

# Experience

## Parks & Recreation *Winter Spring* 2023



### Hilton-Parma

January - May





# Recreation Department Info

## Ways to Register

1

Online

[www.hprecreation.org](http://www.hprecreation.org)

2

Call 392-9030

M-F 8:00 a.m. - 4:30 p.m.

### **Program Refund Policy:**

If Hilton-Parma Recreation cancels a class; a full refund, credit or make-up class will be offered. All other refund requests must come directly to the Hilton-Parma Recreation Office in writing at least five days prior to the program start date. Refunds are subject to approval by the Director and a service charge of 10% on transactions of \$300 or less and 5% on transactions over \$300. Any issued refund checks may take up to 3-5 weeks to process. Programs requiring advanced purchase of tickets or services may not be refundable unless your space is filled.

## Recreation Staff

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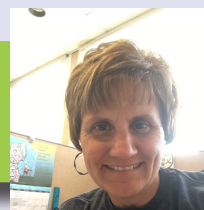
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# A Message from the Director

Dear Hilton-Parma Community,

Happy New Year! We hope the winter is treating you all well. If you happen to be a snow recreator who enjoys skiing, snowboarding, snowmobiles, sledding, and snow in general, I hope the snow comes for you soon. For those who could care less about it, I am sure you welcome the recent weather.

As we transition into 2023, I thank all of you who joined us in 2022. We had a wonderful year and enjoyed experiencing it with you. Towards the latter half of fall, we had some exciting happenings I am pleased to share.

On November 10th, we held a groundbreaking for our very own Dog Park, the “Bark Park at Parma Town Park.” We welcomed Assemblyman Josh Jensen, Town of Parma Elected Officials, Parks & Recreation Team Members, and members of the Hilton-Parma Parks & Recreation Commission and Friends Foundation to officially break ground. Oh, and of course, Hadley the Golden Doodle was there in all her glory! We thank Assemblymen Jensen who helped secure \$50,000 in grant funding from New York State for the project.

Keeping the good news rolling, our Department received recognition by accepting two Genesee Valley Park and Recreation Society (GVRPS) Awards at the GVRPS Annual Conference and Awards held on Friday, November 18th. One of the two awards is actually in celebration of one of our amazing community partners. The two awards are pictured to the right and are as follows:

- 2022 Outstanding Corporate Partnership – Pettinari’s Deli, Pizza, & Meats
- 2022 Inclusion Program of Excellence – Hilton-Parma Special Olympics Training Club

Lastly, I want to highlight an amazing first-time event held over the Holidays, the Hilton Holiday Celebration on Main Street. On Saturday, December 10th, Main Street Hilton was closed down as we hosted an estimated one thousand attendees who enjoyed free refreshments, crafts and visits with Santa at the Library, cookie decorating, Holiday music, food trucks, various vendors, the Elf Trek Hunt, various vendors, main street business deals, wagon rides, mural coloring, and more! The evening concluded with our annual Tree Lighting Ceremony at the Village Community Center Gazebo. It was a wonderful time and we are already looking forward to next year!

As you jump into our program guide, you will find some great opportunities for our community, including the return of our Valentine’s Day Family Sweetheart Ball coming to you on Friday, February 10 and a the brand new Food Truck Friday and February, featured on pages 16-19. I hope you enjoy exploring the content within this guide and we hope to see many of you soon!

Thomas Venniro, Director of Parks and Recreation





# 2022 Award Winners!



OUTSTANDING  
CORPORATE  
PARTNERSHIP

**PETTINARI'S  
DELI, PIZZA & MEATS**

2022 GVRPS Award Winner



INCLUSION PROGRAM  
OF EXCELLENCE

**HILTON-PARMA SPECIAL  
OLYMPICS TRAINING CLUB**

2022 GVRPS Award Winner





# Pre-School & Early School-Age

## TODDLER & KID'S TIME

FREE

Come enjoy an open activity room set up with tumbling mats and shapes where kids can come together and socialize.

**WHO:** Ages 6 months-4 years with an adult  
**WHERE:** Village Community Center, Room 208  
**WHEN &:** Grand re-opening on Friday, February 17  
**TIME:** Winter schedule to be announced soon  
**COST:** FREE-Please sign in daily  
**NOTE:** Children must be supervised. We recommend calling the Recreation Office to confirm program opening on a weekly basis.

**Special  
Olympics  
New York**



NEW

## YOUNG ATHLETES -SPECIAL OLYMPICS

FREE

Special Olympics Young Athletes is a sport and play program for children with and without intellectual disabilities (ID), ages 2 to 7 years old, introducing basic skills like running, kicking, and throwing. Young Athletes offers the community the chance to share the joy of sports with all children. With the help of our trained coaches, the program provides children with activities and games that meet their individual skill and ability levels, while allowing them to play together in a fun and inclusive environment. Children of all abilities take part, and they all benefit. Through Young Athletes, all children, their families, and people in the community are welcomed into the world of Special Olympics and can be a part of an inclusive team working to develop motor skills, social-emotional learning, expectations, sport readiness, and acceptance.

**WHO:** Session I: Ages 2-4  
Session II: Ages 5-7  
**WHEN:** Thursdays, April 13 - May 4  
**WHERE:** Village Elementary School, HJ Gymnasium  
**TIME:** Session I: 5:15 p.m. - 5:55 p.m.  
Session II: 6:05 p.m. - 6:45 p.m.  
**COST:** FREE - pre-registration is required  
**NOTE:** In addition to registering online, registrants will be required to complete a Special Olympics Young Athletes Registration Packet.

## PEE WEE SPORTS

This introductory program are designed to teach youth the basics of various sports and activities along with some of the motor skills necessary to participate. Each week Coach Joe will teach kids new skills and play sports through fun activities/instruction, parental involvement, and age-appropriate equipment. This program focuses on fun without the threat of competition or fear of failure. This program is also geared towards our younger participants who are just starting out with sports. The program focuses on very basic skills and learning to master those skills through fun activities and instruction.

**WHO:** Ages 3-5 (must be accompanied by an actively participating responsible adult)  
**WHEN &:** Soccer: Tuesdays, February 7 - March 7  
**WHERE:** (No Class 2/21)  
Village Elementary School, HJ Gymnasium  
Floor Hockey: Tuesdays, March 21 - April 18  
(No Class 4/4)  
Village Elementary School, HJ Gymnasium  
Baseball: Tuesdays, May 2 - 23  
Village Community Center, Playing Fields  
**TIME:** 6:15 p.m. - 7:00 p.m.  
**COST:** \$50 per participant, per session  
**NOTE:** Each participant will receive a t-shirt and starter equipment. This is not a drop off program.

## BUMPER BOWLING -PLEASURE LANES

Have a ball with this bumper bowling program. Pleasure Lanes has fun and animated scoring. Includes 1 game each week for 6 weeks with bowling shoes provided. Pizza and certificates of participation on the last week of each session. Light instruction included with glow bowling and music on the last week too.  
\*\*Snack bar may or may not be available; no outside food allowed.

**WHO:** Ages 3-7  
**WHERE:** Pleasure Lanes, South Avenue, Hilton  
**WHEN:** Wednesdays, March 15 - April 26  
(No Bowling 4/5)  
**TIME:** 4:30 p.m. - 5:30 p.m.  
**COST:** \$60 per participant  
**NOTE:** If you want to bowl with a friend, please note this when you register. Lanes limited to three bowlers - no exceptions.



*Save the Dates!*



# Summer Concert Series

Parma Town Park  
FREE | FOOD TRUCKS | 6pm - 7:30pm



Hilton-Parma  
Parks & Recreation



June 10 | June 21 | July 15  
July 28 | August 9  
August 23 | September 6



# *Save the Date*

# SUMMER SMASH

FRIDAY, JULY 28

FIREWORKS | FOOD TRUCKS | BANDS



# Out of School Recreation



## KIDS NIGHT OUT!

Calling all kids of Hilton-Parma! This is your chance to escape your parents for a few hours and have some fun with your friends! Don't miss out on a Friday night out on the town! After a delicious pizza dinner, we will have a variety of activities including a slate of video games. We will provide a late-night snack and movie. This program gives parents the chance to enjoy a special night while their children are having a great time in a safe environment with their friends. Our staff have years of experience working with youth. Please register early as this program may fill up fast!

