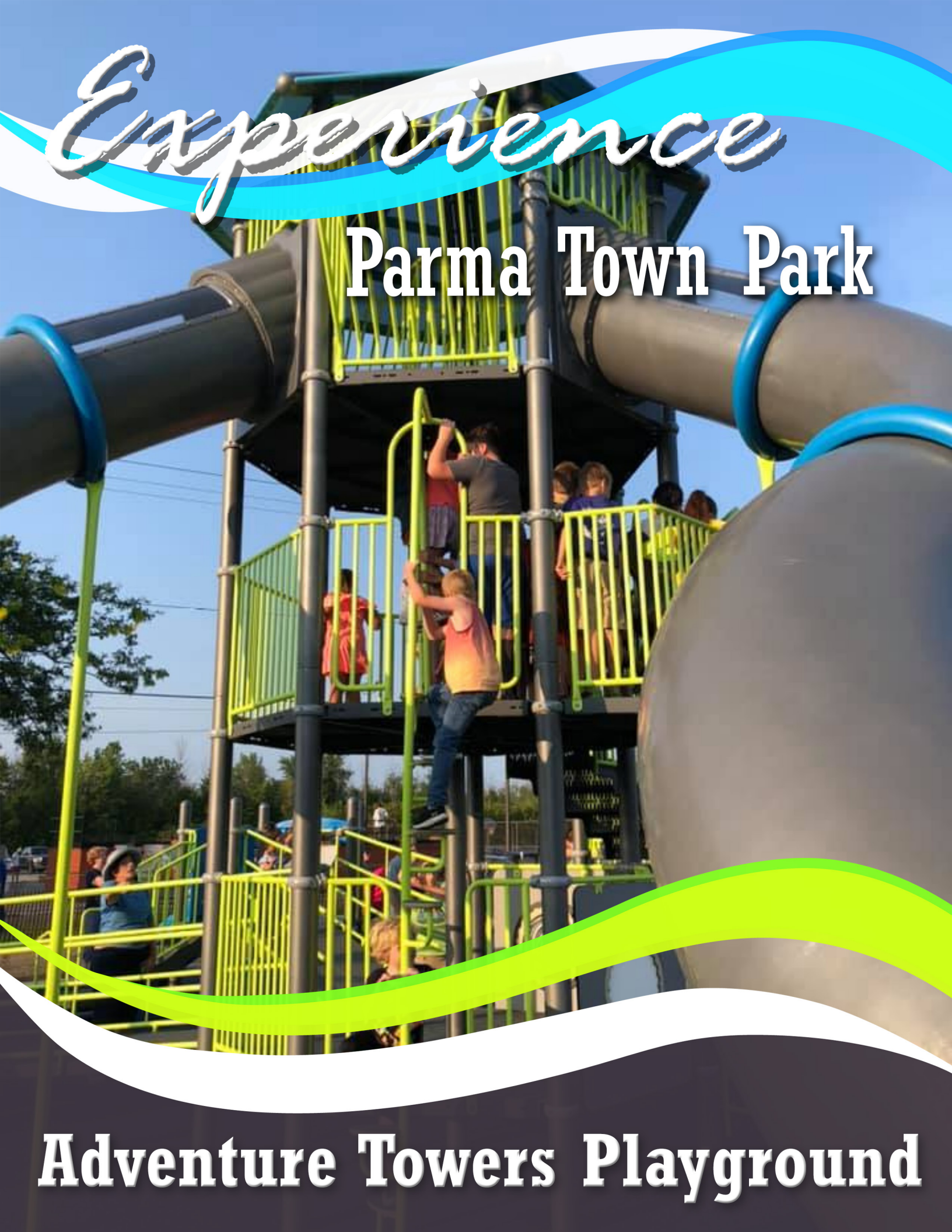
I understand that some of the activities in this program may involve rigorous physical activity and risks of injury or death. I also recognize mine and/or my child's participation in a program may result in the transfer of an illness or disease, including but not limited to COVID-19, which could result in severe illness, personal injury, permanent disability and/or death. In the event of an injury, I/We hereby give consent for emergency transportation and treatment for the participant. I hereby accept responsibility for the payment of any emergency transportation or treatment on behalf of the Participant. I further certify the Participant is in good physical condition and has no medical or physical conditions that would restrict his/her/my participation in the specified program(s), event(s) or reservation(s).

I agree to forever release the Town of Parma, Hilton-Parma Recreation Commission, Village of Hilton, Hilton Central School District, Employees thereof, supervisors, organizers, sponsors, volunteers and any other individuals assisting with the activities associated with this program ("the Releasees") from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries or illness to the Participant or property damage resulting from the Participant's participation in the specified program(s), event(s) or reservation(s).

I also promise, to indemnify, defend, and hold harmless the Releasees against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries or illness to the Participant or property damage resulting from the Participant's participation in the specified program(s), event(s) or reservation(s).

I further affirm that I have read this Consent and Release Form and that I understand the contents of this Form. I understand that the Participant's participation in this program is voluntary and that the Participant and I are free to choose not to participate in said program. By signing this Form, I affirm that I have decided to participate in and/or allow my child to participate in the specified program(s), event(s) or reservation(s) with full knowledge that the Releasees will not be liable to anyone for personal injuries, illness and/or property damage the Participant or I may suffer in the course of this program.

Occasionally, photos may be taken of participants in the programs, classes and activities, or of people in the town's parks. Please note these photos may be used in future brochures, websites, social media websites, pamphlets, flyers or news releases.



Experience

Parma Town Park

Adventure Towers Playground