

Hilton-Parma Senior Center

"Where the young at heart come to share friends, food & fun"

Contact Information

Location:

Hilton Community Center
59 Henry Street
Hilton, NY 14468

Website:

www.hprecreation.org

Facebook:

Check us out on Facebook
and like our page - search:
Hilton Parma Senior_Center

Office Phone Number:
(585) 392-9030



General Information

Mission Statement: The Town of Parma is committed to the health of its community. All programs are funded by the participants, Monroe County Office for the Aging, and the Town of Parma. All are welcome and no one will be denied based on race color, sex, religion, national origin, disability, or marital status.

Transportation: Town of Parma Transport Vehicle offered for most Senior Center activities - \$2 round trip. Call us at 392-9030 to schedule a transport.

*Medical Motor Service - Shopping, Medical Appts - 654-7030

Meet the Team: Tom, Ryan, Sherry, Sheila, Kathleen, Joe, Mike, and Jim

lunch and fun

at the Hilton Senior Center

MAY 2022

TUES 5/3

**Lasagna
Tossed Salad
Broccoli
Crusty Roll
Strawberry Cream Pie
Milk**

TUES 5/10

**Macaroni & Cheese
Green Beans
Stewed Tomatoes
Wheat Bread
Fresh Apple
Milk**

TUES 5/17

**Pub Burger w/LTO
Pea & Cheese Salad
Carib Blend Veggies
Pudding
Milk**

TUES 5/24

**Hot Dog on Bun
Chuckwagon Corn
Potato Salad
Fresh Watermelon
Milk**

TUES 5/31

**French Toast w/syrup
Turkey Sausage
Yogurt
Mandarin Oranges
Grape Juice
Milk**

**Some items may be subject to change based upon availability
call 585-392-9030 to reserve a spot - 10 days notice needed
\$3.50 suggested contribution Certified by Joe DelGrosso, RD**

Lunch and Fun (& BINGO!)

Are you looking to enjoy nutritious meals, good company, and a friendly atmosphere? Come dine at “The Hilton” Senior Center as we work with Monroe County to provide weekly lunch outings on Tuesdays, followed by BINGO if you are interested.

Who: Ages 60+ (A minimum of 10 persons needed for the lunch.)

Where: 59 Henry Street, Room 114

When: Tuesdays, through the end of the year

Cost: Suggested contribution of \$3.50 for meals; no one is refused a meal.

Note: Reservations are required as meals are ordered 10-14 days in advance. Call 392-9030 to register or for menu information. Transportation is available for Parma residents.

Monroe County Senior Nutrition Program

No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State, or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. Of HS/Office for the Aging.



Evening Meal & A Show

Dinner and a show monthly - Pre-registration required

When: Once per Month on Wednesdays

May - Anniversary Dinner - date TBD

June 22 - Strawberry Social with Bob Neusatz

July 27 - Theme TBD

August 24 - Theme TBD

Where: 59 Henry Street, Room 114

Time: Dinner at 4 p.m. Entertainment at 5 p.m.

Meal: Call or visit our website for specific meal details.

Entertainment

Price: \$10 per person for most dinner; inquire with office staff - reservations required in advance.

Presenting with Pizza

Join us on this new monthly program where we have a local presenter speak about an interesting topic or history followed by pizza. Each presentation will occur on the fourth Monday of the month with pizza and drink to follow. Call for more details.

Monday - May 23 (Mt. Hope Cemetery)
10:30 a.m.

Monday - June 27 (Village of Hilton)

Where: 59 Henry Street, Room 114

Price: \$5 per person - reservations required in advance



Motorcoach Day Trips

Full Trip Schedule and Details - Call 392-9030

Hilton-Parma Recreation will be offering a number of day trip opportunities in 2022 for those ages 55 and older. These trips are subsidized by the Town of Parma; therefore, only Town of Parma residents are eligible for a subsidized rate, however, non-residents may attend and pay a non-resident fee if space is available. The full 2022 schedule will be available in the beginning of May.

Activities & Groups

- Mondays:** Bridge and Penny Poker at 1 pm
Pinochle at 8:30 am
Mah-Jong – am/pm times vary
Bi-Weekly Craft Corner at 10 am
- Tuesdays:** Lunch at noon, reservations required
Bingo at 1 pm
Bi-Weekly Caseworker Service(Lifespan)
10am - 1pm
- Wednesdays:** Senior Express shopping trip & lunch, reservations required
Feature Film Wednesdays - NEW
Feb. 9, March 9, April 6, May 11
- Thursdays:** Euchre at 1 pm

Jigsaw Puzzle Swap

Have a puzzle? Want to swap a puzzle? We have a great supply of puzzles that require concentration and improve short-term memory. Just give our office a call.



Senior Express Trips

Take advantage of this transportation service for seniors in the Town of Parma. Every Wednesday, we will pick you up and provide transportation to and from a select destination for groceries, shopping, and lunch on your own afterwards. We travel to the following places: Walmart, Aldi, Tops, Dollar Tree, Christmas Tree Shoppe, Goodwill and many other places; destinations subject to change - \$2.00 transportation fee is paid to the driver.

Feature Film Wednesdays



Enjoy our "Village Community Center Theater" (Room 114) as we show monthly films with complementary water and popcorn served.

May 11 - Star Wars: A New Hope (1977)

June 8 - Beach Party (1963)

July 13 - Mamma Mia! (2008)

August 10 - Summer Rental (1985)

Call 392-9030 to let us know you plan to come - it's FREE!!

MONTHLY CALENDAR ~ MAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Pinochle 830am Crafts 10am Mahjong 10am-4pm Bridge 1pm	3 Chair Yoga 10-11 Caseworker 10-11 Lunch 12pm Bingo 1pm	4 Senior Express - Ollie's/\$ Dollar Tree/Salvation Army 930am	5 Euchre 1pm	6 Jigsaw Puzzle Swap
9 Pinochle 830am Mahjong 10am-4pm Bridge 1pm	10 Chair Yoga 10-11 Lunch 12pm Bingo 1pm	11 Senior Express - Walmart 930am Feature Film Star Wars 2pm	12 Euchre 1pm	13 Jigsaw Puzzle Swap
16 Pinochle 830am Mahjong 10am-4pm Bridge 1pm	17 Chair Yoga 10-11 Caseworker 10-11 Lunch 12pm Bingo 1pm	18 Senior Express - Big Lots/TJ Maxx 930am	19 Euchre 1pm	20 Jigsaw Puzzle Swap
23 Pinochle 830am Mahjong 10am-4pm Presenting Pizza 1030am (Mt Hope) Bridge 1pm	24 Chair Yoga 10-11 Lunch 12pm Bingo 1pm	25 Senior Express - Walmart 930am	26 Euchre 1pm Anniversary Dinner ??	27 Jigsaw Puzzle Swap
30 Pinochle 830am Mahjong 10am-4pm Bridge 1pm	31 Chair Yoga 10-11 Lunch 12pm Bingo 1pm			