**WHO:** Children grades K-6  
(To be divided into age appropriate groups)  
**WHERE:** Village Community Center, Room 204  
**WHEN:** Friday, March 3  
**TIME:** 6:00 p.m. - 9:00 p.m.  
**COST:** \$15 per participant

**FILLS  
FAST**

## FULL DAY RECESS ACTIVITY DAY CAMPS

Join some of our Hilton-Parma Recreation staff as we engage kids with fun activities during school vacation days. Please bring a lunch, as well as a water bottle. We will provide a morning and afternoon snack. The program features and promotes positive supervision physical activity, enrichment, and socialization. Each day may include a combination of gym time, group activities, trips, and/or crafts. Before camp starts, registrants will receive an informational email more details. Kids zone participant health and authorized pick-up forms are required upon registration. Space is limited.

**WHO:** Children grades K-6 (To be divided into age appropriate groups)  
**WHERE:** Hilton Community Center - Rooms 204 and 203  
**TIME:** 8:00 a.m. - 5:30 p.m.

**FILLS  
FAST**

## FEBRUARY RECESS CAMP: FUN AND GAMES!

**WHEN:** Monday, February 20 - Total Sports Experience Trip  
Tuesday, February 21 - Super Mario Day (Home Day)  
Wednesday, February 22 - Ontario Play & Cafe Trip  
Thursday, February 23 - Puzzles & Clues (Home Day)  
Friday, February 24 - Leap N' Laugh Trip

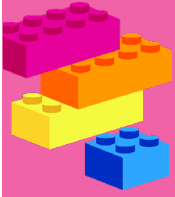
## APRIL RECESS CAMP: OUT AND ABOUT!

**WHEN:** Monday, April 3 - Champions Mini Golf Trip  
Tuesday, April 4 - Spring Into Spring (Home Day)  
Wednesday, April 5 - Tinker Nature Park Trip  
Thursday, April 6 - Get Out & Go! (Home Day)  
Friday, April 7 - Horizon Fun FX Trip

**COST:** \$210/resident or \$235/non-resident all 5 days  
\$40/resident or \$45/non-resident per home day  
\$50/resident or \$55/ non-resident per trip day



# 2022-23 Before & After School



## Kid's Zone

### BEFORE & AFTER SCHOOL RECESS DAYS

Kid's Zone Programs are fun programs just for kids during out-of-school times! Every Kid's Zone program requires electronic participant information upon or shortly after registration that will be readily available to program staff throughout the duration of any Kid's Zone Program.

#### BEFORE AND AFTER SCHOOL PROGRAM - NOW OCFS LICENSED CHILDCARE!

Similar to HP Recess and Summer Camps, the B&AR program provides a New York licensed before and after school child care service/resource. It is the program's mission to provide affordable, enriching, fun and safe out of school options for families. The program features and promotes positive supervision, socialization, crafts, enrichment programming and physical activity. Space is very limited and registration for this program is separate and independent from our recess activity camp programs.

**WHO:** Elementary Grade Children in the Hilton Central School District

**WHERE:** Village Community Center, 59 Henry Street

**WHEN:** Monthly during the 2022-23 school year

**TIME:** Before Care: 7:00 a.m. - 8:30 a.m.

After Care: 3:00 p.m. - 5:30 p.m.

**COST:** Before Care: \$130/month

After Care: \$250/month

**NOTES:**

- There will be no pro-rating based on the amount of days per week care is needed.
- Registration will be taken on a first come first serve basis as space is limited.

**SPACE IS LIMITED  
CALL FOR  
AVAILABILITY**

#### UPK B&AR (BEFORE & AFTER SCHOOL RESOURCE) PROGRAM:

Hilton-Parma Recreation is offering our B&AR wrap-around recreational program, housed at Village Elementary, for students enrolled in a Village Elementary UPK session, between the hours of 7:30 a.m. and 5:00 p.m. Similar to our school age program, we will provide supervised before and after school services/resources for those students enrolled in Village Elementary School UPK only. It is the program's mission to provide an affordable, enriching, fun and safe before & after school option for families. The program features positive supervision, socialization, crafts, enrichment programming, and physical activity.

**WHO:** Children enrolled in UPK at Village Elementary School only

**WHERE:** Village Elementary School, 100 School Lane

**WHEN:** Monthly during the 2022-23 school year

**TIME:** Before School Care: 7:30 a.m. - 9:00 a.m.

Morning 1/2 Day UPK Care: 9:00 a.m. - 1:00 p.m.

Afternoon 1/2 Day UPK Care: 11:30 a.m. - 3:30 p.m.

Afternoon Full Day UPK Care: 2:15 p.m. - 3:30 p.m.

After School Care: 3:30 p.m. - 5:00 p.m.

**COST:** Before School Care: \$155/month

Morning 1/2 Day UPK Care: \$420/month

Afternoon 1/2 Day UPK Care: \$420/month

Afternoon Full Day UPK Care: \$130/month

After School Care: \$155/month

**NOTES:**

- Families can choose any or all options based on their needs, and must provide lunch if applicable.
- There will be no pro-rating based on the amount of days per week care is needed.
- Registration will be taken on a first come first serve basis as space is limited.

**SPACE IS LIMITED  
CALL FOR  
AVAILABILITY**

# Youth Programs & Leagues

## ROCHESTER AMERICANS HOCKEY NIGHT WITH HP REC

Come enjoy a hockey night out with HP Recreation! Come see the Rochester Americans take on the Hartford Wolfpack! It should be a slap-shootin' good time. Back again after a few years off, the first 15 youth registered will be able to go on the Amerks bench during warmups! \*The deadline to purchase tickets is Friday, March 3rd. Tickets will be available to pick up, starting Tuesday, March 7th at the HP Recreation office.

**WHO:** All Ages  
**WHERE:** Blue Cross Arena, 100 Exchange Boulevard, One War Memorial Square  
**WHEN:** Friday, March 10  
**TIME:** Game-time 7:05 p.m.  
**COST:** \$19 per ticket, per person  
**NOTE:** \*A minimum of 50 registrants are needed for the promo to activate

## HP REC NIGHT WITH THE RED WINGS

Please join us and your teammates at Innovative Field for our annual night with the Red Wings. This is a great opportunity as all of our Youth Baseball and Softball League teams will be organized for a pre-game parade on the field! 200 Level seat tickets are pre-sold at the Rec. Office or online and they can be picked up at the office on Friday, June 16 any time before 4:00 p.m. Game time is 7:00 p.m. Stick around after the game fireworks to follow! On-field parade information will be emailed to all registered the week of the game.

**WHO:** All – Baseball and Softball Players are invited for a pre-game on field parade  
**WHERE:** Innovative Field, One Morrie Silver Way  
**WHEN:** Friday, June 16  
**TIME:** Game-time 7:05 p.m. – Parade Time TBD  
**COST:** \$10 per ticket, per person (200 Level)  
**NOTE:** Deadline to purchase tickets is June 12



*Experience*

Parks & Recreation

IF YOU WOULD LIKE TO SPONSOR  
PLEASE CONTACT  
RYAN ROCKEFELLER,  
ASSISTANT RECREATION DIRECTOR:  
392-9030 OR  
RROCKEFELLER@PARMANY.ORG

## 2023 SPONSORSHIP OPPORTUNITIES

### 2023 BASEBALL or SOFTBALL TEAM

**\$200**

- Your company, group, or organization name on the back of each player jersey for one of the teams. Jerseys are worn during games and around the community during/after the season.
- Sponsorship recognition advertisements on our Facebook Page and in our seasonal program brochures.
- One free gym or party rental at the Village Community Center.

### 2023 CONCERT and SUMMER EVENT SERIES

**\$400**

- Your company, group, or organization will be recognized as a supporting sponsor of our 2023 Concert and Summer Event Series which will consist of six concerts in the park, our 2023 Summer Smash, and any other summer event.
- Your company, group, or organization logo will be included in publicity for each event.
- Each event advertisement will appear on our Facebook Page and in our seasonal program brochures. You will also be tagged on the Facebook Event Page/Posts.
- You may (optional) attend any series event and distribute information and promotions.
- Your company, group, or organization will receive verbal recognition at each series event.
- One free gym or party rental at the Village Community Center.

### BASEBALL or SOFTBALL TEAM & EVENT SERIES

**\$500**

- Sponsor both a baseball/softball and our event series to receive all of the benefits included above at a Premier Sponsorship discounted rate!

Thank you for your partnership!



# Get in the Game!

## KARATE FOR YOUNG BEGINNERS

-STEVE AND TOM OZMINKOWSKI

Do you know a youth who could benefit from a structured environment specializing in teaching focus, spirit and physical strength? Someone who has room to improve in attitude or tenacity? Come join us to learn the basics of karate in a friendly, family-oriented setting. Classes include physical conditioning, basic movements (blocks and strikes) and real-world applications for the self-control that comes with training. Wear loose-fitting clothing. Uniforms are available for purchase.

