

lunch and fun

at the Hilton Senior
Center

SEPTEMBER 2023

TUES 9/5

Hot Dog
on a Roll
Potato Salad
Baked Beans
Melon
Milk

TUES 9/12

Pulled Pork
Boiled Potatoes
Coleslaw
12-Grain Bread
Pineapple
Sherbet
Milk

TUES 9/19

Turkey Tetrazzini
served over Noodles
Swiss Blend Veg
Wheat Dinner Roll
Fresh Orange
Milk

TUES 9/26

Fajita Chicken Salad w/
Tomato, Cheese, Sauce
& Sour Cream
Black Bean & Corn Salsa
Tortilla Chips
Mandarin Oranges
Trail Mix
Milk

HELLO
September

Come try
us out
Lunch at
12pm



Some items may be subject to change based upon availability call 585-392-9030 to reserve a spot - 10 days notice needed \$3.50 suggested contribution ~ Certified by Joe DelGrosso & Jackie Williams RD.



MONTHLY CALENDAR ~ SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Questions? Call us 585-392-9030</p>		<p>1 Jigsaw Puzzle Swap</p> 
<p>4 LABOR DAY HOLIDAY CLOSED</p> 	<p>5 Lunch (Hot Dog) 12p Bingo 1p</p>	<p>6 Senior Express - Walmart 930a Computer Seminar 930a</p> 	<p>7 Euchre 1p</p> 	<p>8 Jigsaw Puzzle Swap</p> 
<p>11 Pinochle 830a Mahjong 10a-4p Dish w/Deputy 1030a Bridge 1p</p>	<p>12 Chair Yoga 930a Lunch (Pulled Pork) 12p Bingo 1p</p>	<p>13 Senior Express - Aldi/Dollar Tree 930a Feature Film - Ticket to Paradise 2p</p>	<p>14 Euchre 1p</p> 	<p>15 Jigsaw Puzzle Swap</p> 
<p>18 Pinochle 830a Mahjong 10a-4p Present w/Pizza (Roc Theater Organ Society) 1030a Bridge 1p</p>	<p>19 Chair Yoga 930a Lunch (Turkey Tetrazini) 12p Bingo 1p</p>	<p>20 Senior Express - Walmart 930a Trip to Chorus Line 10a</p> 	<p>21 Caseworker 10am-1p Euchre 1p</p> 	<p>22 Jigsaw Puzzle Swap</p> 
<p>25 Pinochle 830a Vaccine Clinic 10a- Mahjong 10a-4p Bridge 1p</p>	<p>26 Chair Yoga 930a Lunch (Fajita Chicken Salad) 12p Bingo 1p</p>	<p>27 Senior Express - Ollie's/Salvation Army 930a Evening Meal 4p-Pizza Night w/John Dady</p>	<p>28 Euchre 1p</p> 	<p>29 Jigsaw Puzzle Swap</p> 