

JULY ~ AUGUST 2025

LUNCH AT NOON

lunch and fun

at the Hilton Senior Center



TUES 7/1

Stuffed Shells with
Marinara Sauce
Breadstick
Broccoli
Banana

TUES 7/8

Shredded Beef BBQ
on a Bun
Cole Slaw
Mixed Fruit

TUES 7/15

Roast Beef w/ Gravy
Roasted Sweet
Potatoes
Green Beans
Dinner Roll
Orange

TUES 7/22

Cobb Salad w/
Chicken, Egg,
Cheddar & Ranch
Dinner Roll
Strawberry Ice
Cream



TUES 7/29

Stuffed Shells with
Marinara Sauce
Breadstick
Broccoli
Banana

TUES 8/5

NO LUNCH
YES BINGO



TUES 8/12

August menu
coming soon!

TUES 8/19

August menu
coming soon!



Hello July & August

TUES 8/26

August menu
coming soon!



Some items may be subject to change based upon availability
call 585-392-9030 to reserve a spot - 10 days notice needed
\$3.50 suggested contribution - Certified by Michelle Koch-
Blood, RD
calendar on other side



MONTHLY CALENDAR ~JULY/AUGUST 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Mahjong 10a-4p Bridge 1p	1 Chair Yoga 930a Caseworker Stacie-10a Lunch (Stuffed Shells) 12p Bingo 1p	2 Senior Express - 930a to Walmart/Goodwill 	3 Euchre 1p 	4 CLOSED FOR 4th of JULY 
7 Mahjong 10a-4p Dish with Deputy 1030a Bridge 1p It's CARNIVAL WEEK!	8 Chair Yoga 930a Lunch (Shredded BBQ Beef on Bun) 12p Bingo 1p	9 Senior Express - 930a to Target/Marshalls Film - La Dolce Villa 2p  	10 Computer 9a (Email) Alzheimer's 10a Euchre 1p   	11 Get your jigsaw puzzle today! 
14 Mahjong 10a-4p Pres w/Pizza - Erie Canal 1030a Bridge 1p 	15 Chair Yoga 930a Lunch (Roast Beef) 12p Bingo 1p	16 Senior Express - 930a to Walmart Learning Lounge 1030a  	17 Nutrition w/Cornell Co-op 11a Euchre 1p  	18 It's Puzzle Day 
21 Mahjong 10a-4p Bridge 1p	22 Chair Yoga 930a Lunch (Cobb Salad) 12p Bingo 1p	23 Senior Express - 930a to Aldi/Dollar Tree Trip to Thousand Islands 8a-9p 	24 Euchre 1p 	25 Summer Smash at Town Hall 5-10p DRONE SHOW 
28 Mahjong 10a-4p Bridge 1p	29 Chair Yoga 930a Lunch (Pulled Pork)12p Bingo 1p	30 Senior Express - 930a to Walmart (no lunch) Evening Meal 4p-FREE sponsored by Lions Club! 	31 Euchre 1p 	1 Borrow a Jigsaw Puzzle soon! 
4 Mahjong 10a-4p Dish w/a Deputy 1030a Bridge 1p	5 Chair Yoga 930a Caseworker 10a Lunch 12p Bingo 1p SENIORS TO SEABREEZE!!	6 AARP Driver Course 9a-330p Senior Express - 930a to Wegmans/TJMaxx 	7 Nutrition w/Cornell Co-op 11a Euchre 1p  	8 Borrow a Jigsaw Puzzle soon! 
11 Mahjong 10a-4p Bridge 1p	12 Chair Yoga 930a Lunch 12p Bingo 1p	13 Senior Express - 930a to Walmart Film - Arthur the King 2p 	14 Computer 9a (Ipad) Alzheimer's 10a Euchre 1p   	15 Borrow a Jigsaw Puzzle soon! 
18 Mahjong 10a-4p Pres w/Pizza - Wegmans Facts w/a Pharmacist 1030a Bridge 1p 	19 Lunch 12p Bingo 1p	20 Senior Express - 930a to Ollie's/Dollar Tree/Salv. Army (no lunch) Evening Meal 4p-BBQ Pork(Country Night)	21 Euchre 1p 	22 It's Puzzle Day! 
25 Mahjong 10a-4p Bridge 1p	26 Lunch 12p Bingo 1p	27 Senior Express - 930a to Walmart Trip to The Rev 830a- 630p 	28 Euchre 1p 	29 Borrow a Jigsaw Puzzle soon! 

lunch menu on other side

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