**WHO:** Ages 5-12

**WHERE:** Village Community Center, Room 208

**WHEN:** Tuesdays & Thursdays,  
February 14 - April 6 (16 Classes)

**TIME:** 4:30 p.m. - 5:15 p.m.

**COST:** \$140 per participant

**NOTE:** Sensei Steve Ozminkowski holds a 5th degree Black Belt in Isshn Ryu Karate with 20 years' experience. We ask that students wear comfortable clothes they can move around in easily, along with having a clean pair of sneakers they can change into once they arrive. Parents will be required to be present at the first class to sign additional waivers.

## YOUTH FLOOR HOCKEY LEAGUE

Looking for some exciting, fast-paced fun!? Join HP Rec for another great season of indoor floor hockey. Teams will play a 6-game season with all games and practices scheduled on Saturday mornings. Volunteer coaches will coordinate the teams and games. Please register early; team size and divisions are dependent on registration numbers and available space.

**WHO:** Rookie Division: Grades K-1  
Sophomore Division: Grades 2-3  
Junior Division: Grades 4-5  
Senior Division: Grades 6-8

**WHERE:** TBD Based on Registration

**WHEN:** Saturdays, March 18 - April 29  
(No Games 4/8)

**TIME:** TBD Based on Registration

**COST:** \$75/resident, \$80/non-resident

**NOTE:** Teams will be formed by HP Rec and you should hear from a coach before the season starts. Don't hesitate to sign up, as this program is very popular. If you or another responsible adult is willing to coach or assist, please indicate upon registering.

## Baseball & Softball Leagues

**DETAILS &  
REGISTRATION OPEN  
ONLINE**

**FEBRUARY 1**



## SPRING FISHING DERBY

-ROCHESTER BASSMASTERS

The snow has melted and it's time to dust off your fishing gear. Come enjoy an afternoon with the family, while the professionals of Rochester Bassmasters let you in on all the pro's secrets followed by the main event; a fishing derby where participants can sharpen their game for the upcoming fishing season. Prizes will be awarded.

**WHO:** Age Groups 3-6, 7-10, 11-16

**WHERE:** Parma Town Park, Hess Pavilion/Pond

**WHEN:** Saturday, May 20

**TIME:** 10:00 a.m. - 12:00 p.m.

**COST:** \$10 per participant

**NOTE:** Pre-registration is required. Bait will be provided. Please bring your own pole. Prizes will be awarded to the winner of each age group and the overall winner for the largest fish or "Lunker."



# Youth Programs & Camps

## BABYSITTER TRAINING

-EPIC TRAININGS

Taught through classroom discussion, instructor lecture and supplemented by an interactive video presentation, this 5-hour class for boys & girls teaches participants the roles and responsibilities of a babysitter and includes skills in: accident prevention, first aid and review of ages and stages of development along with business practice etiquette. Each student will receive a workbook and a certification card upon completion will be mailed. Students need to bring their own lunch and a self-addressed stamped envelope to class.

**WHO:** Ages 11-15  
**WHERE:** Village Community Center, Room 114  
**WHEN:** [Session I:](#) Monday, February 20  
[Session II:](#) Friday, April 28  
**TIME:** 12:00 p.m. - 5:00 p.m.  
**COST:** \$72 per participant, per session



## HOME ALONE SAFETY

-EPIC TRAININGS

Not sure if your child is ready to stay home alone yet? This class is designed to teach children who are home alone the importance of behaving responsibly. Topics include basic first aid tips, what to do when a stranger comes to the door, answering the telephone, internet safety, how to react during a variety of miscellaneous emergencies such as power outages and fires. Knowing when your child is ready to stay home alone is a difficult decision; preparation can make the transition much easier for you and your child.

**WHO:** Ages 7-12  
**WHERE:** Village Community Center, Room 114  
**WHEN:** [Session I:](#) Monday, February 20  
[Session II:](#) Friday, April 28  
**TIME:** 10:30 a.m. - 12:00 p.m.  
**COST:** \$40 per participant, per session

## FIRST AID FOR KIDS

-EPIC TRAININGS

Join us with our team of current or retired medical staff as they instruct boys and girls ages 8-13 in the skills of Basic First Aid. Supplemented by a video presentation and group activities; participants will learn skills and techniques necessary to respond to a variety of first aid related emergencies including: bleeding control, choking, burns, care for sprains, strains and breaks and treatment for heat & cold emergencies. Also addressed are several common medical emergencies found in schools today such as: food allergies, diabetes, seizures, and asthma. This course meets requirements for several boy/girl scout badges.

**WHO:** Ages 7-12  
**WHERE:** Village Community Center, Room 114  
**WHEN:** [Session I:](#) Monday, February 20  
[Session II:](#) Friday, April 28  
**TIME:** 9:00 a.m. - 10:30 a.m.  
**COST:** \$36 per participant, per session

NEW

## YOUNG ATHLETES

-SPECIAL OLYMPICS

FREE

Special Olympics Young Athletes is a sport and play program for children with and without intellectual disabilities (ID), ages 2 to 7 years old, introducing basic skills like running, kicking, and throwing. Young Athletes offers the community the chance to share the joy of sports with all children. With the help of our trained coaches, the program provides children with activities and games that meet their individual skill and ability levels, while allowing them to play together in a fun and inclusive environment. Children of all abilities take part, and they all benefit. Through Young Athletes, all children, their families, and people in the community are welcomed into the world of Special Olympics and can be a part of an inclusive team working to develop motor skills, social-emotional learning, expectations, sport readiness, and acceptance.

**WHO:** [Session I:](#) Ages 2-4  
[Session II:](#) Ages 5-7  
**WHEN:** Thursdays, April 6 - 27  
**WHERE:** Village Elementary School, HJ Gymnasium  
**TIME:** [Session I:](#) 5:15 p.m. - 5:55 p.m.  
[Session II:](#) 6:05 p.m. - 6:45 p.m.  
**COST:** FREE - pre-registration is required  
**NOTE:** In addition to registering online, registrants will be required to complete a Special Olympics Young Athletes Registration Packet.



## BOWLING FOR YOUTH -PLEASURE LANES

Have a ball with this youth bowling program. Pleasure Lanes has fun and animated scoring. Includes 2 games each week for 6 weeks with bowling shoes provided. Pizza and certificates of participation on the last week of each session. Light instruction included with glow bowling and music on the last week.

\*\* Snack bar may or may not be available; no outside food allowed.

WHO: Ages 7 and older

WHERE: Pleasure Lanes, South Avenue, Hilton

WHEN: Wednesdays, March 15 - April 26  
(No Bowling 4/5)

TIME: 4:30 p.m. - 6:00 p.m.

COST: \$84 per participant

NOTE: If you want to bowl with a friend, please note this when you register. Lanes limited to three bowlers - no exceptions.



## SATURDAY PARTY TIME RENTALS

HP Rec is excited to offer Saturday party time options from 11:00 a.m. - 1:30 p.m. and/or 2:00 p.m. - 4:30 p.m. Your kids and their friends can enjoy a party at the Community Center. Schedule your next party with us!

COST: Basic Party Time Package  
\$100 for 2 ½ hour rental  
\$175 for 5 hour rental  
Plus \$75 cash security deposit  
Rentals includes gym space and party room

For an additional rental cost per item (plus security deposit), we can provide equipment such as gym balls, floor hockey, volleyball, and football equipment, etc.

Add a sheet pizza (cheese or pepperoni) to any of the options above for an additional \$30/\$33 (pepperoni).

NOTE: Payment is due upon confirmation of rental date and deposits are due two days prior to rental date.

## HORSEBACK RIDING LESSONS -MANITOU HILL FARMS

FILLS  
FAST

Western-style lessons. Please bring a carrot or apple each week. Proper footwear and pants are required. Helmets are provided. \*\*Please refrain from bringing siblings to class due to safety precautions.

WHO: Ages 3-8: An introductory class. Parental assistance is needed to lead the horse; consistency with the adult preferred.

WHERE: Manitou Hill Farms, 662 Manitou Road

WHEN: Session I: Tuesdays, April 4 - 25 (4 Classes)

Session II: Tuesdays, May 2 - 23 (4 Classes)

TIME: 6:00 p.m. - 6:30 p.m. OR

6:30 p.m. - 7:00 p.m.

