

# lunch and fun

at the Hilton Senior Center

FEBRUARY 2023

LUNCH AT NOON

TUES 2/7

Meatloaf w/Gravy  
Mashed Potatoes  
Lima Beans  
Whole Wheat Bread  
Clementine  
Milk

TUES 2/14

Chicken Dijon  
Boiled Potatoes  
Swiss Blend Veg  
Fruit Cocktail  
Cookie  
Grape Juice  
Milk

TUES 2/21

Pub Burger on Bun  
Wax Beans  
Carrots  
Applesauce  
Sherbet  
Milk

TUES 2/28

Breaded Chicken Patty  
Sandwich  
Cal. Blend Veg  
Tossed Salad  
Petite Banana  
Milk



# Hello February



Some items may be subject to change based upon availability  
call 585-392-9030 to reserve a spot - 10 days notice needed  
\$3.50 suggested contribution ~ Certified by Joe DelGrosso &  
Jackie Williams, RD



# MONTHLY CALENDAR ~ FEBRUARY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Senior Express - 930a - Tops/Dollar Tree 	<b>2</b> Euchre 1p Better Balance 930a-1030a 	<b>3</b> Beat those winter blues get a Jigsaw Puzzle today! 
<b>6</b> Pinochle 830a Crafts 10a Mahjong 10a-4p Computer Class (Money Seminar) 930a Bridge 1p	<b>7</b> Caseworker (Stacie) 10a-1p Chair Yoga 10-11a Lunch (Meatloaf) 12p Bingo 1p	<b>8</b> Senior Express - 930a - Walmart Mended Hearts 1p 	<b>9</b> Euchre 1p Better Balance 930a-1030a 	<b>10</b> Beat those winter blues get a Jigsaw Puzzle today! 
<b>13</b> Pinochle 830a Crafts 10a Mahjong 10a-4p Bridge 1p	<b>14</b> Chair Yoga 10-11a Lunch (Chicken Dijon) 12p Bingo 1p 	<b>15</b> Senior Express - 930a - Christmas Tree Shop Film - 7 Brides for 7 Brothers 	<b>16</b> Euchre 1p Better Balance 930a-1030a 	<b>17</b> Beat those winter blues get a Jigsaw Puzzle today! 
<b>20</b> CLOSED PRESIDENTS DAY	<b>21</b> Chair Yoga 10-11a Caseworker (Stacie) 10a - 1p Lunch (Pub Burger) 12p Bingo 1p	<b>22</b> Senior Express - 930a - Walmart Evening Meal - 4p Chicken Parm 	<b>23</b> Euchre 1p Better Balance 930a-1030a 	<b>24</b> Beat those winter blues get a Jigsaw Puzzle today! 
<b>27</b> Pinochle 830a Crafts 10a Mahjong 10a-4p Presenting w/Pizza 1030a (Blue Barn) Bridge 1p	<b>28</b> Chair Yoga 10-11a Lunch (Breaded Chicken Patty) 12p Bingo 1p		HAVE QUESTIONS? CALL OUR OFFICE 585-392-9030	

menu on reverse side →