

SEPTEMBER/OCTOBER

2026

LUNCH AT NOON

lunch and fun

at the Hilton Senior Center

585-392-9030

TUES 9/8

Tortilla Crusted
Tilapia
Rice
Salsa Cup
Corn
Peach Cup

TUES 9/15

BBQ Chicken Sliders
(2 each)
Spinach
Peach Cup
Chocolate Pudding

TUES 9/22

Cheese lasagna rolls
in sauce
Breadstick
Broccolio
Fruit Cup

TUES 9/29

Egg Salad
with Lettuce and
Tomato on
Multigrain Bread
Corn Cobette
Peach Cup

TUES 10/6

Tomato Florentine
Soup
Spinach Quiche
Italian Blend
Vegetables
Chocolate Marble Ice
Cream Cup

TUES 10/13

Pub Burger
on a Bun with
Cheese, Lettuce, and
Tomato
Roasted Potatoes
Carrots
Mixed Fruit Cup

TUES 10/20

Chicken
ala King
over Egg Noodles
Green Beans
Fresh Kiwi

TUES 10/27

Vegetable Soup
Chicken Breast
on a Bun
Mixed Fruit Cup
Brownie

Hello September
&
October

calendar on reverse side



Some items may be subject to change based upon availability
call 585-392-9030 to reserve a spot - 10 days notice needed
\$3.50 suggested contribution - Certified by Michelle Koch
Blood, RD&CDN on 6/12/2026.



MONTHLY CALENDAR ~SEPT/OCT 2026

SEPTEMBER
OCTOBER
NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 CLOSED FOR LABOR DAY 	8 Chair Yoga 930a Lunch (Tilapia) 12p Bingo 1p	9 Senior Express - 930a DollarTree/Goodwill/ Ollie's Bport Feature Film - Remarkably Bright Creatures 2p 	10 Computer Class 9a- Talk To Your Tech Cornell Nutrition 11a- Storing Produce Euchre 1p	11 Get your jigsaw puzzle today! 
14 Pres w/Pizza - Morgan Manning House 1030a Mahjong 12-4p Bridge 1p Chair Vball 130p	15 Chair Yoga 930a Lunch (BBQ Chix Sliders) 12p CASH RAFFLE Bingo 1p 	16 Senior Express - 930a Walmart Brockport 	17 Euchre 1p Trip to Frank Lloyd Wright 8a-7p 	18 Get your jigsaw puzzle today 
21 Dish w/Deputy 1030a Mahjong 12-4p Bridge 1p Chair Vball 130p 	22 Chair Yoga 930a Lunch (Cheese lasagna rolls) 12p Bingo 1p	23 Senior Express - 930a Aldi Brockport Meal & Show Oktoberfest 4p with Roxy's Accordion Club 	24 Euchre 1p 	25 Have you seen our jigsaw puzzle inventory? 
28 Crafts 10a Mahjong 12-4p Bridge 1p Chair Vball 130p 	29 Chair Yoga 930a Flu/Covid Shots 10a-1p Lunch (Egg Salad Sand) 12p BIRTHDAYS Bingo 1p 	30 Senior Express - 930a Walmart Brockport 	1 NO EUCHRE APPLE FEST WKD	2 APPLE FEST WKD  
5 Pres w/Pizza-Songs & stories of the Civil War w/Don Dwyer 1030a Mahjong 12-4p Bridge 1p Chair Vball 130p	6 Chair Yoga 930a Caseworker(Stacie) 10a-1p Lunch(Tomato Soup/quiche)12p Bingo 1p	7 Senior Express - 930a Wegmans Plaza Bport Meal & Show 1p with Chicken & Biscuits /Gary Simboli	8 Computer Class 9a- Digital Music Seminar Nutrition Wellness 11a- Shake the Habit Euchre 1p	9 Grab a Jigsaw Puzzle today! 
12 CLOSED DUE TO COLUMBUS DAY 	13 Chair Yoga 930a Lunch(Pub Burger)12p CASH RAFFLE Bingo 1p	14 Senior Express - 930a Walmart Brockport Trip to Cooperstown 730a-8p 	15 Euchre 1p 	16 It's Fall and what better time for a Jigsaw Puzzle 
19 Dish w/Deputy 1030a Mahjong 12-4p Bridge 1p Chair Vball 130p 	20 Chair Yoga 930a Lunch(Chicken ala king over noodles)12p Bingo 1p	21 Senior Express - 930a Kohls or Boscovs  	22 Euchre 1p 	23 Still time to grab a puzzle! 
26 Mahjong 12-4p Bridge 1p Chair Vball 130p 	27 NO CHAIR YOGA Lunch(Veg Soup/Chix Sand on bun)12p BIRTHDAYS Bingo 1p 	28 Senior Express - 930a Walmart Brockport 	29 Euchre 1p 	30 Questions? Call HPreC 392-9030 