COST: \$125 per participant, per session

NOTE: Each session is limited to 5 participants and a minimum of 3 is needed.

WHO: Ages 8-17: Learn about grooming and tacking, in addition to riding.

WHERE: Manitou Hill Farms, 662 Manitou Road

WHEN: Session I: Tuesdays, April 4 - 25 (4 Classes)

Session II: Tuesdays, May 2 - 23 (4 Classes)

TIME: 7:00 p.m. - 8:00 p.m.

COST: \$175 per participant, per session

NOTE: Classes are limited to 5 participants, but a minimum of 3 is needed.



## REGISTER EARLY!

Nothing prevents a program from running more than late registrations. Please register early to assure you have a spot in a class and that we have enough to run a program.



# GGLeagues eSports Club!

## ESPORTS CLUB WINTER LEAGUE PASS -GGLEAGUES

Hilton-Parma Recreation has partnered with GGLeagues to launch our own esports club! Join our club today and connect with other players from Hilton-Parma Recreation and surrounding communities. We have a place for players of all ages and gaming backgrounds. Joining our club will provide you with access to SAFE and FUN esports competitions, educational opportunities for parents and gamers, and you will be the first to know about new leagues and upcoming events. GGLeagues has trained support admins and referees who will be present to enforce the rules, ensure the safety of all players, and most importantly, making sure everyone is having a great time.

This season's league pass will provide access for 7-week leagues for as many of the following games you or your gamer owns and chooses to participate in:

- EA Sports Madden Football (Playstation or Xbox)
- Rocket League (Crossplay)
- Mario Kart 8 Deluxe (Nintendo Switch)
- Super Smash Bros Ultimate (Nintendo Switch)
- Fortnite (Crossplay-All Platforms)



**WHO:** Leagues for ages 8-12, 13-17, 13+, 18+

**WHERE:** Virtual from your gaming system

**WHEN:** One night per week, January 23 - March 6

Madden Football: Mondays

Rocket League: Wednesdays

Mario Kart 8 Deluxe: Mondays

Super Smash Bros Ultimate: Thursdays

Fortnite: Tuesdays (ages 13 and older only)

**TIME:** Typically 7:00 p.m. (youth), 8:00 p.m. (teen), 9:00 p.m. (adult) each week

Please refer to GGLeagues Partner Page for actual schedule and exact times

**COST:** \$40 per league pass, per participant - grants access to play in any and all of the above game leagues

### WHAT IS THE LEAGUE PASS & WHAT DO I NEED TO PARTICIPATE BESIDES A LEAGUE PASS?

The GG Leagues League Pass is \$40 and gets you access to any and all of the leagues you are interested in for the fall season. You can take part in as many leagues as you desire on the evenings listed above. You will need to own the game that you will be playing, a game system or computer, an online service subscription and an Internet connection. For example, to take part in the Mario Kart 8 Deluxe league on Mondays, you would need to own Mario Kart 8 Deluxe, a Nintendo Switch, a Nintendo Switch Online Subscription, and Internet access.

### HOW DO I REGISTER FOR THE LEAGUE PASS? DEADLINE TO REGISTER JANUARY 17

Create an account on GGLeagues by going to our Club page. Once your account is created, hit the 'Get a Hilton-Parma Recreation Pass!' button on the middle of the screen. Then follow the registration instructions.

Club Page Link: <https://app.ggleagues.com/clubs/hilton-parma-recreation> (Or use the QR Code below)

For questions regarding signing up: [support@ggleagues.com](mailto:support@ggleagues.com)



Sign-Up Here

POPULAR GAMES



## GGLEAGUES ESPORT GAMING

Join Our Hilton-Parma Recreation Club Today!



# Fun with Food

## "How to Catch A..."

### STORYBOOK COOK SERIES

- ELIZABETH BAULD, THE STORYBOOK COOK

NEW

Join us for any or all of these fun sessions over the next couple of months as we further delve into this series written by Adam Wallace. These fun, rhyming books provide a great way to incorporate making some delicious treats based on what we read. The snacks made for each class incorporate the theme of the session's book (books are listed below). Sign up for one or all five in order to share in the deliciousness.

WHO: Ages 4-7

WHERE: Hilton Community Center, Room 114

BOOK: [Session I:](#) How to Catch a Snowman

[Session II:](#) How to Catch a Yeti

[Session III:](#) How to Catch a Leprechaun

[Session IV:](#) How to Catch an Easter Bunny

[Session V:](#) How to Catch the Tooth Fairy

WHEN: [Session I:](#) Wednesday, February 1

[Session II:](#) Wednesday, February 8

[Session III:](#) Wednesday, March 1

[Session IV:](#) Wednesday, April 19

[Session V:](#) Wednesday, May 3

TIME: 6:30 p.m. - 7:30 p.m.

COST: \$17 per participant, per session

## TWEEN COOKING COMPETITION

### SERIES

- ELIZABETH BAULD, THE STORYBOOK COOK

NEW

Is your tween a chef in the making who enjoys cooking competitions? Join us for any or all of these fun themed sessions over the next couple of months as we learn how to make a few "basic" meals. The food of each session can be found below. After creating the basic version of each, you and/or your team (depending on how many sign up) will add or modify certain ingredients to make YOUR creation stand out as the BEST. Sign up for one or all five in order to share in the fun.

WHO: Ages 8-12

WHERE: Hilton Community Center, Room 114

FOOD: [Session I:](#) Tacos

[Session II:](#) Marinara Sauce

[Session III:](#) Chili

[Session IV:](#) Stir Fry

[Session V:](#) Pizza

WHEN: [Session I:](#) Thursday, February 2

[Session II:](#) Thursday, March 2

[Session III:](#) Wednesday, March 29

[Session IV:](#) Thursday, April 27

[Session V:](#) Thursday, May 4

TIME: 6:30 p.m. - 8:00 p.m.

COST: \$26 per participant, per session

HILTON-PARMA PARKS & RECREATION

# SUMMER CAMP 2023

INFO COMING SOON!





# Family Programs/ Special Events



HP  
FAMILY SWEETHEART  
*Ball*  
Friday, February 10  
Village Community Center  
6:00-8:00 pm

The poster features a large 'HP' logo at the top with a sunburst effect. Below it, the words 'FAMILY SWEETHEART' are in a bold, sans-serif font, and 'Ball' is in a large, white, cursive script. The background is black with a pattern of pink and orange squares. A blue wavy line runs across the middle.



H.P REC. Presents  
**FOOD TRUCK**  
Friday in February  
FREE Activities  
Friday 17 FEB 4:30- 8:00 p.m.  
Come celebrate the unveiling of our new kid's time toddler play room  
COMMUNITY CENTER  
59 Henry Street, Hilton, N.Y.  
• GAGA BALL • MACAROLLIN AND BRAIDED ACRES FOOD TRUCKS  
• CRAFTS • BOARD AND LAWN GAMES  
www.hprecreation.org

The poster has a green background with a city skyline. A food truck is in the center. A blue banner says 'Friday in February'. A starburst says 'FREE Activities'. The date 'Friday 17 FEB' is in large blue letters. Below it is the time '4:30- 8:00 p.m.'. To the right, it says 'Come celebrate the unveiling of our new kid's time toddler play room'. Below that is a box for 'COMMUNITY CENTER' with the address '59 Henry Street, Hilton, N.Y.'. At the bottom, there are two columns of activities: 'GAGA BALL', 'CRAFTS', 'MACAROLLIN AND BRAIDED ACRES FOOD TRUCKS', and 'BOARD AND LAWN GAMES'. The website 'www.hprecreation.org' is at the bottom.

# Creating Community Experiences

## Dinner & Bingo with the Easter Bunny

Thursday, March 30 – 6:00 p.m.



## Family Movie Night

FRI | APRIL 14 | 6-9 PM

VILLAGE COMMUNITY CENTER

PIZZA DINNER, KARAOKE, GAMES,  
YUMMY SNACKS AND SING 2!



ILLUMINATION PRESENTS  
**SING**  
**2**



# Family Programs/ Special Events

## FAMILY SWEETHEART BALL

FILLS  
FAST

Attention Moms and Sons, Dads and Daughters, and all family members; join us for Hilton-Parma Recreation's annual Sweetheart Dance semi-formal. We have the perfect evening planned for you and your "Sweetheart", including a live DJ, snacks, refreshments, a craft, games, photo opportunities, and a dance-off with Peanut the Hilton-Parma Puppy! We also plan to name our annual ball King, Queen, Prince, and Princess! PRE-REGISTRATION IS REQUIRED.

