

lunch and fun

at the Hilton Senior Center
MARCH 2024
LUNCH AT NOON

TUES 3/5

Stuffed Pepper w/Sauce
Boiled Potatoes
Chuckwagon Corn
Wheat Dinner Roll
Fresh Apple
Grape Juice

TUES 3/12

Chicken Breast Sandwich
w/Mayo
Lettuce & Tomato Slice
Yellow Squash
Split Pea Soup
Saltines
Pineapples

TUES 3/19

Swedish Meatballs served
over Rice
Succotash
12-Grain Bread
Pears
Apple Juice

TUES 3/26

Easter Meal
Ham w/ Pineapple Sauce
Mashed Sweet Potatoes
Prince Edward Blend
Wheat Dinner Roll
Pie
Grape Juice

Hello March



Some items may be subject to change based upon availability
call 585-392-9030 to reserve a spot - 10 days notice needed
\$3.50 suggested contribution ~ Certified by Jackie Williams, RD



MARCH 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HAVE QUESTIONS? CALL OUR OFFICE 585-392-9030		 Hilton-Parma Parks & Recreation		1 Beat those winter blues get a Jigsaw Puzzle today! 
4 Pinochle 830a Mahjong 10a-4p Dish w/ a Deputy 1030a Bridge 1p	5 Caseworker (Stacie) 10a-1p Chair Yoga 930a Lunch (Stuffed Pepper)12p Bingo 1p	6 Senior Express - 930a - Aldi 	7 Euchre 1p 	8 Beat those winter blues get a Jigsaw Puzzle today! 
11 Pinochle 830a Mahjong 10a-4p Pres w/Pizza(CIA - The Ground Truth) 1030a Bridge 1p	12 Chair Yoga 930a Lunch (Chicken Breast Sandwich) 12p Bingo 1p	13 Irish Trip Batavia Downs 845a Senior Express - 930a - Walmart 	14 Computers - What is the Cloud 9a Euchre 1p 	15 Beat those winter blues get a Jigsaw Puzzle today! 
18 Pinochle 830a Crafts 10a Mahjong 10a-4p Bridge 1p	19 Chair Yoga 930a Lunch (Swedish Meatballs)12p Bingo 1p	20 Senior Express - 930a - Big Lots/\$1 Tree/Salv. Army Evening Meal - 4p Corned Beef & Cabbage 	21 Alzheimer's Class 10a Euchre 1p 	22 Beat those winter blues get a Jigsaw Puzzle today! 
25 Pinochle 830a Mahjong 10a-4p Bridge 1p	26 Chair Yoga 930a Lunch (Ham) 12p Bingo 1p	27 Senior Express - Walmart 930a Feature Film: Indiana Jones 2p 	28 Food & Safety Nutrition 11a Euchre 1p 	29 Beat those winter blues get a Jigsaw Puzzle today! 

menu on reverse side

