

SEPTEMBER~OCTOBER 2024

LUNCH AT NOON

lunch and fun

at the Hilton Senior Center

TUES 9/3

Cod w/ Tartar Sauce
Baked Potato
Mixed Vegetables
Bran Muffin
Tropical Fruit Mix

TUES 9/10

Pulled Pork on a Bun
Lima Beans
Carrots
Pineapples

TUES 9/17

Turkey Tetrazzini
served over Noodles
Swiss Blend Veg
Wheat Dinner Roll
Fresh Orange

TUES 9/24

Fajita Chicken Salad w/
Tomato, Cheese, & Sour
Cream
Black Bean & Corn Salsa
Tortilla Chips
Tropical Fruit Mix
Brownie

TUES 10/1

Chicken Parmesan
Pasta w/ Sauce
Italian Blend Veg
Wheat Dinner Roll
Grape Juice

TUES 10/8

Swiss Steak
Mashed Potatoes
Succotash
Wheat Dinner Roll
Cake

TUES 10/15

Pork Riblet
Coleslaw
Boiled Potatoes
Corn Muffin
Fresh Apple

TUES 10/22

NO LUNCH 😞

THERE WILL
BE
BINGO

Hello

September & October

TUES 10/29

NO LUNCH 😞

THERE WILL
BE
BINGO

calendar on reverse side



Some items may be subject to change based upon availability
call 585-392-9030 to reserve a spot - 10 days notice needed
\$3.50 suggested contribution - Certified by Michelle Blood, RD



MONTHLY CALENDAR ~SEPTEMBER/OCTOBER 2024

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CLOSED FOR LABOR DAY HOLIDAY 	3 Caseworker Stacie-10a Lunch (Fish) 12p Bingo 1p	4 Senior Express - 930a to Walmart 	5 Euchre 1p 	6 Get your jigsaw puzzle today! 
9 Pinochle 830a Mahjong 10a-4p Dish w/Deputy 1030a Bridge 1p	10 Lunch (Pulled Pork) 12p Bingo 1p	11 Mystery Trip 8a-7p Senior Express - 930a to Aldi 	12 Computer 9a (Libby, Hoopla & Kanopy) Euchre 1p  	13 Get your jigsaw puzzle today! 
16 Pinochle 830a Mahjong 10a-4p Pres w/Pizza - Sleep 1030a Bridge 1p 	17 Chair Yoga 930a Lunch (Turkey Tetrazini)12p Bingo 1p	18 Senior Express - 930a to Walmart Film - The Color Purple 2p 	19 Euchre 1p 	20 It's Puzzle Day - pick one up today! 
23 Pinochle 830a Mahjong 10a-4p Bridge 1p	24 Chair Yoga 930a Caseworker 10a-1p Lunch (Fajita Chicken Salad) 12p Bingo 1p	25 Senior Express - 930a Big Lots-Dollar Tree-Salvation Army Evening Meal 4p - The Pearlz Band 	26 Nutrition Class 11a Euchre 1p 	27 Get your jigsaw puzzle today! 
30 Pinochle 830a Mahjong 10a-4p Bridge 1p	1 Chair Yoga 930a Caseworker 10a-1p Lunch(Chick Parm) 12p Bingo 1p	2 Trip - May We All (Rev) 9a-830p Senior Express - 930a to Walmart 	3 Better Balance 930a Euchre 1p 	4 Borrow a Jigsaw Puzzle soon! 
7 Pinochle 830a Mahjong 10a-4p Pres w/Pizza-CIA 1030a Bridge 1p 	8 Chair Yoga 930a Caseworker 10a Lunch(Swiss Steak)12p Bingo 1p	9 Senior Express 930a to Wegman's Plaza Bport Film - Anyone But You 2p  	10 Computer Class 9a (TV Today) Better Balance 930a Euchre 1p 	11 Get your Jigsaw Puzzle soon! 
14 CLOSED FOR COLUMBUS DAY HOLIDAY 	15 Chair Yoga 930a Lunch(Pork Riblet)12p Bingo 1p	16 <u>NO Senior Express</u> Evening Meal 11a - Oktoberfest with Marianna 	17 Better Balance 930a Euchre 1p 	18 Borrow a Jigsaw Puzzle soon! Alzheimers Class 10a 
21 Pinochle 830a Mahjong 10a-4p Bridge 1p	22 Chair Yoga 930a NO LUNCH Bingo 1p	23 Trip to Amish Train 8a-730p Senior Express - 930a to Walmart 	24 Better Balance 930a Euchre 1p 	25 It's Puzzle Day! Did you get yours? 
28 Pinochle 830a Mahjong 10a-4p Bridge 1p	29 Chair Yoga 930a NO LUNCH Bingo 1p	30 Senior Express - 930a - Marshall's/Mall 	31 Euchre 1p Halloween  	lunch menu 