WHO: All ages (Children 2 and under are FREE)  
WHERE: Village Community Center  
WHEN: Friday, February 10  
TIME: 6:00 p.m. - 8:00 p.m.  
COST: \$8 per person (adults and children)  
NOTES: Space is limited so register fast.



## HILTON GOLDEN APPLE HUNT FREE

It's BACK, so get ready Hilton! Our mascot Peanut Apple-Seed planted golden apple seeds all around over the fall. These seeds will soon grow into Golden Apples, ready for harvesting this spring. Your job will be to try and find the secret orchard grounds where the Golden Apples were planted. During the month of May, clues will be leaked as where to find these apples. For each one found, there will be a prize value of at least \$20! Make sure to pre-register by joining our Facebook Group, "Hilton Golden Apple Hunt." This is sure to be your family's favorite pastime.

WHO: All are welcome to play  
WHERE: Apples located within the Town of Parma  
WHEN: Every Saturday in May  
COST: FREE  
NOTES: Please register for this program by joining our Facebook Group "Hilton Golden Apple Hunt." ALL rules and clues will be distributed through the Facebook Group.

## FOOD TRUCK FRIDAY IN FEBRUARY WITH GAMES, PLAY, GAGA AND MORE!

NEW

Yes, you read that right, Hilton-Parma Recreation is throwing a mini Food Truck Rodeo party in February! Except it's not just a Food Truck Rodeo. Anyone is welcome to grab food and go or dine-in with us, but the evening can also serve as a family night out featuring Gaga Ball in the Gym, board games, lawn games, a make-it take-it craft with Parma Public Library, and the unveiling of the new and improved kid's time toddler play room! Make sure to join us for a fun-filled night out and some amazing food!

WHO: All members of the community are invited  
WHERE: Village Community Center  
WHEN: Friday, February 17  
TIME: 4:30 p.m. - 8:00 p.m.  
COST: FREE with food available for purchase  
TRUCKS: Macarollin'  
Braided Acres

## WHERE IN THE WOOF IS HADLEY?

Everyone's favorite Goldendoodle, Hadley, is back for another edition of Where in the Woof is Hadley? Starting in March, play along each week for four weeks as Hadley the Goldendoodle makes an appearance in recognizable locations. Once posted, it will be up to you to guess where she is or the theme. All you have to do is "like" our Facebook page to play along. All who guess correctly will be entered into a drawing to win a \$20 gift card prize at the conclusion of each week. That means the more you guess and play along weekly, the greater your chances of winning are.

WHO: All are welcome to play  
WHERE: Facebook  
WHEN: Mondays, starting in March  
TIME: 10:00 a.m.  
COST: FREE

FREE

FILLS  
FAST

Program fills up quickly, don't wait to register

FREE

Free to take part: registration may still be required

NEW

A new program or event for this season

# Creating Community Experiences



## DINNER & BINGO WITH THE EASTER BUNNY

FILLS  
FAST

The Community Center will be HOPPIN' with Peter Cotton Tail and Friends on March 30. Children of all ages are invited to come out and join the Easter Bunny and our mascot Peanut for some dinner followed by BINGO! Enjoy a fun-filled evening of food, entertainment, prizes, a craft with the Parma Public Library, and a special visit with the Easter Bunny! Make sure to book your table and food choice for this event as space is limited. PRE-REGISTRATION IS REQUIRED.

**WHO:** All ages (Children 2 and under are FREE)

**WHERE:** Village Community Center, Room 114

**WHEN:** Thursday, March 30

**TIME:** 6:00 p.m. - 8:00 p.m.

**COST:** \$8 per person (adults and children)

**NOTES:** Space is limited so register fast. Children 2 and under will not be provided a full dinner, so please bring food for them if you desire. Tables will be reserved for registered party members only. Dinner choices will be burgers, hot dogs, or chicken fingers with sides.

## FAMILY MOVIE NIGHT

DINNER, GAMES, AND A MOVIE FEATURING SING 2!

As we wait for winter to end, enjoy a fun night out with HP Rec! Bring the family for dinner and an indoor movie at the Community Center. The evening will feature a pizza dinner, karaoke, games, your favorite movie snacks, and a big-screen feature movie showing of Sing 2. PRE-REGISTRATION IS REQUIRED.

**WHO:** All ages (Children 2 and under are FREE)

**WHERE:** Village Community Center

**WHEN:** Friday, April 14

**TIME:** 6:00 p.m. - 9:00 p.m.

**COST:** \$8 per person (adults and children)

**NOTES:** Space is limited so register fast.

NEW



## REGISTER EARLY!

Nothing prevents a program from running more than late registrations. Please register early to assure you have a spot in a class and that we have enough to run a program.



## FRIENDS OF HILTON-PARMA PARKS & RECREATION

A Friend of Hilton-Parma Parks & Recreation will engage the public to advocate for and advance the preservation, conservation, improvement and development of the Hilton-Parma Parks & Recreation system to enhance the community's well-being and enjoyment of recreational programs, services, and facilities.



The Friends of Hilton-Parma Parks & Recreation strive for the development and improvement of Town of Parma Parks & Recreation programs, services, and facilities; to engage in fund raising activities; to purchase or otherwise acquire objects, equipment and supplies for the benefit of Hilton-Parma Parks & Recreation Department; and to otherwise support the Department for the benefit of the public. If you are interested in joining the NEW Friends of Hilton-Parma Parks & Recreation, please message us on [www.facebook.com/FriendsofHPParksandRec](https://www.facebook.com/FriendsofHPParksandRec) or email [friendsofhiltonparma@gmail.com](mailto:friendsofhiltonparma@gmail.com).



# Adult Programs

## MIX AND MATCH TENNIS -USTA

NEW

Have you wanted to learn tennis or improve your game with others but didn't know where to go? You found the place. This learn and play program is for new players. Get top-notch instruction from a certified tennis professional on how to play and improve beginner skills followed by casual, organized play in a fun environment with other new players. When we finish, grab some food at our Food Truck Wednesdays at the park starting in June!

**WHO:** Ages 18 & older  
**WHERE:** Parma Town Park, Tennis Courts  
**WHEN:** Wednesdays, May 17 - June 21  
**TIME:** 5:30 p.m. - 7:00 p.m.  
**COST:** \$90 per person, includes all dates  
**NOTE:** Bring a racquet, tennis shoes/sneakers and water. If you don't have a racquet, let us know and we'll bring one for you to borrow.

## LINE DANCING -DAVID INTERLICCHIA

Join us for a fun instructional line dance class. There is something for everyone. Country and other styles of music will be played. It doesn't matter if you have been dancing for a long time or are a beginner, this will be a fun dance class for all. A minimum of 10 is needed.

**WHO:** Ages 16 & older  
**WHERE:** Village Community Center, Gymnasium  
**WHEN:** Session I: Mondays, January 30 - March 20 (8 Classes)  
Session II: Mondays, March 27 - May 15 (8 Classes)  
**TIME:** 6:00 p.m. - 7:00 p.m.  
**COST:** \$45 per participant, per session  
**NOTE:** David Interlicchia is an Instructor/Director at Dance Biz and instructs all styles of dance. He has been teaching line dance in the Rochester area for over 30 years.

FILLS  
FAST

Program fills up quickly, don't wait to register

FREE

Free to take part: registration may still be required

NEW

A new program or event for this season



## JIGSAW PUZZLE SWAP

Have a puzzle? Want to swap a puzzle? Join in the fun as jigsaw puzzles are a great way to keep a mind active and strong and a great family-time project. For your first time, there is no need to swap.

**WHERE:** Village Community Center (Swap Location)  
**WHEN:** Weekdays, visit our office upon arrival  
**TIME:** 8:00 a.m. - 4:00 p.m.  
**COST:** FREE  
**NOTE:** Puzzle options can be offered to try and fit your desired needs with size and image.

## FIREARMS SAFETY -ROGER JESTEL

Firearm safety is important and to ensure your safety as well as your loved ones if they ever come in contact with a firearm, then this class is the one you will want to attend. The object of this course is to teach the basic knowledge, skills, and attitude necessary for the safe handling and storage of firearms and ammunition in the home.

**WHO:** Ages 10 & older  
**WHERE:** VFW Lodge, 550 Peck Road  
**WHEN:** Wednesday, May 10  
**TIME:** 6:30 p.m. - 8:00 p.m.  
**COST:** FREE - pre-registration is required  
**NOTE:** Roger is a certified NRA instructor and range safety officer and coaches a couple of rifle teams.

