

JANUARY ~ FEBRUARY 2026

LUNCH AT NOON



lunch and fun

at the Hilton Senior Center

TUES 1/6

Chicken Breast over
Salad with Ranch
Dressing
Dinner Roll
Fresh Orange
Cherry Pie

TUES 1/13

Slice Pizza
Fruit
Salad

TUES 1/20

Chicken Patty
on a Bun with
Lettuce and Mayo
Peas & Carrots
Mandarin Oranges

TUES 1/27

Chicken and Gravy
Mashed Potatoes
Dinner Roll
with Butter
Green Beans
Fresh Apple
Mini Eclairs

TUES 2/3

Sweet and
Sour Pork
over Rice
Stir Fry Vegetables
Fresh Banana

TUES 2/10

Sloppy Joe
on a Bun
Peas & Carrots
Mixed Fruit Cup
Strawberry Ice
Cream Cup

TUES 2/17

Meatloaf
with Gravy
Mashed Potatoes
Prince William
Vegetables
Pear Cup
Cream Puffs

TUES 2/24

Vegetarian Chili
Baked Potato
with Cheese and
Sour Cream
Broccoli
Fresh Apple

All meals served with milk (1% or Fat-Free Chocolate) and fortified juice

Hello

January & February



calendar on reverse side



Some items may be subject to change based upon availability call 585-392-9030 to reserve a spot - 10 days notice needed; \$3.50 suggested contribution -Certified by Michelle Koch Blood, RD




Monroe County
Office for the Aging

MONTHLY CALENDAR ~JANUARY/FEBRUARY 2025

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Mahjong 12p-4p Bridge 1p Line Dance 615p 	6 Chair Yoga 930a Caseworker 10a-1p Lunch (Chicken Breast over salad) 12p Bingo 1p	7 Senior Express - 930a to Walmart Bport 	8 Computer - Online Shopping 9a Euchre 1p 	9 Tlme to borrow a jigsaw puzzle? 
12 Mahjong 12p-4p Bridge 1p Chair Vball 130p Line Dance 615p	13 Chair Yoga 930a QUEST kids 1145-1245 Lunch (Pizza) 12p Bingo 1p 	14 Senior Express - 930a to Aldi Feature Film - Wicked, Part 1 2p  	15 Euchre 1p Chair Vball 130p 	16 Get your jigsaw puzzle today!  
19 Martin Luther King Day - CLOSED Line Dance 615p 	20 NO CHAIR YOGA Lunch (Chicken Patty on bun)12p Bingo 1p	21 Senior Express - 930a Walmart Bport 	22 Euchre 1p Chair Vball 130p 	23 It's Puzzle Day - pick one up today! 
26 Pres w/Pizza - Flight Deck Senior Ctr 1030a Mahjong 12p-4p Bridge 1p Chair Vball 130p Line Dance 615p 	27 Chair Yoga 930a QUEST kids 1145-1245 Lunch(Chicken & Gravy) 12p Bingo 1p	28 Senior Express - 930a Wegmans Plaza Bport(No lunch) Evening Meal 1p Chix French w/Rev. Mother	29 Chair Yoga 930a Euchre 1p Chair Vball 130p 	30 Tlme to try a jigsaw puzzle? 
2 Mahjong 12p-4p Dish w/ Deputy 1030a Bridge 1p Chair Vball 130p Line Dance 615p	3 Chair Yoga 930a Lunch (Sweet & Sour Pork) 12p Bingo 1p	4 Senior Express - 930a to Walmart Bport 	5 Chair Yoga 930a Euchre 1p Chair Vball 130p 	6 Get puzzled - borrow a jigsaw puzzle today! 
9 Mahjong 12p-4p Bridge 1p Chair Vball 130p Line Dance 615p	10 Chair Yoga 930a Caseworker 10a-1p QUEST kids 1145-1245 Lunch(Sloppy Joe on bun)12p Bingo 1p	11 Senior Express - 930a to Boscovs Film - Nyad 	12 Computer Class - Understanding the Internet 9a Chair Yoga 930a Euchre 1p Chair Vball 130p 	13 Get your Jigsaw Puzzle soon!  
16 President's Day - CLOSED Line Dance 615p 	17 Chair Yoga 930a Lunch(Meatloaf w/gravy)12p Bingo 1p	18 Senior Expres - 930a Walmart Bport 	19 Chair Yoga 930a Euchre 1p Chair Vball 130p 	20 Time to borrow a Jigsaw Puzzle! 
23 Pres w/Pizza - Crime Vict Spec. Mary D 1030a Mahjong 12p-4p Bridge 1p Chair Vball 130p Line Dance 615p	24 Chair Yoga 930a Lunch(Vegetarian Chili)12p Bingo 1p	25 Senior Express - 930a Dollar Tree/Ollie's Evening Meal 4p - Shep Pie w Rick & Bob 	26 Chair Yoga 930a Euchre 1p Chair Vball 130p 	27 It's Puzzle Day! Did you get yours? lunch menu 
Did you know that January is National Blood Donor Month? 	And... February is American Heart Month? 	Call 585-392-9030 if you have any questions 		