

JULY ~ AUGUST 2024  
 LUNCH AT NOON  
**lunch and fun**  
 at the Hilton Senior Center

**TUES 7/2**

Pork Riblet  
 Mashed Winter Squash  
 Coleslaw  
 Whole Wheat Bread  
 Fresh Apple  
 Ice Cream

**TUES 7/9**

Dijon Chicken  
 Rice  
 Spinach  
 Fresh Orange  
 Fudge Brownie

**TUES 7/16**

Breaded Chicken Patty  
 over Tossed Salad w/  
 Ranch Dressing  
 Minestrone Soup  
 Wheat Dinner Roll  
 Fruit Cocktail  
 Grape Juice

**TUES 7/23**

Pub Burger on Bun  
 w/ Catsup, Mustard &  
 Relish  
 Tomato & Onion Slice  
 Frijole Salad  
 Watermelon  
 Cookie

**TUES 7/30**

Vegetarian Chili  
 served over  
 Baked Potato  
 Shredded Cheese  
 Sour Cream  
 Mixed Vegetables  
 Corn Muffin

**TUES 8/6**

Chicken Piccata  
 Rice  
 Spinach  
 Wheat Dinner Roll  
 Fresh Apple  
 Grape Juice

**TUES 8/13**

Macaroni & Cheese  
 Stewed Tomatoes  
 Peas  
 Whole Wheat Bread  
 Tropical Fruit Mix

**TUES 8/20**

Mexican Chicken  
 Rice  
 Zucchini  
 Pineapples  
 Cookie

**TUES 8/27**

Salisbury Steak w/  
 Gravy  
 Boiled Potatoes  
 Mixed Vegetables  
 Melon  
 Brownie

**Hello**



July &  
 August

calendar on reverse side



Some items may be subject to change based upon availability  
 call 585-392-9030 to reserve a spot - 10 days notice needed  
 \$3.50 suggested contribution - Certified by Jackie Williams, RD



# MONTHLY CALENDAR ~JULY/AUGUST 2024

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Pinochle 830a Mahjong 10a-4p Bridge 1p	2 Caseworker Stacie-10a Lunch (Pork Riblet) 12p Bingo 1p	3 Senior Express - 930a to Aldi/Goodwill 	4 CLOSED FOR 4th of JULY 	5 Get your jigsaw puzzle today! 
8 Pinochle 830a Mahjong 10a-4p Bridge 1p It's CARNIVAL WEEK!	9 Chair Yoga 930a Lunch (Chicken Dijon) 12p Bingo 1p	10 Trip to Underground RR 8a-630p Senior Express - 930a to Walmart 	11 Computer 9a (Wearable Tech) Euchre 1p 	12 Get your jigsaw puzzle today! 
15 Pinochle 830a Mahjong 10a-4p Pres w/Pizza - Be Scam Aware Lifespan 1030a Bridge 1p 	16 Chair Yoga 930a Lunch (Breaded Chicken Patty over salad) 12p Bingo 1p	17 Senior Express - 930a to Marshalls/Mall Film - The Holdovers 2p  	18 Euchre 1p 	19 Alzheimer's 10a It's Puzzle Day  
22 Pinochle 830a Mahjong 10a-4p Bridge 1p	23 Chair Yoga 930a Lunch (Pub Burger) 12p Bingo 1p	24 Senior Express - 930a to Walmart Evening Meal 4p-FREE sponsored by Rotary 	25 Nutrition Class 11a Euchre 1p  	26 Get your jigsaw puzzle today! Summer Smash at Town Hall 5-10p 
29 Pinochle 830a Mahjong 10a-4p Bridge 1p	30 Chair Yoga 930a Lunch (Vegetarian Chili over baked potato)12p Bingo 1p	31 Senior Express - 930a to Tops Hilton/Dollar Tree 	1 Euchre 1p 	2 AARP Driver 9a Borrow a Jigsaw Puzzle soon! 
5 Pinochle 830a Mahjong 10a-4p Dish w/a Deputy 1030a Bridge 1p	6 Chair Yoga 930a Caseworker 10a Lunch(Chicken Piccata)12p Bingo 1p	7 Senior Express 930a to Walmart Film - Top Gun Maverick 2p 	8 Computer Class 9a (Instagram) Euchre 1p 	9 Borrow a Jigsaw Puzzle soon! 
12 Pinochle 830a Mahjong 10a-4p Pres w/Pizza - Sweden Judge 1030a Bridge 1p 	13 Chair Yoga 930a Lunch(Macaroni & Cheesel)12p Bingo 1p	14 Senior Express 930a to Wegmans Film - Arthur the King 2p  	15 Euchre 1p 	16 Borrow a Jigsaw Puzzle soon! 
19 Pinochle 830a Mahjong 10a-4p Bridge 1p	20 Chair Yoga 930a Lunch(Mexican Chicken)12p Bingo 1p	21 Trip to Amish Train 8a-730p Senior Express - 930a to Walmart 	22 Euchre 1p 	23 Alzheimer's 10a It's Puzzle Day!  
26 Pinochle 830a Mahjong 10a-4p Nutrition Class 11a Bridge 1p 	27 Chair Yoga 930a Lunch(Salisbury Steak)12p Bingo 1p	28 Senior Express - 930a - Tops Hilton/Dollar Tree Evening Meal 4p - BINGO night  	29 Euchre 1p 	30 Borrow a Jigsaw Puzzle soon! 

lunch menu on reverse side