## REGISTER EARLY!

Nothing prevents a program from running more than late registrations. Please register early to assure you have a spot in a class and that we have enough to run a program.



# Become an HP Rec Sponsor!



## Experience

Parks & Recreation

IF YOU WOULD LIKE TO SPONSOR  
PLEASE CONTACT  
RYAN ROCKEFELLER,  
ASSISTANT RECREATION DIRECTOR:  
392-9030 OR  
RROCKEFELLER@PARMANY.ORG

## 2023 SPONSORSHIP OPPORTUNITIES

### 2023 BASEBALL or SOFTBALL TEAM

## \$200

- Your company, group, or organization name on the back of each player jersey for one of the teams. Jerseys are worn during games and around the community during/after the season.
- Sponsorship recognition advertisements on our Facebook Page and in our seasonal program brochures.
- One free gym or party rental at the Village Community Center.

### 2023 CONCERT and SUMMER EVENT SERIES

## \$400

- Your company, group, or organization will be recognized as a supporting sponsor of our 2023 Concert and Summer Event Series which will consist of six concerts in the park, our 2023 Summer Smash, and any other summer event.
- Your company, group, or organization logo will be included in publicity for each event.
- Each event advertisement will appear on our Facebook Page and in our seasonal program brochures. You will also be tagged on the Facebook Event Page/Posts.
- You may (optional) attend any series event and distribute information and promotions.
- Your company, group, or organization will receive verbal recognition at each series event.
- One free gym or party rental at the Village Community Center.

### BASEBALL or SOFTBALL TEAM & EVENT SERIES

## \$500

- Sponsor both a baseball/softball and our event series to receive all of the benefits included above at a Premier Sponsorship discounted rate!

Thank you for your partnership!

## LAP SWIM & WATER WALKING

Take advantage of this opportunity to enjoy one of the world's greatest exercises; swimming and water walking. Lane lines will be put into the water to accommodate all swimmers.

**WHO:** Ages 18 & older  
**WHERE:** Merton Williams, Aquatic Center  
**WHEN:** Tuesdays - ongoing  
Closed on school recess days  
**TIME:** 7:30 p.m. - 8:45 p.m.  
**COST:** \$3 cash/check per person paid at the door

## SCRAPFEST

-HOLLY MCNAIR AND LISA NIELSEN, CREATIVE MEMORIES

Calling all Scrapbookers & Paper Crafters! Come work on your photo projects, paper crafting or card making by having this full day to yourself. There will be some complimentary paper at your seat along with a door prize for everyone who attends, and one grand prize will be given out. No food or drinks will be provided - please feel free to bring your own lunch or order take-out.

**WHO:** Agee 16 & over  
**WHERE:** Village Community Center, Room 114  
**WHEN:** [Session I:](#) Saturday, March 4  
[Session II:](#) Saturday, April 15  
**TIME:** 9:00 a.m. - 4:00 p.m.  
**COST:** \$18 per participant, per session



# Hilton-Parma Senior Center

The Town of Parma provides a variety of programs for the Senior Citizen population. To be eligible to take part in senior programs, individuals should be at least age 55.

## LUNCH AND FUN AT THE HILTON PARMA SENIOR CENTER

Are you looking to enjoy nutritious meals, good company and a friendly atmosphere? Then come dine at "The Hilton"! See our monthly calendar or the quarterly newsletter for a schedule of activities and menu available at the Recreation Office. Each Tuesday, lunch is followed by Bingo.

**WHO:** Ages 60+  
**WHERE:** Village Community Center, Room 114  
**WHEN:** Nutritious meals served through Monroe County Office of the Aging every Tuesday  
**COST:** Suggested contribution of \$3.50 for meals no one is refused a meal if unable to pay.  
**NOTE:** Pre-registration required as meals are ordered 10-14 days in advance. Call 392-9030 to register or for menu information.

## SENIOR CITIZEN EXPRESS

Take advantage of our transportation service for seniors residing within the Town of Parma.

**CENTER TRANSPORTATION** - Town drivers are available to transport seniors to and from select Senior Center functions. (\$2 round-trip)

**SHOPPING TRANSPORTATION** - Wednesdays are set aside for transporting seniors to pre-determined destinations. Destinations have included Wal-Mart, Kohl's, Tops, Dollar Tree, etc. (\$2 round-trip).

**NOTE:** Reservations are necessary as we have a limited number of available seats. Call 392-9030 to register or for information including schedule.



## EVENING MEALS AND A SHOW

Come join us for a fun evening of good food, good entertainment, and good friends! These are nights you truly do not want to miss. Meals catered by Foster's unless otherwise noted.

**WHO:** Ages 55+  
**WHERE:** Village Community Center, Room 114  
**WHEN:** Usually the 4th Wednesday of the month  
**January 25:** Rockin' the New Year  
Entertainment by Joe Miltsch  
**February 22:** Love is in the Air  
Entertainment by Gary Simboli  
**March 22:** St. Patrick's Day  
Entertainment by Peg Dolan  
**TIME:** Meals catered by Foster's served at 4:00 p.m. with entertainment to follow.  
**COST:** \$11 per person, includes meal, dessert and entertainment.  
**NOTE:** Reservations are required. Transportation is available for \$2 round trip.

# Let's Get Moving!

## BETTER BALANCE WORKSHOP

-SUE VANSLYKE

NEW

Join this fun and new class and make some community connections. This class helps participants stay mobile, strong, and steady on their feet. Balancing both sides and various parts of the body increases resilience, independence, and postural stability which can boost confidence. Receiving the benefits of our balance practice can also improve overall well being and prevent or minimize falls.

**WHO:** Ages 55+  
**WHERE:** Village Community Center, Room 208  
**WHEN:** Thursdays, February 2 - 23 (4 Classes)  
**TIME:** 9:30 a.m. - 10:30 a.m.  
**COST:** \$30 per participant  
**NOTE:** Typical class exercises explained online.

## PRESENTING WITH PIZZA

Join us for this monthly program where we have a local presenter speak about an interesting topic or history followed by pizza. All presentations typically occur on the fourth Monday of the month. Lunch includes one slice of pizza, salad, fruit, and a drink.

**WHO:** Ages 55+  
**WHERE:** Village Community Center, Room 114  
**WHEN:** Monday, January 30: Lifespan  
Financial Fitness for Aging Gracefully  
Monday, February 27: Jill Wolf  
Blue Barn Cider Tells All  
Monday, March 27: Sheriff Jonathan Payne  
Dish with a Deputy  
Monday, April 17 Jim Kennard  
Shipwrecks of Lake Ontario  
Monday, May 15 Stacey Pensgen  
News10NBC Meteorologist  
**TIME:** 10:30 a.m. - 12:30 p.m.  
**COST:** \$5 per person, per presentation date  
**NOTE:** Pre-registration is required for each date.  
Food is subsidized by the Monroe County Office for the Aging with a suggested contribution of \$3.50.

## REGISTER EARLY!

Nothing prevents a program from running more than late registrations. Please register early to assure you have a spot in a class and that we have enough to run a program.



## CHAIR YOGA

-SUE VANSLYKE

Chair yoga is a gentle, therapeutic practice that promotes strength, flexibility, balance, and mindful attention. This approach uses the support and safety of a chair to adapt yoga positions. Breathing exercises and relaxation techniques will be offered. This class is suitable for all fitness levels. Join us for a fun and safe practice for everybody!

**WHO:** Ages 18 & older  
**WHERE:** Village Community Center, Room 114  
**WHEN:** Session I: Tuesdays, January 10 - February 14 (6 Classes)  
Session II: Tuesdays, February 21 - March 28 (6 Classes)  
**TIME:** 10:00 a.m. - 11:00 a.m.  
**COST:** \$38 per participant, per session  
**NOTE:** Pro-rated late registrations are accepted.



## SHIPWRECKS of LAKE ONTARIO

A JOURNEY OF DISCOVERY



# Hilton-Parma Senior Center

## AARP SMART DRIVER'S COURSE

-NINA LEMBO

This is a refresher course designed to meet the needs of motorists over 50 years of age. Participants must attend both classes for completion of the course. Participants do not need to be a member of AARP to register. Masks required.

**WHO:** Ages 50+  
**WHERE:** Village Community Center, Room 114  
**WHEN:** Wednesday & Friday, May 24 & May 26  
(Must attend both days)  
**TIME:** 9:30 a.m. - 12:30 p.m.  
**COST:** \$25.00 for AARP members  
\$30.00 for non-members  
**NOTE:** Please call 392-9030 to pre-register. NO CASH is accepted, payment by check or money order only made payable to AARP on the first day of class. Please bring your driver's license along with your AARP membership card to the class.



## AARP TAX SERVICE

FREE

AARP trained tax preparers will be on hand once again to prepare State and Federal income taxes for senior citizens. There is NO CHARGE for this valuable service, and all preparers are IRS trained. Confidentiality is assured, and returns are electronically filed.

**WHERE:** Village Community Center, Room 114  
**WHEN:** Wednesdays & Fridays, by appointment  
ONLY beginning February 1  
**TIME:** Appointment times vary  
**COST:** FREE - pre-registration is required  
**NOTE:** Limited dates remain. Please call 392-9030 to schedule your appointment. Other details will be supplied upon scheduling your appointments.

FILLS  
FAST

Program fills up quickly, don't wait to register

FREE

Free to take part: registration may still be required

NEW

A new program or event for this season



NEW

## COMPUTER SEMINARS

-DANIEL JONES

Whether you are brand new to technology or have been using it for years, you're sure to find a seminar that's right for you. Join us monthly for this chat!

**WHO:** Ages 55+  
**WHERE:** Village Community Center, Room 114  
**WHEN:** Monday, February 6: Money Seminar  
Thursday, March 9: Fake News and How to Spot It  
Monday, April 3: Meet the iPhone  
Wednesday, May 3: TV Today  
Wednesday, June 7: Your Digital Afterlife  
**TIME:** 9:30 a.m. - 10:30 a.m.  
**COST:** FREE - pre-registration is required  
**NOTE:** Classes are meant to provide older adults with computer skills to enhance their lives and keep them connected, breaking down the barriers of fear and intimidation often associated with technology.



## 2023 SENIOR DAY TRIPS

FILLS  
FAST

Hilton-Parma Recreation will be offering a number of day trip opportunities in 2023 for those ages 55 and older. These trips are subsidized by the Town of Parma; therefore, only Town of Parma residents are eligible for a subsidized rate, however, non-residents may attend and pay a non-resident fee if space is available. Call 392-9030 or visit us online for additional trip information, registration procedures, or to register online. The full 2023 schedule will be available at a later date. Limited space may be available.



## HEALTHY LIVING CLASSES -U OF R

What you eat and how much you move can impact your risk of cancer and other chronic diseases. Promote Health. Prevent Cancer. is a free eight-week program aimed at empowering participants to make and maintain changes in diet, physical activity, and exposures. Join others with similar health goals and learn how small changes can add up to make a big difference in increasing your overall health and well-being. No exercise equipment is needed.

**WHO:** Ages 55+  
**WHERE:** Village Community Center, Room 114  
**WHEN:** Thursdays, April 6 – May 25  
**TIME:** 10:00 a.m. – 11:00 a.m.  
**COST:** FREE – pre-registration is required  
**NOTE:** Taught by URM, the curriculum is based on recommendations from the American Institute for Cancer Research, a member of the World Cancer Research Fund.

## BINGO

Are you looking to win some extra money and make some new friends? Then come to BINGO at the Hilton-Parma Senior Center!

**WHO:** Ages 55+  
**WHERE:** Village Community Center, Room 114  
**WHEN:** Tuesdays  
**TIME:** 1:00 p.m. – 3:30 p.m.  
**COST:** \$0.10 per board, per game (up to 3)  
\$0.25 per jackpot board (up to 3)

## JOIN OUR OTHER FUN GROUPS!

For information regarding other popular programs such as Euchre, Bridge, Pinochle, and Penny Poker, be sure to call our office or check our website.

## CRAFT CORNER

FREE

Join us in creating some unique and fun crafts.

**WHO:** Ages 55+  
**WHERE:** Village Community Center, Room 102  
**WHEN:** Bi-weekly Mondays, ongoing  
Call 392-9030 for dates  
**TIME:** 10:00 a.m.  
**COST:** FREE, crafts themed around seasons





# 2022 Baseball/Softball Sponsors



**Hilton Applefest  
Auto Show**

**CREST**  
TILE & MOSAIC

**Z's**   
**Automotive**



Bonnie L. Gargano  
Mortgage Originator, NMLS#481369



**GRB**  
Genesee Regional Bank

Member FDIC  
NMLS#417491 LEADER

585-489-9011  
BLGargano@GRBbank.com  
apply on-line:  
[www.GRBbank.com/Bonnie-Gargano](http://www.GRBbank.com/Bonnie-Gargano)



**FOSTER'S**  
RESTAURANT

Fostershiltonny.com  
585-392-4081

50 Canning St.  
Hilton, NY 14468



# 2022 Concert & Event Sponsors



**M&T Bank**



Bonnie L. Gargano  
Mortgage Originator, NMLS#481369



**CREST**  
TILE & MOSAIC





# Experience Parks & Recreation

## ABOUT OUR DEPARTMENT

The administrative staff of the Parma Parks and Recreation Department is made up of full and part-time staff. They watch over the department operations with a support staff consisting of part-time year round employees, and roughly 50 seasonal employees. The department coordinates over 300 volunteers who provide roughly 8,000 hours of service yearly. The full-time staff are members of the NY State Recreation & Park Society, the Genesee Valley Recreation & Parks Society, the National Recreation and Parks Association and Monroe County Office for the Aging.

Most recently, the Department was recognized by the NY State and/or Genesee Valley Recreation and Park Societies receiving awards for the 2022 Outstanding Service (Tom Venniro), 2021-2022 Young Professional (Kathleen Laskey), 2021 Distinguished Service (Tom Venniro), 2021 Good Guy (Joe Battaglia), 2021 Multi-Media Award, 2020 ABCD (Sheila Steinorth), 2018-2019 Young Professional (Ryan Rockefeller), 2018-2019 Good Gal (Sherry Farrell), 2017-2018 Program of Merit for Creative Tech Camp for Girls, 2017-2018 Above the Call of Duty Volunteerism (Dave Tresohlavy) and 2017-2018 Outstanding Corporate Sponsor (Caraglio's Pizza). Department Director, Thomas Venniro, received the Outstanding Community Partner Award from the Department of Recreation and Leisure Studies at SUNY Brockport in April of 2018. In the past seven years the Department has also been recognized for having an Exceptional Brochure, Exceptional Program for Vino & Vernici Painting, Exceptional Special Event for our Summer Kick-Off, and Exceptional Marketing.



## A SPECIAL THANKS

The Town of Parma would like to offer a special thanks to the Hilton Central School District, Administration, Transportation, and Buildings and Grounds for the use of their fine facilities and support services; the Village of Hilton for their efforts; the New York State Office of Children and Family Services; the Monroe County Office for the Aging for their financial support; hundreds of volunteers; and our local civic organizations, sport organizations and businesses for all of their support.



## PARMA TOWN HALL PARK

Located on Route 259 and sitting on 156 acres of town property, the Parma Town Hall Park offers year-round recreational opportunities. Facilities include: 8 baseball/softball diamonds (one with field lights), 2 sand volleyball courts, 4 lighted tennis courts, 2 lighted pickleball courts, 2 lighted basketball courts, 4 open air picnic pavilions with tables and grills, 6 soccer fields, 2 multi-sport fields (one with lights), flush facilities, a 3/4-acre stocked pond with fishing dock, a 1-mile nature interpretive trail, a 13,000 sq. foot Skate Park, a cross-country running course, a championship 18-hole disc golf course, one enclosed lodge, several other recreational venues, and plenty of parking. The park is maintained by the Town and is open to the public daily throughout the year. Parma Town Park is very popular and many families enjoy our vast facilities. Please drive slowly and cautiously. ENJOY YOUR PARK!

## Town Park Hours are as Follows:

April 1 - April 30	9:00 a.m. - 8:00 p.m.
May 1 - May 31	9:00 a.m. - 9:00 p.m.
June 1 - August 31	9:00 a.m. - 10:00 p.m.
September 1 - September 30	9:00 a.m. - 9:00 p.m.
October 1 - October 31	9:00 a.m. - 8:00 p.m.
November 1 - March 31	9:00 a.m. - 5:00 p.m.

## RECREATION & PARKS COMMISSION

Elaine DelVecchio - Chairperson

Art Cosgrove

Linda Fowler

Thomas Ganley

Carol Lennon

Mary Ann Smith

Larry Speer

## TOWN BOARD

James Roose, Supervisor

Mark Acker

Tina Brown

David Ciufu

Linda M. Judd

## VILLAGE BOARD

Joe Lee, Mayor

Sherry Farrell

Andrew Fowler

Larry Speer

Shannon Zabelny

# Information

## MISSION STATEMENT

The department's mission is to provide accessible, affordable, and quality leisure programs, activities, services, and facilities to all residents of our community regardless of race, gender, income, physical disabilities, creed or other barriers that would preclude participation, and to actively inform and educate residents about the role of the Hilton-Parma Parks Recreation Department. Furthermore, Hilton-Parma Parks and Recreation promotes the concept of fun, healthy and safe lifestyles and environments with the expectation there will be no use of illegal substances at our programs, events or facilities.

## REGISTRATION PROCEDURES

Registration begins as soon as our brochure is released or when made available online. Non-residents may register for most programs, although non-resident dates and fees may apply. Registration may be completed by mail, drop-box, over the phone or online at [www.hprecreation.org](http://www.hprecreation.org). Pre-registration is required unless otherwise noted. All fees are due and payable at the time of registration. We accept Cash, check, Visa, MasterCard or Discover. Checks made payable to the "Town of Parma".

## REFUND POLICY

If Hilton-Parma Recreation cancels a class; a full refund, credit or make-up class will be offered. All other refund requests must come directly to the Hilton-Parma Recreation office in writing at least five days prior to the program start date. Refunds are subject to approval by the Director and a service charge of 10% on transactions of \$300 or less and 5% on transactions over \$300. Issued refund checks may take up to 3-5 weeks to process. Programs requiring advanced purchase of tickets or services may not be refundable unless your space is filled.

## PHOTO POLICY

Occasionally, photos may be taken of participants in the programs, classes and activities, or of people in the town's parks. Please note these photos may be used in future brochures, websites, social media websites, pamphlets, flyers or news releases.

## PARMA PAVILION AND VFW RENTALS

All persons/groups wishing to reserve use of the park picnic pavilions or VFW Lodge may obtain a permit from the Town Clerk's Office at the Parma Town Hall from 8:00 a.m. to 4:00 p.m., Monday-Friday. Rentals are handled on a first-come basis and subject to date change fee. Please see pricing details below. To inquire about availability or more information, please contact the Parma Town Clerk's Office at 392-9461.

### PAVILIONS:

4 pavilions to choose from located at Parma Town Park

### PAVILION FEE:

3 - 19' x 36' and seats approximately 65 patrons  
\$75/resident \$150/non-resident  
1 - 15' x 25' and seats approximately 25 patrons  
\$50/resident \$75/non-resident

### VFW RENTAL RATES:

\$275.00 + \$100.00 deposit  
occupancy is 99 patrons

## PARTICIPATION WAIVER

I, the Participant and/or the undersigned parent/guardian of "the Participant" (a minor), do hereby consent to mine and my child's participation in the specified program(s), event(s) or reservation(s) held at the specified location [if applicable], on the specified dates [if applicable].

I understand that some of the activities in this program may involve rigorous physical activity and risks of injury or death. I also recognize mine and/or my child's participation in a program may result in the transfer of an illness or disease, including but not limited to COVID-19, which could result in severe illness, personal injury, permanent disability and/or death. In the event of an injury, I/We hereby give consent for emergency transportation and treatment for the participant. I hereby accept responsibility for the payment of any emergency transportation or treatment on behalf of the Participant. I further certify the Participant is in good physical condition and has no medical or physical conditions that would restrict his/her/my participation in the specified program(s), event(s) or reservation(s).

I agree to forever release the Town of Parma, Hilton-Parma Recreation Commission, Village of Hilton, Hilton Central School District, Employees thereof, supervisors, organizers, sponsors, volunteers and any other individuals assisting with the activities associated with this program ("the Releasees") from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries or illness to the Participant or property damage resulting from the Participant's participation in the specified program(s), event(s) or reservation(s).

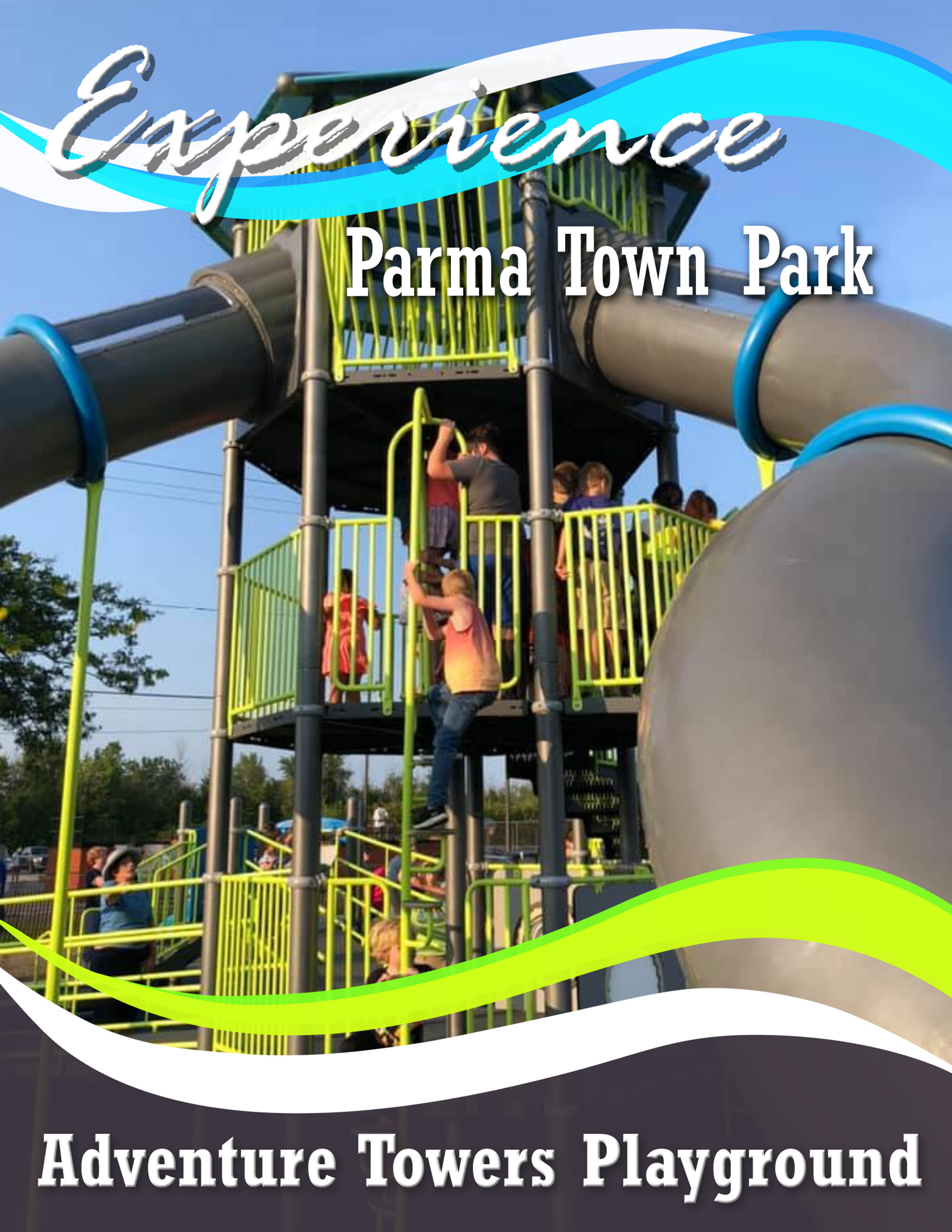
I also promise, to indemnify, defend, and hold harmless the Releasees against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries or illness to the Participant or property damage resulting from the Participant's participation in the specified program(s), event(s) or reservation(s).

I further affirm that I have read this Consent and Release Form and that I understand the contents of this Form. I understand that the Participant's participation in this program is voluntary and that the Participant and I are free to choose not to participate in said program. By signing this Form, I affirm that I have decided to participate in and/or allow my child to participate in the specified program(s), event(s) or reservation(s) with full knowledge that the Releasees will not be liable to anyone for personal injuries, illness and/or property damage the Participant or I may suffer in the course of this program.

## COVID-19 Statement

*As we navigate the coronavirus and its impact on our programming, please note that many of our services will include capacity limits and safety modifications. These limits and modifications can be found within each specific program page on our website at [www.hprecreation.org](http://www.hprecreation.org). Details are subject to change at any time. It is our goal to make every possible and reasonable attempt to offer programs and services while maintaining public safety conditions.*





*Experience*

**Parma Town Park**

**Adventure Towers Playground**